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# TEMPLE TALK



## Congregation L'Dor V'Dor Oakland Little Neck Jewish Center

49-10 Little Neck Pkwy. Little Neck, NY 11362  
Phone: (718) 224-0404 Email: office@lnjc.org

OLNJC.org

September/October 2022

Vol. 19., Issue 1

## *A Special Erev Shabbat In Our Sanctuary*



*Friday, September 9th  
At 7:30 p.m.*

*A Celebration of New Leadership  
&  
Installation of the newly elected  
members of our Board of Trustees*

*Join us as we welcome the holiness of  
Shabbat into our lives with a  
very special Shabbat service.*

*This service will also be accessible via Zoom.*

*See page 18 for a full listing of the  
members of the Board of Trustees.*

## *The New Year 5783 Is About To Begin!*



*Rosh Hashanah Greetings  
from members of your  
synagogue family  
&*

*Everything you need to know  
about Selichot, Rosh Hashanah,  
Yom Kippur, Sukkot, Shemini  
Atzeret and Simchat Torah*

*See Pages 9-15*

# Schedule of Services

**All Shabbat and Holiday Services  
Will Be Conducted In The Sanctuary  
And Are Accessible Via Zoom**

**Daily Evening Minyan (Zoom Only)  
Sunday—Thursday @7:30 pm**

**Sunday Morning Minyan (Sanctuary & Zoom) @ 8:45 am**

**Saturday Evening Havdalah/Maariv (Zoom Only)  
1 hour after Shabbat Candle Lighting**

Fri., Sept. 2	Kabbalat Shabbat Service	6:00 p.m.
Sat., Sept. 3	Shabbat Morning Service	9:00 a.m.
Fri., Sept. 9	Kabbalat Shabbat Service <b>Installation of Board of Trustees</b>	<b>7:30 p.m.</b>
Sat., Sept. 10	Shabbat Morning Service	9:00 a.m.
Fri., Sept. 16	Kabbalat Shabbat Service <b>Birthdays and Anniversaries Celebrated</b>	6:00 p.m.
Sat., Sept. 17	Shabbat Morning Service Selichot Program Selichot	9:00 a.m. 8:00 p.m. 10:00 p.m.
Fri., Sept. 23	Kabbalat Shabbat Service	6:00 p.m.
Sat., Sept. 24	Shabbat Morning Service	9:00 a.m.
Sun., Sept. 25	Erev Rosh Hashanah Services	6:00 p.m.
Mon., Sept. 26	Rosh Hashanah Day 1—Shacharit Family Outside Shofar Service Tashlich Mincha/Maariv	8:30 a.m. 3:45 p.m. 5:00 p.m. 6:15 p.m.
Tues., Sept. 27	Rosh Hashanah Day 2—Shacharit	8:30 a.m.
Fri., Sept. 30	Kabbalat Shabbat Service	6:00 p.m.
Sat., Oct. 1	Shabbat Morning Service	9:00 a.m.
Tues., Oct. 4	Erev Yom Kippur—Mincha Kol Nidre	5:50 p.m. 6:15 p.m.
Wed., Oct. 5	Yom Kippur Shacharit Yizkor Mincha Neilah Final Shofar	8:30 a.m. 1:10 p.m. 5:00 p.m. 6:15 p.m. 7:15 p.m.
Fri., Oct. 7	Kabbalat Shabbat Service	6:00 p.m.
Sat., Oct. 8	Shabbat Morning Service	9:00 a.m.
Sun., Oct. 9	Erev Sukkot Maariv	6:30 p.m.
Mon., Oct. 10	Sukkot Day I, Shacharit Mincha/Maariv	9:00 a.m. 6:00 p.m.
Tues., Oct. 11	Sukkot Day 2 Shacharit	9:00 a.m.
Fri., Oct. 14	Kabbalat Shabbat Service <b>Birthdays and Anniversaries Celebrated</b>	6:00 p.m.
Sat., Oct. 15	Shabbat Morning Service	9:00 a.m.
Sun., Oct. 16	Erev Shemini Atzeret Maariv Yizkor	6:30 p.m. 6:50 p.m.
Mon., Oct. 17	Shemini Atzeret Shacharit Yizkor Erev Simchat Torah	9:00 a.m. 11:15 a.m. 7:00 p.m.
Tues., Oct. 18	Simchat Torah Shacharit	9:00 a.m.
Fri., Oct. 21	Kabbalat Shabbat Service	6:00 p.m.
Sat., Oct. 22	Shabbat Morning Service	9:00 a.m.
Fri., Oct. 28	Kabbalat Shabbat Service	6:00 p.m.
Sat., Oct. 29	Shabbat Morning Service	9:00 a.m.

## From The Rabbi



With the publishing of this edition of Temple Talk, we are just shy of three weeks before the beginning of the New Year 5783. The Hebrew letters for 83 spell the word *pag*, the translation of which is: an un-ripened fruit, a fruit that needs some time to mature to a stage that it becomes what it was meant to be. We all start out as un-ripened fruit and it takes a lifetime for us to fully mature. If we approach these weeks that lead up to Rosh Hashanah that is also known as Yom HaDin, the day of judgement, with the goal of actively being involved in the process of maturing, this time of the year can become an important part of the process of “growing up” which includes clarifying priorities, pursuing the truth and not allowing external forces to compromise the goodness that is within our souls.

I recently came across the following story that I would like to share with you. It has touched my soul and has become an important part of my preparations for standing before G-d on Yom Ha-Din, Rosh Hashanah, the Day of Judgement.

*A young couple moved into a new neighborhood. The next morning while they were having breakfast, the young woman sees her neighbor hanging the wash outside.*

*“That laundry is not very clean,” she said, “She doesn’t know how to wash correctly. Perhaps she needs better laundry soap.” Her husband looked on, but remained silent.*

*Every time her neighbor would hang the wash to dry, the young woman would make the same comment.*

*About a month later the woman was surprised to see a nice clean wash on the line and said to her husband, “Look, she has learned how to wash correctly, I wonder who taught her.”*

*The husband said, “I got up this morning and washed our windows.”*

What we see when watching others depends on the purity of the window through which we look. Before we give any criticism, it might be a good idea to check our state of mind and ask ourselves if we are ready to see the good rather than to be looking for something bad in the person we are about to judge.

When asked to reveal the wisdom of Torah in one verse, the great sage Hillel quoted this verse from the Book of Leviticus: “Love your fellow human being as you love yourself.” Then he said, “The rest is commentary, go and learn.” An important commentary on this verse is this verse means to teach us is: “that which is hateful to you, do not do unto others.”

We all know very well what we do not like, and if we worked hard to refrain from giving others the kind of things that bring us pain, disappointment and foment anger, the world would be a better place and our lives would truly be blessed with inner peace.

As we anticipate the beginning of a New Year, I pray that we will all be able to clean the windows through which we look and understand the importance of being able to live our lives unburdened by external forces that have the potential of keeping us from all that we can be.

May we all be inscribed for a good year in which we continue the process of ripening, maturing and truly “growing up”.

Carrie and I send our wishes of a Shanah Tovah, a Good Year, to all of the members of our synagogue family.

*Rabbi Gordon Yaffe*



## Shabbat Candle Lighting

Sept. 2	7:08 pm	Oct. 7	6:10 pm
Sept. 9	6:57 pm	Oct. 14	5:59 pm
Sept. 16	6:45 pm	Oct. 21	5:48 pm
Sept. 23	6:33 pm	Oct. 28	5:39 pm
Sept. 30	7:21 pm		



## Presidential Matters

by Steve Aronowitz



If 2022 has taught us anything, it's that things can change in a minute. The way we've always done things can be upended due to circumstances outside our control. Resolutions, by their very nature, are the things of which we have an incredible amount of control. They are the things that, if we allow them to, can take priority in our lives. They're what we probably should have focused on beyond the first month of the year.

Our worries about getting, spreading, or becoming ill from COVID – 19 continue to lead to increased anxiety, restrictions of routines, and disruption to our clocks. Pandemics, climate change, wars, inflation, mass shootings, racism bombard on a daily basis that can make us (or at least me) feel that, at times, the world and our society are falling apart and there is nothing we can do about it. I have learned that we can all play a role in pushing back against this narrative.

The trick is to maintain focus and belief that the possibilities moving forward are exciting. I do!

Our synagogue has taught me that working together can bring about positive change. Rabbi Yaffe and Cantor Shron consistently advocate reaching out to those less fortunate through various programs. Tracy Berlinsky, Hope Altheim and Julie Aronowitz help those in need through programs such as Operation Isaiah. Ellen Charlop and Carrie Yaffe have been the leaders of the Bikur Cholim committee, expressing our support to members and their families. Karen Popowsky led the effort to distribute Shabbat bags to members. Of course, there are others and space does not permit me to include each. All have been role models relentless in their efforts to energize our congregation to respond to calls for help.

And, as the High Holidays approach, I ask you to help out. Our programs are based on the collective efforts of me and you. Neville Grusd authored the "Charity Begins At Home" drive and a significant portion of the congregation has continued to contribute under that heading. For the upcoming holidays, we are kicking off a continuation of that effort, **"Welcome Home at L'Dor V'Dor campaign."** We are hoping that in the next few months, we will be able to open our doors **wide** so that all can feel at home – in the House! We recognize that the Zoom access has been invaluable in connecting members to the synagogue and we know it's here to stay in some form, but we also know that the synagogue is the place to be!

Preparations for the High Holidays are in full gear. Our clergy have been hard at work to ensure that all of our holiday offerings are not only complete, but meaningful.

When we wish someone a Shanah Tovah, we are not only wishing them a good new year, but also "a good change." Inherent in our Hebrew greeting is the understanding that change is a natural part of life. Both in spite of and because of our hopes, we will all see change in the coming year. This year, like all others, will be full of changes – some good, some not so good. In wishing someone a Shanah Tovah, our hope is that they will be able to find or create something good in all the challenges and changes that await them.

From the Aronowitz and Stein families, Shanah Tovah – let us embrace this new year with hope for good health and happiness.

## From The Cantor



When it comes to Jewish Jokes, I sometimes feel like we've all already heard them all. But here's one I came across that was new to me:

A man came home on the first night of Rosh Hashanah with a brand new tire. His wife asked him, "What in the world is that about?"

He smiled and explained, "Some eat apples and honey, but in our family, we have a custom to eat tires on the first night of Rosh Hashanah as a sign that we should have a GOODYEAR!"

OK, I didn't say it was a GOOD joke...

But now that I have you (hopefully) smiling, here's more to smile about: after more than two long years, **our synagogue is coming back to life.**

More meetings and programs are taking place in-person rather than online. We're starting to see each other face-to-face a little more often. In-person attendance for t'filah (prayer services) is increasing. Our weekly kiddush is back. And, with every service, the sounds of singing are becoming louder, more powerful, more inspiring, and more meaningful.

Don't get me wrong...prayer on Zoom WORKS. Our nightly 15 minute Zoom-only minyan (Sunday-Thursday at 7:30 pm) is truly a highlight of my day. I also attend our weekly Sunday morning minyan on Zoom from New Jersey, and I wholeheartedly feel like I'm part of the service that's taking place in the sanctuary.

Enter our sanctuary in person, however, and it's a very different story.

You immediately get swept up in the emotion of the experience. The sights and sounds of the service come alive. You are uplifted by those around you, by the Ark in front of you, and by the natural beauty shining in through our large windows. You are not "muted"; on the contrary, your voice is very much an integral part of the experience. Your voice combines others to create an emotional connection with one another, with our community, and with God.

Yes, the threat of Coronavirus still exists. But around the world, people are once again going to movies, restaurants, concerts, sporting events... and houses of worship. Slowly but surely, we're learning to live with this virus rather than in fear of it.

So this year, **IF YOU'RE COMFORTABLE DOING SO**, I invite you to **come home for the holidays.**

We've missed you! We miss the "old days" of seeing familiar faces and reuniting with those we haven't seen in a while. We miss the sound of hundreds of voices singing "Avinu Malkeinu" together. We miss greeting one another "Shana Tova". We miss that feeling of awe when the entire community comes together on Kol Nidre night. We miss the palpable solemnity of a Yizkor service in a packed sanctuary. We miss the joy of singing our favorite High Holy Day melody, "HaYom", and seeing smiles throughout the congregation as we recall decades of singing the same song (and knowing it means the service is almost over).

No, we are not opening to 100% capacity, and yes, we will have precautions in place to minimize the threat of illness. Still, there is plenty of room for YOU!

I'll be thrilled to see you on the screen OR in the pews. However, there's nothing like the real thing. So this High Holy Day season, let's go back to the basics. Let's dig out our finest clothes, warm up our singing voices, and get ready to experience the holidays the way they were MEANT to be observed.

The door is open. Come home for the holidays.

On behalf of my wife Mairov and children Simcha and Dalia, Ellie, Sela, AJ, and Tobey, I wish you and your family a Shanah Tovah, Metukah, U'vri'ah – a sweet and HEALTHY New Year 5783!

# CHARITY BEGINS AT HOME

Neville Grusd Co- Treasurer



Dear Friends:

For a number of years we have been promoting the **CHARITY BEGINS AT HOME PROGRAM**, which has been very successful in encouraging members of our Congregation to make significant donations for the good and welfare of our synagogue.

**IT IS A WAY TO CONTRIBUTE TO YOUR SYNAGOGUE  
WITHOUT IT COSTING YOU ANYTHING.**

The principle is very simple:

- **We all make contributions to worthy causes through the year and most of us have a charity budget.**
- **We should be focusing our contributions on institutions that are most meaningful to us and do the most good.**
- **CHARITY BEGINS AT HOME and Congregation L'Dor V'Dor is our spiritual home.**
- **Every cent contributed goes towards sustaining our synagogue and its programs, while other charities have administration and marketing expenses.**

We are not suggesting that you discontinue making contributions to other charities, but ask you to **TAKE A PERCENTAGE OF YOUR ANNUAL CHARITY BUDGET** (be it 10%, 25% or 50%), **DONATE IT TO CONGREGATION L'DOR V'DOR, AND REDUCE THE OTHER CHARITIES PROPORTIONATELY.** In this way, your total charity cost remains the same and you're benefitting your synagogue and yourself greatly.

We hope you will participate in this program this Yom Kippur and give generously to your best cause.

## The Daily Minyan

by Rabbi Gordon Yaffe

For two and a half years, in addition to our Shabbat and Sunday morning services, we have had a daily minyan Sunday –Thursday at 7:30 pm and on Saturday night 42 minutes after sunset. A day has not gone by when we have not been successful in bringing a minimum of 10 people together in our Zoom Room to carve a space for God in our busy lives. There are those who participate nearly every day, there are those who participate periodically, and there are those who are “on call” and ready to join when there is a need.

As representatives of those who attend Minyan nearly every day, Mindy Rosenfeld and Janice Cole have shared their thoughts about the Minyan in the articles below. Saul Spindel, also a member of the Minyanire Club wrote the ad that appears in the adjacent column. The Daily Minyan has helped to create and nurture a great sense of community for those who participate. I feel that it is an honor and a privilege to participate in this minyan nearly each and every day.

## MINYANAIRE CLUB

**HELP WANTED  
NO EXPERIENCE REQUIRED**

**JOIN US SUN-THURS NITES  
7:30 PM FOR 20 MINUTES**

**NO COMMITMENT  
COME AS OFTEN AS YOU LIKE**

**SIGN ON TO ZOOM AT OLNJC  
AND YOU ARE IN**

**TRY IT  
YOU ARE BOUND TO LIKE IT**

## Mindy Rosenfeld

An unexpected silver lining of the pandemic has been our synagogue's nightly minyan. I initially participated to support congregational members who had lost loved ones during those early frightening months of Covid, but became a nightly fixture for the next 11 months to honor my beloved father-in-law, Al. I also wanted to ensure there would be an evening minyan for anyone who wanted to pray or say Kaddish.

It was the early days of Covid, so when my father-in-law passed away we had no choice but to have a graveside funeral with only immediate family. Our son, who lived in Los Angeles, had to attend by FaceTime. I was touched by how many other friends and congregational family members were there every night to support us.

Those months have passed but I'm still a Minyan regular. I've met people I never would have met, I've learned all about the Mets, and I've obtained recipes, vacation suggestions, medical advice, and even investment tips. If you can name it, we've discussed it before and after praying.

The best part is I leave the 20-minute service a different, hopefully better person.

## Janice Cole

My Dad was always a “Minyan Regular” at Oakland Jewish Center, and to honor his memory, I have always wanted to do the same. However, unlike my Dad, I cannot read Hebrew and I didn't know if I would be able to participate in our Minyan. I decided to try attending a Minyan Service, and I am happy to say that I have become a “Frequent Minyanaire”. Evening Minyan Services are held on Zoom. Thanks to our clergy and Zoom operators, the text is projected onto the computer screen in English and in Hebrew. The designated Reader reads in Hebrew, and I can follow the prayers in English.

Certain prayers require the presence of a Minyan; one of them is the Mourner's Kaddish. We all know how difficult it is to experience the loss of a loved one or to remember a loved one on the anniversary of the person's death. Unless there are 10 Jewish “adults” (post Bar/Bat Mitzvah), this comforting ritual prayer cannot be recited. For me, it is a mitzvah to be counted as part of the Minyan so that in some small way, I am able to help the person feel closer to a departed loved one.

Here, at the Congregation L'Dor V'Dor Minyan, there is a sense of connection and closeness. Although one can always pray alone, the Jewish Tradition teaches us that praying with others brings a sense of positive energy, belonging, and warmth. Everyone here at our Minyan is always welcoming.

Why not consider being a part of the Minyan~ you might find yourself coming more than once; I certainly did!

L'Shanah Tovah!!

# “Steps” to a More Meaningful Prayer Service

By Paul M. Sacker

The Amidah prayer (the “silent” or “standing” prayer), is one of the most essential prayers in Judaism. Observant Jews perform this ritual three times a day (morning, afternoon, and evening); a fourth time on Shabbat; and a fifth time during concluding services of Yom Kippur. It is meant to serve as a bridge between the opening prayers of each service, which prepare us to enter a state of spirituality; and the conclusion, where we withdraw back to the mundane world. Yet, many whom perform this prayer are not aware of the profound benefits that can be obtained when adding in the traditional motions, visualizations, and meditations during the prayer. Understanding the symbology of this prayer can enhance anyone’s participation.

Take for example the simple act of taking three steps back and then forward as we prepare to start the Amidah. A simple explanation for this is that as we are preparing to meet with G-d, the three steps back give us room to perform the more essential three steps forward to enter His presence.

In Kabbalah, these simple explanations have much deeper meaning. Usually when we encounter numbers in Jewish tradition, like the number of steps to take, Kabbalists suggest we are being told that the event is involving the spiritual levels of reality that surround us. According to tradition, there lies between the physical world that we reside in and the realm of HaShem, the World of Ein Sof (Infinity); five layers of spiritual awareness we humans can obtain. They are, starting from the lowest (most mundane) to highest (closest to G-d’s presence): Assiyah (Action), Yetzirah (Formation), Beriyah (Creation), Atzilut (Nearness) and Adam Kadmon (“Primordial State”). The final layer is considered so transcendent that very little is discussed about it and we in our current state can only achieve it in the most fleeting moment.

With regards to the Amidah, the three steps we take back withdraw us from the physical world and prepare us to enter spiritual awareness like an athlete taking steps back before making a lunge forward. The steps we then take forward take us through the three lower realities to stand at the border of Atzilut which is also known as the “Throne of G-d”. Why a “throne?” This is because just as a human sovereigns lower themselves to sit in their thrones when meeting supplicants, so do we request that HaShem “lower” His presence to a level of awareness we can just barely perceive (Atzilut) in our current material state.

For Jews outside Israel, it is also often recommended that as we take these three steps forward, we imagine in our mind taking three huge steps towards the most sacred place on Earth, the Holy of Holies in the Beit haMikdash, the “Temple,” which is likened to the “Throne Room of G-d.” The first step is to enter us spiritually into Eretz Yisrael proper, the second takes us into Jerusalem, and the third places us inside the Temple and before the Ark of the Covenant (a.k.a. the Throne of G-d) as if we are the High Priest. For those within Eretz Yisrael, or for whom the symbology is more accommodating, you can also visualize the three steps taking us into the Outer Courtyard of the Temple, then the Inner Courtyard, and finally into the Holy of Holies. In any event, our goal is to be closer to HaShem’s presence.

Once in position, we are ready to proceed with the Amidah proper and here we supplicate ourselves before HaShem through symbolic bows, singing praises, and giving thanks. Just before we conclude, we are “allowed” to make one brief personal request. Then it is time to take three steps backwards (you never turn your back on a Sovereign), and withdraw out of the spiritual worlds, or the Throne Room, or the Temple, or the Land of Yisrael (your symbol of choice), and back into the mundane world of humanity.

The suggestions above are of course just analogies. They make us aware of G-d’s presence, something normally unfathomable and indescribable, as warm, loving and welcoming. If this is all new to you, try taking these “steps” during the High Holidays this year and keep their symbology in mind. They are sure to give your prayers more meaning and significance. A table with the associations discussed here is provided below. Additionally, anyone wishing to learn more about Kabbalistic symbology and interpretation of Torah and Jewish traditions, can join us every Tuesday at 12 noon in the Zoom Room for a lively and meaningful discussion.

Shanah Tovah!

Spiritual World	The “Land”	The Temple	Symbol
Assiyah (Action)	Eretz Yisrael	Outer Courtyard	Outer Palace
Yetzirah (Formation)	Jerusalem	Inner Courtyard	Inner Palace
Beriyah (Creation)	Temple	Holy of Holies	Throne Room
Atzilut (Nearness)	Ark of the Covenant	Ark of the Covenant	Throne
Adam Kadmon (Primordial State)	Inside of the Ark	Inside of the Ark	King’s Presence

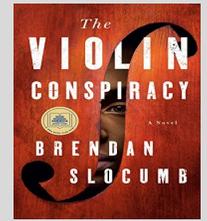


# Sisterhood Book Club

Thursday, October 13

at 8:15 pm in our [Zoom Room](#)

“The Violin Conspiracy  
by Brendan Slocumb



“I loved *The Violin Conspiracy* for exactly the same reasons I loved *The Queen’s Gambit*: a surprising, beautifully rendered underdog hero I cared about deeply and a fascinating, cutthroat world I knew nothing about—in this case, classical music.” — Chris Bohjalian, #1 *New York Times* bestselling author of *The Flight Attendant* and *Hour of the Witch*

*Growing up Black in rural North Carolina, Ray McMillian’s life is already mapped out. But Ray has a gift and a dream—he’s determined to become a world-class professional violinist, and nothing will stand in his way. Not his mother, who wants him to stop making such a racket; not the fact that he can’t afford a violin suitable to his talents; not even the racism inherent in the world of classical music.*

*When he discovers that his beat-up, family fiddle is actually a priceless Stradivarius, all his dreams suddenly seem within reach, and together, Ray and his violin take the world by storm. But on the eve of the renowned and cutthroat Tchaikovsky Competition—the Olympics of classical music—the violin is stolen, a ransom note for five million dollars left in its place. Without it, Ray feels like he’s lost a piece of himself. As the competition approaches, Ray must not only reclaim his precious violin, but prove to himself—and the world—that no matter the outcome, there has always been a truly great musician within him.*

# ART EXHIBITION

## Manhasset Library

30 Onderdonk Ave. Manhasset, NY 11030

Oct. 1, 2022 –Jan. 5, 2023

Our member,  
**Nina Wolf**  
will be displaying her painting  
“The Face of Ukraine”

[Click here](#) to see an interview on YouTube of Nina as a representative of the Manhasset Art Association on World Art Day.



**Bayside Hills Civic Association**

# **9/11 CEREMONY**

**Never Forget**

**Please join us as we commemorate the  
21<sup>st</sup> Anniversary of this tragic day**

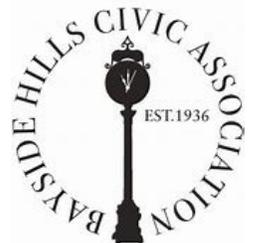
**SEPTEMBER 11, 2022**

**7PM AT MEMORIAL GARDEN**  
**Northside corner of Horace Harding Expressway  
and Bell Boulevard**

**If you wish to place candles at the  
Memorial Garden, please make sure they are  
glass enclosed.**

**Please remember to wear masks and practice  
social distancing**

**LET'S STAND  
STRONG TOGETHER**



**[BAYSIDEHILLS.INFO](http://BAYSIDEHILLS.INFO)  
[FACEBOOK.COM/BAYSIDEHILLS](https://FACEBOOK.COM/BAYSIDEHILLS)**

## Begin Each Day Of Elul With the Sound of the Shofar



Each day during the month before Rosh Hashanah, it is customary to begin the day by hearing the sounds of the Shofar: Tekiah, Shevarim-Teruah, Tekiah. On Sunday, August 28, as a member of our congregation, began to receive a daily email with a video of Rabbi Yaffe blowing the shofar. These emails will continue until Friday, September 23. If you are not a member of the congregation and would like to receive these emails, contact the synagogue office and we will be happy to put you on our email list.

Some things to think about when hearing the shofar:

**Turn toward doing good and creating peace and harmony where there is unrest and discord.**  
*This is why the shofar must be curved and not straight.*

**Rejoice in the creation of the world and God's sovereignty within it.**

*The sound of the shofar is like the sound of the coronation of a king.*

**Remember that God cares enough for us that he revealed himself to us at Mount Sinai.**

*The revelation at Mount Sinai occurred amidst the sound of the shofar.*

**Never lose hope in the coming of the ultimate redemption and the ingathering of our exiles.**

*The shofar will sound with the coming of the Messiah.*

**There is no ideal or value that takes precedence over the sanctity or preciousness of human life.**

*The shofar is a reminder of the horn of the ram provided by God to be sacrificed by Abraham instead of his son, Isaac.*

## Mission of the Pull-Tab Program



### Ronald McDonald House of Long Island

Synagogue members Nadine and Gene Rattien have been involved in this fundraising effort with Ronald McDonald House for several years. We encourage the synagogue community to get involved in this opportunity to help make a difference in the lives of so many families. Please bring your pull-tabs from your beverage and food cans into the synagogue for collection.

**You will find an orange receptacle in the lobby for your pull-tabs.**

Wishing all members of  
**Congregation L'Dor V'Dor**  
 Oakland Little Neck Jewish Center  
**A sweet, healthy and peaceful 5783**

**May you be inscribed and sealed for a good year.**



**The Membership Committee:**

**Eileen Baker, Elaine Fleischman  
 Joan Kase-Riger, Diane Stein  
 Carrie Yaffe and Karen Popowsky**

## We are collecting Used Eye Glasses & Cell Phones



**An opportunity to give to those who are in need**

**(Receptacles are in the synagogue lobby)**

*From Our Family To Yours We Wish You*

## *L'Shanah Tovah Tikateivu*

Nancy and Bruce Adams  
Phyllis Alperstein  
Naomi and Stan Altschul  
Julie and Steve Aronowitz  
Ellen and Jeff Baskin  
The Baum Family  
Elane Berk and Family  
Neil and Carolyn Berman and Family  
Heather and Steven Blatt and Family  
Sheila ,Arnold and Lee Blecher  
Dan, Phyllis and Betsy Budne  
Ellen and Gordon Charlop and Family  
Ann Chernys

Jerri and Bernie Cohen, Jeffrey, Rachel, Elliot, Russel  
and Spencer Cohen and Adam Cohen

Ilene and Paul Cohen  
Marcia and Ron Cooper and Family  
Alyce Drabkin

Alan Fein and Laura Greenblatt and Family  
Cheryl and Jeffrey Feiner and Family  
Mickey and Charlie Feldberg  
Flo Feldman and Family  
Robin, Marc and Brett Figelman  
Barbara Flamm and Family

The Fleischman/Gordon/Berg and Weiner Families  
Esther and Don Forman  
Shari and Neil Garfinkel and Family  
Eileen and Bernie Gellman  
Ronnie and Steven Glaser and Family  
Ronnie and David Goldstein

Marjorie Goldstein, George Warhit and Family,  
Hillary Dimin & Family, Melissa Daia & Family

Elyse, Ted, David and Scott Goodman  
Irene ,Fred, Jeffrey and Rachel Gordon  
Renee Gottesman

Phyllis and Jacob Grijnsztein  
Neville and Velma Grusd  
The Heidecker Family

Esta and Stephen Heitner  
Marian Hirschler

Debby, Ray and Alyssa Hockstein  
Ann and Mark Hoffer and Family  
Julie and Mel Jacknowitz

Carol and Marty Jahre  
Harriet Joseph

Amy and Ken Kahaner and Family  
The Levine/Kauffman Family

Eva Kessner

The Kind Family

George, Leslie and Stephanie Klein  
Jacqueline and Harold Lamkay and Family  
Marge and Norman Leblang and Family  
Steven Levine

Diane and Dennis Lidoshore  
Vivienne Lipsitz and Family  
Marla, Louis, Lance and Cherie Litvin

Gerry Major and Family  
Judith and Steven Markowitz  
Israella and Eric Metzger

Gary Mirkin and Felicia Stockart  
Beatrice and Riona Nebel

Gloria and Lisa Pollack and Family  
Karen Popowsky

Barbara Raber and Family  
Deanne, David and Marcee Raffel  
Nadine and Gene Rattien

Roni, Robert and Melissa Rauch  
Aviva Reznik

Mindy and Richard Rosenfeld and Family  
The Rosinsky Family

Joan and Paul Ross and Family  
Judy Samuels and Avi Gazit

Debbie, Adam, Andrew and Rachel Schneider  
Helene and Donald Schoenholt

Jerry Schwartz

Larry, Isabel and Lenny Schwartz  
The Shaller Family

Rhoda Shapiro

Sonny and Desiree Shar

Cantor Josh and Mairov Shron

Dawn, Scott, Rebecca and Brianna Singer  
Debbie and Richard Sosman and Josh and Erica

Harriet Spilkevitz

Esther and Saul Spindel

Harriet and Richard Spivack

Diane and Mitchell Stein

Lesley and Bob Stern

Myra Sutin

June and Alan Sykoff and Family

Fran and Henry Tischler and Family

Mona and Stephen Toback

Sue and Martin Tobias

Janet and Irwin Tobin and Family

The Tomasik Family

Ronald Ullmann

The Wayne Family

The Wirtheim Family

Nina and Irwin Wolf

Rabbi Gordon and Carrie Yaffe

# The High Holidays Are Coming!

## Things To Do In The Weeks Before Rosh Hashanah!



- Ask For Forgiveness And Forgive Others.
- Contemplate How You Will Strive For Higher Heights In The New Year.
- Submit The Names Of Your Loved Ones For The Yizkor Memorial Book.
- Take Care Of All Financial Obligations To The Synagogue.

## A Zoom High Holiday Workshop With Rabbi Yaffe and Cantor Shron



**Sunday, September 18th  
10:15 a.m.**

What happens when the prayers on the page do not represent the thoughts in our minds or the feelings in our hearts?

Join us as we will grapple with this and other obstacles to having a meaningful prayer experience on the holidays.

## The High Holidays Begin With Selichot!



**Saturday Night, September 17 at 10pm**

## Remember Your Loved Ones

### Yizkor Memorial Book

Published for Yom Kippur and used four times throughout the year at our Yizkor Memorial Services

Inscribing the names of your loved ones in this book is a meaningful way to honor their memory.

Contact the synagogue office for details.  
[Click here](#) to submit the names of your  
Due by Friday, September 9, 2022.



### Virtual Memorial Plaque

Create A Perpetual Memory

Usually \$180 Sale until September 30, 2022: \$100

- ◆ Plaque displayed during the week of the yahrzeit
- ◆ Plaque displayed during all Yizkor Services
- ◆ Picture and bio can be included for reflection at any time
- ◆ Receive an annual yahrzeit reminder
- ◆ Name included annually in the Shabbat Program in observance of the yahrzeit
- ◆ Name distinguished in the annual Book of Remembrance

**Call the synagogue office today!**

# High Holiday Preparations

## Pick Up Your High Holiday Machzors



If you will be attending services via Zoom, come to the synagogue on the dates and times below and borrow machzors for you and your family.

Tuesday, September 6 12:00 pm to 4:00 pm  
Wednesday, September 7 12:00 pm to 4:00 pm  
Thursday, September 8 12:00 pm to 4:00 pm

## Make a Donation to Operation Isaiah

We are back to collecting food donations to give to the Five Towns Kosher Food Pantry to help feed the hungry. This pantry is fulfilling a great need and we can help.

Please bring your grocery bag filled with non-perishable food and other items as suggested below to the synagogue during the week between Rosh Hashanah and Yom Kippur. We will deliver the collected food to the Five Towns Kosher Food Pantry after the holiday.

Operation Isaiah is in response to the following words from the Haftarah that is chanted on Yom Kippur:

*Is this the fast I desire?*

*A day for men and women to starve their bodies?*

*No, this is the fast I desire:*

*To share your bread with the hungry,  
And to take those in need into your home.*



*When you offer your compassion and satisfy the hungry,  
Then shall your light shine in the darkness  
And your gloom shall be like noonday.*

Bring more meaning to your Yom Kippur fast and make a donation to Operation Isaiah. As Yom Kippur approaches, let our ears and hearts be open to hearing and acting upon the sacred words of the prophet Isaiah.

## Suggested Items for Operation Isaiah

Tuna, Salmon, Spaghetti Sauce, Pasta, Juice Boxes, Soups, Rice, Peanut Butter, Jelly, Condiments, Kid Friendly Snacks & Cereal, Canned Fruit, Paper Towels, Toiletries

## Order or download your copy of The Yizkor Memorial Book

If you would like a printed copy of the Yizkor Memorial Book to use on Yom Kippur and throughout the year, call the synagogue office or [click here](#) no later than September 19. Your Yizkor Book can be picked up at the synagogue beginning on Monday, October 3. Alternatively, you can [click here](#) on or after September 20th to download your copy to either print or read on your electronic device.

# Selichot Program & Service Saturday, September 17th

Havdalah & Maariv 8:00 p.m.

## Next Year Jerusalem

A lyrical portrait of eight nursing home residents who make a pilgrimage to Israel.



A meditation on the sanctity of the human experience and wisdom acquired over a lifetime.

Screening & Discussion 8:30 p.m.

## Selichot Services

10:00 pm



# A Shofar Service For Families With Young Children



Monday, September 26 at 3:45 p.m.

Outside, On The Front  
Lawn Of The Synagogue

Lead by  
Rabbi Yaffe and Cantor Shron

For safety precautions, our children and grandchildren who have been discouraged from attending services in the sanctuary. This service will enable our children and their families to come to the front lawn of the synagogue, fulfill the mitzvah of hearing the shofar and have a meaningful and memorable Rosh Hashanah experience.

## High Holiday Services

Call the synagogue office to get your ticket to secure a seat in the synagogue.

Sat., Sept. 17	Selichot Service	10:00 p.m.
Sun., Sept. 25	Erev Rosh Hashanah	6:00 p.m.
Mon. Sept. 26	Rosh Hashanah Day 1 –Shacharit	8:30 a.m.
	Shofar	10:40 a.m.
	Co-President’s Speech	11:00 a.m.
	Rabbi’s Sermon	11:10 a.m.
	Adon Olam	1:30 p.m.
	Outdoor Shofar service for Families with young children	3:45 p.m.
	Tashlich	5:00 p.m.
	Mincha/Maariv	6:15 p.m.
Tues., Sept. 27	Rosh Hashanah Day 2 –Shacharit	8:30 a.m.
	Shofar	10:40 a.m.
	Rabbi’s Sermon	11:00 a.m.
	Adon Olam	1:00 p.m.
Tues., Oct. 4	Erev Yom Kippur-Mincha	5:45 p.m.
	Kol Nidre	6:15 p.m.
Wed., Oct. 5	Yom Kippur	
	Shacharit	8:30 a.m.
	Co-President’s Address	12:40 p.m.
	Rabbi’s Sermon	12:50 p.m.
	Yizkor	1:10 p.m.
	Afternoon Break	1:30 p.m.
	Ask the Rabbi	4:00 p.m.
	Mincha	5:00 p.m.
	Neilah	6:15 p.m.
	Final Shofar	7:15 p.m.

## Sukkot, Sh’mini Atzeret Simchat Torah Services

Sun., Oct. 9	Erev Sukkot Maariv	6:30 p.m.
Mon., Oct. 10	Sukkot Day 1 Shacharit	9:00 a.m.
	Mincha/Maariv	6:00 p.m.
Tues., Oct. 11	Sukkot Day 2 Shacharit	9:00 a.m.
Sun., Oct. 16	Erev Shemini Atzeret Maariv	6:30 p.m.
	Yizkor	6:50 p.m.
Mon., Oct. 17	Shemini Atzeret Shacharit	9:00 a.m.
	Yizkor	11:15 a.m.
	Erev Simchat Torah	7:00 p.m.
Tues., Oct. 18	Simchat Torah Shacharit	9:00 a.m.



## A Guide for Meaningful Participation In High Holiday Services In the Synagogue

### Prepare For Your High Holiday Experience

Take as much time to spiritually prepare yourself to enter the sanctuary as you do to physically prepare yourself. The person that you are on the inside should be as well put together as the person you are on the outside. Rosh Hashanah is considered to be the Day of Judgment. The day on which we present ourselves before G-d to plead our case for being inscribed in the Book of Life for a year of good health and other blessings. On Yom Kippur the verdict is sealed and the case is closed. In the days prior to Rosh Hashanah take some time to reflect upon who you are and the choices that you have made in the year that has gone by. Make amends with those whom you may have mistreated and resolve to make changes in your life if changes are warranted. Be ready to come before the sovereignty of the universe, standing tall with confidence, pride and humility.

### Be a Participant, Not a Spectator

When you arrive for services, strive to be ready with a sense of awe to stand before G-d with prayers in your heart and on your lips. As a member of the congregation you are not a spectator at a service that is being conducted on the bimah, you are a valuable participant without whom the service cannot take place. When it is appropriate, sing along with the cantor and the congregation. At other times, read the English and contemplate the meaning of the prayer. At other times allow your soul to be moved by the melodies and envelop yourself in silent meditation. These are all different ways of actively participating in the service.

### Know Before Whom You Stand

The primary goal of being in the sanctuary is to communicate with G-d, not with our neighbors. Talking should be reserved for outside of the sanctuary. Chewing gum while participating in services is inappropriate. Although it is customary for people to leave the sanctuary during services, remember not to leave when the ark is open, when the congregation is standing, when the rabbi is giving his sermon or when the cantor is offering the Hin’ni.

## A Guide for Meaningful Participation in Virtual Services

- ◆ Although it is common to say the following about participating in virtual services: “I will be watching services”, “I will be turning services on” or “I will be pressing the link for services”. It is better to say things like: “I will be attending services with my family”, “I will be getting to services in time for the Torah reading”, or “I hope to see some of my friends when I go to services.”
- ◆ Set up a special place within your home in which you will be participating in services. If possible, face east, have a place where you can rest you machzor and easily stand and sit. Have pictures of your family and other significant items in view that connect you with the people you love. If possible, connect your computer to a large screen TV, so that your experience at services is not looking at a phone, a tablet or a computer monitor.
- ◆ Get dressed in the same way you would have gotten dressed if you had gone to the synagogue for services. Wear a kippah or a head covering and if it is your custom to wear a tallis in synagogue, wear a tallis.
- ◆ Silence your phone, don’t text and don’t check your emails.
- ◆ Have a meal or a snack before coming to services.

# A Tashlich Service

On the first day of Rosh Hashanah go to a running body of water and symbolically cast your sins away by throwing bread crumbs into the water. Join us on Monday, September 26 at 5:00 p.m. at the entrance of the Daniel Jay Berg Memorial Park on Clent Road in Russell Gardens. Bring some bread!



Today we come to this body of water to perform the Tashlich ceremony, seeking symbolically to “cast away” our accumulated sins and transgressions so that we may purify our hearts and our souls, as the new year begins.

Let us cast away the sin of deception, so that we will mislead no one in word or deed, nor pretend to be what we are not.

Let us cast away the sin of vain ambition, which prompts us to strive for goals which bring neither true fulfillment nor genuine contentment.

Let us cast away the sin of stubbornness, so that we will neither persist in foolish habits nor fail to acknowledge our will to change.

Let us cast away the sin of envy, so that we will neither be consumed by desire for what we lack nor grow unmindful of the blessings which are already ours.

Let us cast away the sin of selfishness, which keeps us from enriching our lives through wider concerns and great sharing and from reaching out in love to other human beings.

Let us cast away the sin of indifference, so that we may be sensitive to the sufferings of others and responsive to the needs of people everywhere.

Let us cast away the sin of pride and arrogance, so that we can worship God and serve God's purpose with humility and truth.

## Avinu Malkeinu

Avinu Malkeinu, she-ma ko-lei-nu  
Our Father our King, hear our prayer.

Avinu Malkeinu, we have sinned before you.  
Our Father our King, have mercy upon us and upon our children.

Avinu Malkeinu,  
inscribe us for blessing in the book of life.  
Our Father our King, grant unto us a year of happiness.

Avinu Malkeinu, Be gracious and answer us, for we have not done enough good deeds. Please love us, be generous with us, and help us.

Avinu Malkeinu, Chanenu va'aneinu  
Ki ein banu ma'asim.  
Aseh imanu tzdakah vachessed -  
Aseh imanu tzdakah vachessed, v'hoshi'enu.

Taking a few crumbs to Tashlich from whatever old bread is in the house lacks subtlety, nuance and religious sensitivity. Instead, try this:

- For ordinary sins, use - White Bread
- For exotic sins - French Bread
- For particularly dark sins - Pumpernickel
- For complex sins - Multi-grain
- For twisted sins – Pretzels
- For sins of indecision - Waffles
- For sins committed in haste - Matzah
- For sins ofchutzpah - Fresh Bread
- For substance abuse/marijuana - Stoned Wheat
- For being sulky - Sourdough
- For not giving full value - Short bread
- For silliness - Nut Bread
- For telling bad jokes - Corn Bread
- For being money-hungry - Raw Dough
- For promiscuity - Hot Buns
- For being holier-than-thou - Bagels
- For snobbery - Upper Crusts
- For being hypercritical - Pan Cakes
- For the sin of laziness - Any Very Long Loaf
- For gambling - Fortune Cookies
- For pride - Puff Pastry
- For being snappish - Ginger Bread
- For recurring slip ups - Banana Bread
- For davening off tune - Flat Bread
- For impetuosity - Quick Bread
- For excessive use of irony - Rye Bread

Who is a God like You, forgiving iniquity and pardoning the transgression of the remnant of Your people? You do not maintain anger forever but You delight in loving-kindness. You will again have compassion upon us, subduing our sins, casting all our sins into the depths of the sea. You will show faithfulness to Jacob and enduring love to Abraham, as You promised our fathers from days of old.

אָבִינוּ מִלְּפָנֶיךָ חַטָּאנוּ לְפָנֶיךָ:  
אָבִינוּ מִלְּפָנֶיךָ אֵין לָנוּ מִלְּךָ אֱלֹה אַתָּה:  
אָבִינוּ מִלְּפָנֶיךָ עֲשֵׂה עִמָּנוּ לְמַעַן שְׂמֹךְ:

# Hear Our Voice

A Prayer for the New Year

by Ellen Charlop

Shemah Koleinu - Hear our Voice  
Chus V'Rachem Aleinu - Spare us and have compassion on us  
V'Kabel...et Tefilateinu - and Receive our prayer  
HaShiveinu - Return us  
V'Nashuva- So that we may return to You  
Chadesh Yameinu K'Kedem - renew our days as before

Shemah Koleinu is an exquisite and unusual prayer that occurs right before the Vidui or confessional, which is one of the central parts of the holiday service. The form of the verbs is in the imperative, and we are demanding that G-d hear, not our individual voices, but rather our collective voice. We come before G-d as a community, all praying for forgiveness and appealing to G-d as one unified force.

Why does it say listen to our voice and not listen to our prayer? A prayer implies something that is scripted. When you speak in your own voice it is more personal.

In Deuteronomy 26:7 it says "V'Nitzak el Hashem V'Yishmah Hashem at Koleinu" - We cried out and G-d heard our Voice. Just as G-d heard the voice of our ancestors and brought them out of slavery, so too now, when we are praying on the High Holidays, we have hope that G-d will hear our voice and deliver us.

The next part of the prayer is a bunch of "don'ts". Six times the word "al" is repeated, which means, Do not. Do not cast us away from your presence. Do not take away your divine essence from us. Do not cast us away in time of our old age and vulnerability. Do not abandon us. Do not abandon us Adonai our G-d. Do not be distant from us.

This time of year is a period of introspection when we take a spiritual accounting and strive to become our best selves. We are making a commitment to try to do better and we want G-d to respond. When you're in a relationship and you haven't been your best, but you are ready to do the work to fix it, you say to your partner, "Don't walk away. Don't give up on me".

Now we are saying, Listen to what we have to say! Listen to what is in our hearts! We want to do better. Don't abandon us. Stay close to us. The prayer continues with three central verbs, also imperatives, that will repeat throughout the service:

Selach Lanu-Pardon us    Mechal Lanu-Forgive us    Chaper Lanu- Atone for us

The final verses are a gorgeous poem whose words reinforce our relationship and reciprocity with G-d. Do these things we ask of you because we are this and You are that...

Anu Amecha- We are Your People  
We are Your children and You are our parent  
We are Your congregation and You are our portion  
We are Your sheep and You are our shepherd  
We are Your work and You are our creator,  
We are Your treasured possession and You are our G-d  
We are Your special ones and You are our Special One

Vatah Elokeinu- and You are our G-d...  
We are Your servants and You are our Lord  
We are Your inheritance and You are our destiny  
We are Your vineyard and You are our guardian  
We are Your beloved and You are our beloved  
We are Your people and You are our king

This beautiful poem is a reminder of our relationship with G-d and the many forms it takes. He is close like a parent and awesome like a King. We are reiterating these connections. There's repetition and redundancy. We are reminding G-d and we are reminding ourselves.

We are in a covenant with G-d. A covenant means we can demand things of G-d. Part of the deal is that if we commit to do the work, G-d is committed to stay with us.

May our voice reach the gates of heaven, and may we feel G-d's closeness at Rosh HaShanah and throughout the New Year.

Shanah Tovah U'Metukah

Wishing you a Sweet and Good New Year

## Make Your Own Lulav Shake!



Fulfill the mitzvah of rejoicing before the Lord with the Palm Branch, Myrtle, Willow and Citron.

[Click here](#) or place your order in the synagogue office no later than Tuesday, September 14. This year, the cost for a Lulav and Etrog will be \$45.



## Sukkah Decorating Sunday, October 9 at 10:00 a.m

Bring your energy, creativity, enthusiasm, Children and Grandchildren as we decorate the sukkah.

The morning will begin with a light breakfast, followed by the decoration of the Sukkah. Rabbi Yaffe will conduct a brief lesson on the Lulav & Etrog and everyone will have the opportunity to make his or her own Lulav Shake!

*Please Call the Synagogue office at 718-224-0404  
To let us know that you will be joining us.*



*"Looking for Perfection"  
Painting by Nina Wolf*

*Happy Sukkot  
from Nina and Irwin Wolf*



## Simchat Torah

We celebrate G-d's gift of Torah  
With great Joy!



**Monday, October 17  
7:00 p.m.**

Our Celebration of Simchat Torah begins with our signature Name That Tune Maariv Service.

Join us for an evening of singing, dancing and rejoicing in G-d's gift of the Torah to the Jewish People.

We will read from the end of Deuteronomy and the beginning of Genesis. Everyone will be called to the Torah for an aliyah.

There will be apples and chocolate bars for everyone!  
We're making sundaes too!



**Tuesday, October 18  
9:00 am**

Our Celebration of Simchat Torah Continues...

Join us as we gather together for the grand finale to the Fall Holiday Season.



# Online Classes In Our Zoom Room

## Lunch & Learn Kabbalah Circle

Tuesdays 12:00 pm  
(No Circle on 9/27, 10/11 and 10/18)



Join us as Ellen Charlop, Henry Riger and Paul Sacker share their insights and guide us in a dynamic conversation of various elements of our mystical tradition.



## Torah and Our Lives

With

Rabbi Yaffe

Wednesdays

11:00 am to 12:30 pm  
(No Class on 10/5)

A weekly opportunity to connect with wisdom of our tradition and discuss its relevance to our contemporary lives.

This is an ongoing class throughout the year and new students are always welcome! Join us!

## Lunch & Learn Israel and Zionism

With Cantor Shron



Mondays & Wednesdays 12:30 pm

(No Lunch and Learn on 9/5, 10/5, 10/10 and 10/17)

## פרשת השבוע The Weekly Torah Portion



In The Beginning...

As we prepare to embark upon a new Torah reading cycle, there's never been a better time to join our long-running Torah class! Join Cantor Shron on Zoom each week for engaging videos, fascinating insights, lively discussions and good company. We learn from a variety of rabbis across the religious spectrum. You'll come away with a new appreciation for the nuances of our most sacred of texts!

Wednesdays, 6:30 pm

For details, email [jshron@comcast.net](mailto:jshron@comcast.net)

No Class October 5

## Want to Learn Hebrew? רוצה ללמוד עברית?



Conversational Hebrew - Wednesdays, 9 pm

For details, email [jshron@comcast.net](mailto:jshron@comcast.net)

No Class October 5



## רביעי ישראלי

### Revi'i Yisraeli

Israeli Wednesdays at L'Dor V'Dor



The Beauty Queen of Jerusalem

Get connected to Israel and its culture through hit Israeli TV shows! We've binge-watched Hebrew shows (with English subtitles) like "Srugin", "Fauda", "Shtisel", and "Tehran", and we're now enjoying the highly-anticipated Netflix series, "The Beauty Queen of Jerusalem".

The costume period melodrama is set from the early- to mid-20th century, telling the story of a family living in Jerusalem during the Ottoman Empire and British Mandate periods of the city. Shot throughout the country, it is considered one of the most ambitious Israeli series to date.

Wednesdays, 8-9 pm (no meeting October 5)

# The Annual Pollak Lecture

Funded by the Jack and Bette Tepper Education Fund

## Avital Chizhik Goldschmidt

A well published Journalist and Professor at Columbia University who is an Unorthodox Orthodox Rebbetzin with the background, passion, courage and unique ability to write and speak about life topics that matter.



Will Enlighten Us On The Topic:

## Abortion

The Wisdom of Jewish Law And  
Its Impact on Israeli Society Today

In the Zoom Room of  
Congregation L'Dor V'Dor  
Oakland Little Neck Jewish Center

Sunday, October 30th 8:00 pm

**There is no charge, but  
registration is required.**

[Click here](#) to register and to submit any questions that you would like to be addressed.

Upon registration, you will receive a link to attend the program.



# To Our Newly Elected Officers & Trustees

Terms began July 1

**Co-Presidents:**

**Mitchell Stein/Steve Aronowitz**

**Vice-President:**

**Robert Stern**

**Co-Vice Presidents of Ritual:**

**George Klein/Stanley Wirtheim**

**Vice President of House:**

**Marc Figelman**

**Co-Treasurers:**

**Irwin Wolf/Neville Grusd**

## *Trustees:*

**Heather Blatt**

**Marc Figelman**

**Elaine Fleischman**

**Neville Grusd**

**Eugene Rattien**

**Mitchell Stein**

**Janet Tobin**

**Stanley Wirtheim**

**Irwin Wolf**

**Stephen Aronowitz**

**Mark Hoffer**

**Eva Kessner**

**George Klein**

**Dawn Singer**

**Debbie Sosman**

**Richard Spivack**

**Charles Wayne**

**Lois Wirtheim**

**Stan Altschul**

**Naomi Altschul**

**Ellen Charlop**

**Ron Cohen**

**Ted Goodman**

**Perry Heidecker**

**Mel Jackowitz**

**Robert Stern**

**Ron Ullmann**

**Yasher Koach to Joan Kase, Karen Popowsky,**

**Adam Schneider and Paul Stein**

for their many years of service

as members of the Board of Trustees.

**B'ru-chim Ha-Ba-im to Naomi and Stan Altschul, Heather Blatt,**

**Perry Heidecker, Mel Jackowitz and Ron Ullmann**

who have been newly elected to serve on the Board of Trustees.



## HAPPY SEPTEMBER BIRTHDAYS

- |                     |                      |
|---------------------|----------------------|
| 1 Peter Reinharz    | 18 Gordon Charlop    |
| 2 Irina Garber      | 18 Debbie Schneider  |
| 2 Helene Schoenholt | 18 Donald Schoenholt |
| 6 Jeffrey Wirtheim  | 18 Jan Tomasik       |
| 7 Hilda Drapacz     | 19 Sonny Shar        |
| 7 Mark Hoffer       | 21 Shahar Tamari     |
| 7 Lance Litvin      | 22 Linda Blank       |
| 8 Jared Hodes       | 22 Leonid Garber     |
| 8 Ryan Hodes        | 22 Michael Offenbach |
| 9 Eric Fried        | 23 Hope Altheim      |
| 9 Matt Makover      | 23 Fran Tischler     |
| 10 Hayim Biton      | 24 Stan Altschul     |
| 11 Jeffrey Cole     | 28 Rachel Altheim    |
| 12 Adam Lusthaus    | 28 Martin Jahre      |
| 13 Allan Bressler   | 28 Jessica Levy      |
| 13 Samuel Menchell  | 29 George Klein      |
| 14 Toby Wolecki     | 19 Henry Tischler    |
| 17 Mindy Rosenfeld  | 30 Lauren Levine     |
| 17 Madeline Sylvan  | 30 Judy Moy          |
|                     | 30 Richard Rosenfeld |



## HAPPY SEPTEMBER ANNIVERSARIES

- 2 Joan and Ira Levine
- 3 Claudia and Mark Hochman
- 6 Phyllis and Jacob Grijnsztein
- 6 Cindy and Donald Tanenbaum
- 13 Judy Moy and Brad Herman
- 17 Karen and Leon Hodes
- 25 Robin and Andrew Sherman
- 26 Adele and George Wolecki



## HAPPY OCTOBER BIRTHDAYS

- |                      |                        |
|----------------------|------------------------|
| 4 Geoffrey Clain     | 22 Emily Levine        |
| 5 Steven Feiner      | 22 Sara Levine         |
| 5 Mildred Feldberg   | 22 Sela Shron          |
| 5 Eileen Gellman     | 23 Sheldon Greenberg   |
| 6 Elaine Fleischman  | 24 Steven Blatt        |
| 6 Stacey Gottlieb    | 24 Adam Levine         |
| 7 Jake Grusd         | 24 Lori Saslow         |
| 7 Vladimir Gurevich  | 24 Andrew Sherman      |
| 7 Robert Varkonyi    | 24 Jessica Tamari      |
| 9 Eileen Singer      | 25 Madeline Belonsky   |
| 10 Jersey Nowakowski | 25 Alvin Fried         |
| 11 Perry Heidecker   | 25 Jeffrey Gordon      |
| 11 Fran Kasman       | 25 Rachel Gordon       |
| 14 Barbara Flamm     | 25 Phyllis Grijnsztein |
| 12 Sandy Tomasik     | 26 Arnold Blecher      |
| 14 Olga Varkonyi     | 27 Gale Kaplan         |
| 15 Stanley Kotlyar   | 27 Robert Sosman       |
| 21 Steven Marcus     | 30 Sheila Blecher      |
| 22 Andrew Levine     | 30 Jonathan Rose       |
|                      | 30 Randi Rosinsky      |



## HAPPY OCTOBER ANNIVERSARIES

- 9 Ted and Elyse Goodman
- 9 Mark and Randi Rosinsky
- 10 Robert and Maryann Shaller
- 11 Jason and Randy Slakter
- 13 Louis and Marla Litvin
- 15 Sheldon and Hazel Greenberg
- 16 Craig and Deidre Greben
- 18 Scott and Dawn Singer
- 20 Ben and Barbara Ditman
- 23 Arthur and Ann Lesser
- 28 Steven and Susan Marcus
- 29 Allan and Michele Bressler



**Celebrate  
Your September  
Birthday or Anniversary**

by receiving a special blessing  
at **Shabbat Evening Services**  
**Friday, September 16**  
**6:00 p.m.**



**Celebrate  
Your October  
Birthday or Anniversary**

by receiving a special blessing  
at **Shabbat Evening Services**  
**Friday, October 14**  
**6:00 p.m.**





## Mazel Tov !

To the Proud Grandmother  
Marjorie Goldstein



To the Proud Great Grandfather  
George Warhit

To the Proud Parents  
Melissa and Cornell Daia

To the Proud Sister  
Hillary Dimin

On the birth of  
Their grandson, great grandson,  
son and brother

**Cameron Leo**

August 18, 2022



## Mazel Tov !

To the proud Grandparents  
Gail and Alan Laufer



To the proud parents  
Sarah and David Greene

On the birth of their  
granddaughter and daughter

**Ava Charlotte Greene**

May 15, 2022



## Mazel Tov !

To the Proud Grandparents  
Linda and Howard Litvack



To the Proud Parents  
Brian and Becky Litvack

On the birth of  
Their grandson and son,

**Cole Max Litvack**

August 20, 2022

*Feiner Finds*  
It's all in the details...

Member of:  
Allied Board of Trade, Inc.  
Interior Design Society

*Eileen Feiner*  
Interior Design Specialist  
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917-640-9406  
feinerfinds@aol.com



## Thank You

We would like to thank all the members of our synagogue family for the warm wishes, gifts, donations and kind words on behalf of both of our sons' weddings in recent months. May we go from strength to strength in the upcoming New Year, 5783.

Sincerely,

Rabbi Gordon and Carrie Yaffe

## Thank You

A special Thank You to the very hard working and supportive House Committee for all of the ongoing work at our home. We would like to particularly recognize Marc Figelman and Steve Aronowitz for their time, guidance, availability and support with all house issues.

Sincerely,

Rabbi Gordon and Carrie Yaffe

## Baruch Dayan Emet

*The members of  
Congregation L'Dor V' Dor  
extend our condolences to*

*Judy Markowitz*

*On the loss of her beloved mother*

*Ruth Schloss*

*Velma Grusd*

*On the loss of her beloved sister*

*Gloria Goldblatt*

*Elane Berk*

*On the loss of her beloved sister*

*Barbara Nadler*

*May the memory of our loved ones  
forever be a blessing.*

## Donations (July.07—August 31, 2022)

### **Mazel Tov to:**

Cantor Josh & Mairov Shron on  
the marriage of their son Simcha to Dalia Schwartz  
by Judy and Steve Markowitz  
by Debbie and Robert Stoll  
by Karen Popowsky  
by Julie and Steve Aronowitz  
by Mindy and Richard Rosenfeld  
by Elaine Fleischman  
by Elyse Clair and Ron Cohen

Rabbi Gordon & Carrie Yaffe on  
the marriage of their son Neal to Ilana Herzberg  
by Judy and Steve Markowitz  
by Debbie and Robert Stoll  
by Karen Popowsky  
by Lisa Pollack  
by Susan and Steve Kanfer  
by Elaine Fleischman  
by Elyse Clair and Ron Cohen

Irwin Tobin for being man of the year  
by Debbie and Robert Stoll  
by Steve and Heather Blatt

### **In Honor of:**

Lois and Stan's 50th wedding anniversary  
by Judy and Steve Markowitz  
by Karen Popowsky

Mitchell Stein's 50th Anniversary of his Bar Mitzvah.  
by Judy and Steve Markowitz  
by Karen Popowsky

The birth of Gail and Alan Laufer's granddaughter, Ava Greene  
by Karen Popowsky

The birth of Jerri and Bernie Cohen's grandson,  
Spencer Noah Cohen  
by Karen Popowsky

The birth of Cheryl and Jeff Feiner's grandson, Kai Feiner  
by Debbie and Robert Stoll

The birth of Karen Popowsky's grandchild, Jack Oliver  
by Debbie and Robert Stoll

Marjorie Goldstein's father, George Warhit's, 100th birthday  
by Karen Popowsky

### **In Memory of:**

Harriet Marcus, beloved mother of Steve Marcus  
by Steve, Susan and Samantha Marcus

Ruth Schloss, beloved mother of Judy Markowitz  
by Lois and Stan Wirtheim  
by Susan Mickel

Abba Grijnsztein, beloved brother of Jacob Grijnsztein  
by Dawn, Scott, Rebecca and Brianna Singer

Bette Tepper, beloved mother of Dr. Howard Tepper  
and Rebecca Citron  
by Cathy and Richard Zemser

Barbara Nadler, beloved sister of Elane Berk  
by Mindy and Richard Rosenfeld  
by Judy and Steve Markowitz  
by Zona Schreiber  
by Eva Kessner  
by Elaine Fleischman  
by Gerry Major  
by Dawn, Scott, Rebecca and Brianna Singer  
by Lisa Pollack  
by Beverly Osrow

Gloria Goldblatt, beloved sister of Velma Grusd  
by Mindy and Richard Rosenfeld  
by Judy and Steve Markowitz  
by Neville and Velma Grusd  
by Vivienne Lipsitz  
by Dawn, Scott, Rebecca and Brianna Singer  
by Lisa Pollack

Alan Laufer's mother  
by Judy Samuels and Avi Gazit

Fernando Ramos, Sr., beloved father of Fernando Ramos  
by Karen Popowsky

Lori Weibman Terranova, beloved sister of Robert Weibman  
by Karen Popowsky

Helene Chaitin, beloved mother of Shari Garfinkel  
by Karen Popowsky

Stephen Cohen, beloved brother of Naomi Altschul  
by Karen Popowsky

### **With gratitude:**

For the classes  
by Gail Keren

### **Ken Guttenplan Memorial Fund**

by Jerry Schwartz

### **Sanctuary Cards**

### **In Honor of:**

The birth of Janice and Jeffrey Cole's grandchild  
by Stuart Baum and Family

### **In Memory of:**

Phil Mann  
by Gail and Chuck Wayne

### **Rabbi's Discretionary Fund**

### **With gratitude:**

We are thankful for Rabbi Yaffe who made sure that we  
had a minyan and a special service on Zoom each night  
of shivah as we mourned the passing of Naomi's  
brother, Stephen.

by Naomi and Stan Atlschul

### **Yizkor**

Janet and Irwin Tobin

## Yahrzeit Donations Made In Memory Of:

**Vera Wirtheim** by Stan Wirtheim  
**Rita Wexler Schamberg** by Irene, Fred, Jeffrey and Rachel Gordon  
**Beatrice Rice** by Toby Rice Golberg and Robert Goldberg  
**Jack Rattien** by Gene Rattien  
**Esther Kupfer** by Rochelle and Herb Mandell  
**Annette Meindel** by Gloria and Phill Steinberg  
**Gussie Haber** by Jackie and Hal Lamkay  
**Philip Lipsitz** by Vivienne Lipsitz and Family  
**Aaron Tobin** by Janet and Irwin Tobin  
**Mary Tobin** by Janet and Irwin Tobin  
**Abraham Rosen** by Janet and Irwin Tobin  
**Molly Rosen** by Janet and Irwin Tobin  
**Ida Gritzhandle** by Susan and Stephen Kanfer  
**Stella Drazin** by Mady Drazin Chudnoff  
**Rose Fagel Jacobson** by Ray Hockstein  
**Mendel Hockstein** by Ray Hockstein  
**Nathan Herman** by Dale and Howard Herman  
**Irving Kizner** by Ivy Miller  
**Beatrice Zagon** by Eileen and Ian Zagon  
**Ruth Hoffer** by Ann and Mark Hoffer  
**Robert Schecter** by Gail Laufer  
**Rhena Stewart** by Larry and Isabel Schwartz  
**Lawrence Kaplan** by Gale Kaplan  
**Steve Feinsilver** by The Feinsilver Family  
**Benjamin Geigerman** by Diane and Mitchell Stein  
**Rose Noodleman** by Beatrice and Neal Drabman  
**Dorothy Goldstein** by Diane Stein  
**Lawrence Sacker** by Paul Sacker  
**Willy Stern** by Carol Jahre  
**Isidore Kuperman** by Lesley Stern  
**Peppi Kaplan** by Gale Kaplan  
**Rose Kaplowitz** by Nadine Rattien  
**Harry Michelson** by Lois Wirtheim  
**Dorothy Cohen** by Fred and Neal Cohen  
**Jack Shar** by Vivienne Lipsitz  
**Rose Welfeld** by the Fedrow Family  
**Blossom Wasserman** by Fred Wasserman  
**Lena Samansky** by Neil and Susan Pepper  
**Samuel Eisenstein** by Stephen Eisenstein  
**Dorothy Streiter** by Susan, Richard Fedrow and Family  
**Joseph Fedrow** by Susan, Richard Fedrow and Family  
**Dorothy Klein** by Cheryl, Alan, Andrew, Lesley, Anna, Morgan, Spence and Avery Klein  
**Rita Israel** by Jeffrey Israel  
**Jack Feiner** by Jeffrey and Cheryl Feiner  
**Isaac Goldman** by Elayne Goldman Siegelman  
**Morris Gottesman** by Renee Gottesman  
**Morris Gottesman** by Gloria Gottesman  
**Riva Lager** by Richard Lager  
**Ann Schneebaum** by Jason and Randy Slakter  
**Alex Greenhut** by Marsha Greenhut  
**Hilda Lander** by Barbara and Larry Kinitsky  
**Mildred Frankel** by Judy Tomasik  
**Esther Raber** by Barbara Raber  
**Ann Cohen** by Tina Anchin  
**Harold Cohen** by Tina Anchin  
**Beckie Rogatz** by Reva Hollander  
**Rose Rice** by Elyse, Teddy, David and Scott Goodman  
**Harry Rice** by Elyse, Teddy, David and Scott Goodman

**Sadie Hahn** by Elyse, Teddy, David and Scott Goodman  
**Isaac Michael Grusd** by Neville and Velma Grusd  
**Benjamin Kessel** by Velma and Neville Grusd  
**Kate Alyssa Sykoff** by June and Alan Sykoff  
**Alvin Simon** by Mitch Simon and Family  
**Alvin Simon** by Fran Simon  
**Alvin Simon** by Rhoda Simon and Family  
**Richard Ehrenreich** by Geraldine Major  
**Rosa Osman** by Franklin and Arlene Osman  
**Arthur Krauss** by The Landau Family  
**Julian Katz** by Felice Katz  
**Benjamin Golub** by Larry and Carol Golub  
**Rose Heyman** by Ruth Heyman  
**Dr. Paul S. Kaufman** by Stacy and Steven Hoffman & Family  
**Rose Stein** by Mitchell Stein  
**Fern Goldstein** by Helene Kestenbaum  
**Maury Singer** by Scott and Dawn Singer  
**Maury Singer** by Eileen Singer  
**Louis Skott** by Helene Kestenbaum  
**Paul Rappaport** by Barbara Raber  
**Celia Blumfarb** by Judith Belfor  
**Judy Minuta** by Nadine Rattien  
**Rudy Bruckenthal** by Ric and Steven Bruckenthal  
**Rebecca Fink** by Marla and Louis Litvin  
**Siegbert Fink** by Marla and Louis Litvin  
**Ruth Michelson** by Lois Wirtheim  
**Abraham Levy** by Randi Rosinsky  
**Israel Feldberg** by Charles Feldberg  
**Nuta Alperstein** by Phyllis Alperstein  
**Sol Drabkin** by Alyce Drabkin  
**Henrietta Weiner** by Alyce Drabkin  
**Rose Markowitz** by Deanne Raffel  
**Samuel Engelberg** by Florence and David Wilk  
**Sydney Milton Block** by Rickie Block  
**Rebecca Sickles** by Carla and Neill Sickles  
**Bernard Schneebaum** by Randy and Jason Slakter  
**Mark Kaufman** by Lynne Shulman  
**Leo Feiner** by The Berkeley Family  
**Leo Feiner** by Eileen and Mike Feiner and Family

### *Thank You*

Steve and I joined L'Dor V'Dor looking for a new spiritual home. We were familiar with the synagogue as we had accompanied our cousins there prior to COVID and liked what we saw and heard.

Having joined on Zoom several times, we decided to venture into the sanctuary for services, and became "regulars" for in person services on Shabbat.

I am also grateful for nightly Zoom services and all who join in. Without these wonderful people who give up 20-30 minutes of their time nightly, I would not be able to say Kaddish for my mom!

Thanks to all,  
Judy Markowitz

# September 2022

SUN	MON	TUE	WED	THU	FRI	SAT
				<b>1</b> Intermediate Hebrew 10 am	<b>2</b>  Kabbalat Shabbat Service 6:00 pm Candle Lighting 7:08 pm	<b>3</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 8:07 pm
<b>4</b> Morning Minyan 8:45 am	<b>5</b> Labor Day Office Closed	<b>6</b> Lunch and Learn Kabbalah Circle 12:00 pm	<b>7</b> Torah and Our Lives 11:00 am  Lunch and Learn Israel & Zionism with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew 9:00 pm	<b>8</b>	<b>9</b>  Kabbalat Shabbat Service 7:30 pm  Installation of Board of Trustees Candle Lighting 6:56 pm	<b>10</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 7:55 pm
<b>11</b> Morning Minyan 8:45 am  Bayside Hills 9-11 Memorial Service 7pm	<b>12</b> Lunch and Learn Israel and Zionism with Cantor Shron 12:30 pm	<b>13</b> Lunch and Learn Kabbalah Circle 12:00 pm	<b>14</b> Torah and Our Lives 11:00 am  Lunch and Learn Israel & Zionism with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew 9:00 pm	<b>15</b>	<b>16</b>  Kabbalat Shabbat Service 6:00 pm  Birthdays and Anniversaries Celebrated Candle Lighting 6:45pm	<b>17</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 8:00 pm  Next Year Jerusalem 8:30 pm  Selichot Service 10 p.m.
<b>18</b> Morning Minyan 8:45 am  High Holiday Workshop 10:15 am	<b>19</b> Lunch and Learn Israel and Zionism with Cantor Shron 12:30 pm  Board Meeting 8:15 pm	<b>20</b> Lunch and Learn Kabbalah Circle 12:00 pm	<b>21</b> Torah and Our Lives 11:00 am  Lunch and Learn Israel & Zionism with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew 9:00 pm	<b>22</b>	<b>23</b>  Kabbalat Shabbat Service 6:00 pm  Candle Lighting 6:33 pm	<b>24</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 7:30 pm
<b>25</b> Morning Minyan 8:45 am  Erev Rosh Hashanah Services 6:00 pm	<b>26</b> Rosh Hashanah Day 1 Shacharit 8:30 am Shofar 10:40 am Co-President's Speech 11:00 am Rabbi's Sermon 11:10 am Adon Olam 1:00 pm Family Sofar Service 3:45 pm Tashlich 5:00 pm Mincha/Maariv 6:15 pm	<b>27</b> Rosh Hashanah Day 2 Shacharit 8:30 am Shofar 10:40 am Rabbi's Sermon 11:00 am Adon Olam 1:00 pm	<b>28</b> Torah and Our Lives 11:00 am  Lunch and Learn Israel & Zionism with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew 9:00 pm	<b>29</b>	<b>30</b>  Kabbalat Shabbat Service 6:00 pm  Candle Lighting 6:19 pm	

**The OLNJC Zoom Experience**  
**Shabbat, Festivals and Sunday Morn. Minyan**  
 No Prayer Book Presentation\*



**Daily Minyan**  
 Prayer Book Presentation



\*A pdf of the prayer book pages for each service is available on the Resources tab on the home page of the synagogue website that can be printed or viewed on a second device. Also, if you would like, we encourage you to come to the synagogue and borrow a Shabbat and Festival Prayer Book for your use at home while participating in services on Zoom.

# October 2022

SUN	MON	TUE	WED	THU	FRI	SAT
						<b>1</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 7:20 pm
<b>2</b> Morning Minyan 8:45 am	<b>3</b> Lunch and Learn Israel and Zionism with Cantor Shron 12:30 pm	<b>4</b>  Erev Yom Kippur  Mincha 5:50 pm Kol Nidre 6:15pm	<b>5 Yom Kippur</b> Shacharit 8:30 am Co-President's Speech 12:40 pm Sermon 12:50 pm Yizkor 1:10 pm Afternoon Break 1:30 pm Ask the Rabbi 4:00 pm Mincha 5:00 pm Neilah 6:15 pm Final Shofar 7:15 pm	<b>6</b>	<b>7</b>  Kabbalat Shabbat Service 6:00 pm  Candle Lighting 6:10 pm	<b>8</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 7:10 pm
<b>9</b> Morning Minyan 8:45 am  Erev Sukkot Maariv 6:30 pm	<b>10</b> Sukkot Day 1 Shacharit 9:00 am  Mincha/Maariv 6:00 pm	<b>11</b> Sukkot Day 2 Shacharit 9:00 am	<b>12</b> Torah and Our Lives 11:00 am Lunch and Learn Israel & Zionism with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew 9:00 pm	<b>13</b>  Intermediate Hebrew 10 am	<b>14</b>  Kabbalat Shabbat Service 6:00 pm  Birthdays and Anniversaries Celebrated  Candle Lighting 5:59 pm	<b>15</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 7:00 pm
<b>16</b> Morning Minyan 8:45 am  Erev Shemini Atzeret  Maariv 6:30 pm Yizkor 6:50 pm	<b>17</b> Shemini Atzeret Shacharit 9:00 am Yizkor 11:15 am  Erev Simchat Torah 7:00 pm	<b>18</b> Simchat Torah Shacharit 9:00 am	<b>19</b> Torah and Our Lives 11:00 am Lunch and Learn Israel & Zionism with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew 9:00 pm	<b>20</b>  Intermediate Hebrew 10 am	<b>21</b>  Kabbalat Shabbat Service 6:00 pm  Candle Lighting 5:48 pm	<b>22</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 6:45 pm
<b>23</b> Morning Minyan 8:45 am	<b>24</b> Lunch and Learn Israel and Zionism with Cantor Shron 12:30 pm	<b>25</b> Lunch and Learn Kabbalah Circle 12:00 pm	<b>26</b> Torah and Our Lives 11:00 am Lunch and Learn Israel & Zionism with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew 9:00 pm	<b>27</b>  Intermediate Hebrew 10 am	<b>28</b>  Kabbalat Shabbat Service 6:00 pm  Candle Lighting 5:39 pm	<b>29</b> Shabbat Morning Service 9:00 am  Havdalah & Maariv 6:40 pm
<b>30</b> Morning Minyan 8:45 am	<b>31</b> Lunch and Learn Israel and Zionism with Cantor Shron 12:30 pm					