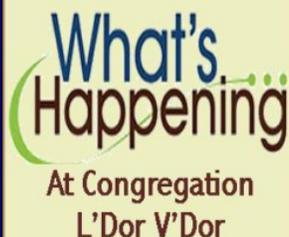


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**All Synagogue Services, Classes and Programs are being conducted via Zoom and can be accessed with the same link.**

Click here to find out



**The most up to date schedule can be found on our website. Click on the "What's Happening" Icon and you will see all that Congregation L'Dor V'Dor is offering.**



# TEMPLE TALK



## Congregation L'Dor V'Dor

Oakland Little Neck Jewish Center

49-10 Little Neck Pkwy. Little Neck, NY 11362

Phone: (718) 224-0404 Email: office@lnjc.org

OLNJC.org

May 2020

Vol. 16 Issue 5

# Let's Talk



## Coping with Covid Discussion Circle

**Two opportunities in May**

**To gather with fellow  
Synagogue members to share  
Via Zoom**

**Feelings, Ideas and Perspectives**

**As we navigate our  
Socially Distant Reality.**

**Tuesdays, May 5th and 19th  
At 8:00pm**

**(see page 12 for more details)**

# May Schedule of Services

## Daily Evening Minyan Sunday—Thursday @7:30 pm

Fri., May 1	Kabbalat Shabbat Service	6:00 p.m.
Sat., May 2	Shabbat Morning Service Havdalah/Maariv	9:30 a.m. 8:25 p.m.
Sun., May 3	Sunday Morning Minyan	8:45 a.m.
Fri., May 8	Kabbalat Shabbat Service	6:00 p.m.
Sat., May 9	Shabbat Morning Service <b>Celebration of Ken Kahaner's 70th Birthday</b> Havdalah/Maariv	9:30 a.m. 8:30 p.m.
Sun., May 10	Sunday Morning Minyan	8:45 a.m.
Fri., May 15	Shabbat Evening Service <b>Birthdays and Anniversaries Celebrated</b>	6:00 p.m.
Sat., May 16	Shabbat Morning Service Havdalah/Maariv	9:30 a.m. 8:40 p.m.
Sun., May 17	Sunday Morning Minyan	8:45 a.m.
Fri., May 22	Kabbalat Shabbat Service	6:00 p.m.
Sat., May 23	Shabbat Morning Service Havdalah/Maariv	9:30 a.m. 8:45 p.m.
Sun., May 24	Sunday Rosh Chodesh Minyan	8:45 a.m.
Thrs. May 28	<b>Erev Shavuot</b> Mincha/Maariv Torah Study	8:00 p.m. 8:30 p.m.
Fri., May 29	<b>Shavuot Day I</b> Shacharit Erev Shabbat/Shavuot II	9:30 a.m. 8:00 p.m.
Sat., May 30	<b>Shabbat/Shavuot</b> Shacharit Yizkor Havdalah/Maariv	9:30 a.m. 11:45 a.m. 8:50 p.m.
Sun., May 31	Sunday Morning Minyan	8:45 a.m.

### Shabbat Candle Lighting

May 1	7:35 p.m.
May 8	7:42 p.m.
May 15	7:49 p.m.
May 22	7:55 p.m.

## From The Rabbi



On March, 13, 2020 the doors to our synagogue were closed and on March 13, 2020 we held our first Kabbalat Shabbat Service via Zoom. For seven weeks, together as a community, we have been praying, learning, laughing, crying, celebrating and being with each other. No, it is not the same, but I am very proud of our community for rallying together to make the most out of a difficult situation and to be there for one another. As we begin this month of May, we have endured seven weeks of social distancing. However, with the miracle of modern technology, we have been bringing the community closer together.

During this time, within our synagogue family, there have 5 houses of Shivah and the Zoom minyans that we had were indeed a great source of comfort to those who are in mourning. In one case, a family with one member in Canada and another in New York, were able to "sit together and to pray together" as they mourned the loss their mother.

On the second night of Pesach, our synagogue hosted a Community Seder and enabled people who otherwise would have been alone to feel the joy of the holiday and to celebrate in a very special way.

Members of our synagogue family have been gathering every single evening for prayer during this time. In the history of our congregation, there has never been a daily minyan. Every day I look forward to saying hello to those who log in, sharing jokes and stories, connecting with each other and with God. In addition to members who live in town, our Zoom services, classes and programs have enabled members who have been unable to return from their winter in Florida and those who have been unable to return from Israel to check in and be a part of the community.

These are just a few of the uniquely positive experiences that have been part of the past seven weeks. I feel honored and privileged to be in the position of helping our synagogue to offer the strength of community during this unprecedented time in our lives.

The sickness and death that has been brought upon our world ways heavily on our hearts. Our inability to live our "normal" lives is a difficult challenge. For some, this is a time of enduring an economic crisis. It is my hope that opportunities that we are offering for prayer, learning and community are truly making a difference.

At the beginning of this pandemic, I received a prayer written by Rabbi Adin Steinsaltz that I have been saying often. I have placed a copy of it below and I hope that you will find it to be a source of comfort and a tool to help focus your thoughts during this difficult time.

I hope that you will take the time to read this issue of Temple Talk. There are some extremely thoughtful and inspiring articles, information about opportunities to help and make a difference, and publicity about the full program that we have planned for this month of May. Looking forward to Zooming to see you soon.

### A Daily Prayer To Recite During This Pandemic

By Rabbi Adin Steinsaltz

**Ruler of the world, Father of mercy, Master of Justice, have mercy and save Your children who dwell in Your world, which You created with the Attribute of Kindness.**

**Rescue them from an unseen enemy, ransom them from death, protect them from dread.**

**Send us Your light to brighten up the broken hearts of orphans, fathers and mothers, men and women who have lost their dearest ones.**

**Send a full recovery to the ill and the afflicted, those on respirators and in isolation; and give strength, might, and hope to Your people, Your land and Your world.**

**Ruler of the world, grant insight to the nations so that they will remove from their hearts the hatred of others at this time.**

**Send the light of Your wisdom into the hearts of those who believe falsehood; enlighten the minds of innocents who hear false reports.**

**Send a spirit of charity and justice into Your world.; Help people build and plant, assist those who are truly suffering. Straighten the paths of the world.**

**Provide a full recovery for the sick of your people, the House of Israel, wherever they are, and for Your children all over the world.**

**Father of Mercy, who is faithful in His covenant, the time has come for You to send to Your world tidings of salvation and redemption which will comfort all Your children and offer them peace and blessings, light and joy.**

## Presidential Matters

by Mitchell Stein

### We are Open for Business – Please Join Us



COVID19-the coronavirus has impacted all of us physically, mentally, socially and possibly spiritually. There is no person on this planet who has not been impacted by this deadly disease. Please accept my sincerest wishes for a speedy and complete recovery from this horrible situation. My biggest wish is that the world will quickly eliminate this pandemic and we can once again resume our “normal” lives. I hope that when this happens I get the opportunity to chat with each and every member so we can enjoy the community we have built and have shared together for so many decades.

Recently, I had to make one of the most difficult decisions of my life. Working very closely with Co-President Steve Aronowitz, Rabbi Yaffe, Audi and a representative group from our Executive Board, we unanimously voted to temporarily lock down our synagogue. We made this well thought out decision based upon the facts we had at the time. We collectively came to this decision a week or two prior to other businesses and houses of worship making this decision. Our highest priority at that time was keeping our staff and members healthy and safe.

After making that decision I had some second thoughts. As we all know, religion continues 24 hours a day, 7 days a week, 365 days a year regardless of the situation. I was extremely concerned that I somehow was taking away members’ ability to express their faith at a time when they may need it most.

Shortly after the doors were locked, an email was sent to the membership and we initiated a phone tree to explain this decision to our congregational family. Very soon after this, we were introduced to Zoom Video Conferencing.

Rabbi Yaffe quickly has become a Zoom expert with many thanks to Cantor Shron who had used this software before. In no time at all, we bounced back and were able to continue the vibrancy of our synagogue programming. On a weekly basis we have the opportunity to attend a Kabbalat Shabbat service on Friday night, Saturday morning services as well as a Saturday night Havdalah service after Shabbat.

We are also continuing with our Sunday morning Minyan and are also holding a daily evening Minyan service. In addition, the Torah Study, Israeli TV and the Conversational Hebrew classes led by the Rabbi and the Cantor have continued.

We were ahead of the curve again and anticipated the celebration of Passover. We held a Seder Workshop, Cantor Shron compiled a beautiful set of Passover songs for us to enjoy, we prepared an on-line Haggadah that was able to be downloaded, held a second night of Passover Seder together and held Passover Services during the first two and last two days of this important holiday. Yizkor Memorial services were also held twice. We participated in our Community Yom Hashoah Program on Sunday April 19<sup>th</sup>. This year’s theme was “Never Again”. We also had our Annual Israel Bond Breakfast (without the breakfast) with a live presentation from Israel by Marc Tobin, son of members, Janet and Irwin Tobin.

If you have not joined us, please do so. We are active and there is plenty of room for more people to join in all that we have to offer. All you need is a computer and some extremely minimal technology skills. If you have any questions, please feel free to contact me, the Rabbi, the Cantor or Audi and we will be happy to make you a Zoom expert too.

I look forward to seeing you on line participating in our many events. Stay well and stay involved. We are here for you in these trying times and always.

We are actively planning our next year at Congregation L’Dor V’Dor and we need your involvement. Although there may be changes with some customs and traditions in our building, we are planning ahead. The members of our Nominating Committee are working hard so that they can present a slate of candidates to comprise our Board of Trustees for the year 2020-2021.

If you want to take a leadership role in managing an extremely successful synagogue, if you want to be a role model for all of our congregational family members, if you want to increase our synagogue’s presence in the community with other houses of worship, community events or local political happenings, if you want to help establish and guide the many activities of the synagogue, if you want to be a member of the financial management team of the synagogue or if you want to provide leadership in maintaining our historic past and leading us into an even greater future, then PLEASE consider joining the Board of Trustees. (See page 6 for details)

## Vice President of Membership

by Karen Popowsky



Who would have thought that the world would undergo a dramatic change since the last issue of Temple Talk? Who would have thought that our lives would be turned upside down and inside out? Who would have thought that Congregation L’Dor V’Dor would have to suspend services in our synagogue building to help stop the spread of COVID-19? Who would have thought that funerals and shiva would have to be at a distance as well. It once was unthinkable, but now it is reality for too many families. Our hearts are broken.

We have all gradually begun to adapt to social distancing. I have adjusted to feeling naked if I forget my mask on a walk ( but I do go back for it). I long to be unmasked! In the meantime, we have each other. We have our families and friends, though at a distance. I have seen many of you at virtual gatherings like Kabbalat Shabbat, Passover Seder, Cantor Shron’s classes and so many more programs. Some faces are new to me and it’s a pleasure to “meet” you. For me, in the absence of the physical presence of loved ones, I value the ability to see friends and family through ZOOM, FaceTime, BlueJeans, Skype or What’sApp. It’s not up close and personal, but as close to it as possible. There’s always the phone call. The sound of someone’s voice you haven’t heard in a long while. The reassurance of hearing someone’s voice. Priceless. Let’s continue to reach out to each other and hear each other’s voices to know that we are well. We all need that connection and we want to remain connected to you. The members of the Membership Committee have been calling and we will continue to call each of you, our valued members of Congregation L’Dor VDor, in the coming days and weeks.

A great big THANK YOU to Rabbi Yaffe and Cantor Shron for being creative with technology and learning how to put Congregation L’Dor V’Dor in our homes. What a difference you both have made for our members. Welcome back to Steve Aronowitz, Co-President of L’Dor V’Dor who has been recuperating from COVID 19. To everyone in our Congregation L’Dor V’Dor family, be well. Stay safe. We will see each other soon.

## CELEBRATE ISRAEL PARADE VIRTUALLY

**SAVE THE DATE!** Sunday, June 7 is still the date for the Celebrate Israel Parade, just not where you would expect it to be. For the first time in the history of the Celebrate Israel Parade ( formerly known as Salute to Israel Parade), the physical parade has been cancelled, but not the virtual parade! Please read this information from Karen Ostrove, the Creative/Education Director of the Jewish Community Relations Council of New York (JCRC):

During this most difficult time of Covid-19, we have come up with a way to express our Love of Israel on Parade Day. We are excited to announce that on June 7th the Celebrate Israel Parade is moving from Fifth Avenue to your home! The Parade team is planning a virtual event that will have the theme of TODAH! This will give us the opportunity to say thank you to healthcare and other frontline workers in New York, across the United States, in Israel, and around the world. We will also say thank you to Parade marching groups, participants and sponsors for the many years of great parades on 5th Avenue as we celebrate the Parade’s 56th anniversary this year!

I want to thank all of you who have marched with Congregation L’Dor V’Dor/ NEQJCC for the past 15 years. This year I hope we will increase our participation by viewing the parade together, either in our own homes or maybe in our synagogue. I can hope, can’t I? As we are committed to Israel, we are also committed to thanking our first responders and healthcare workers world wide. I will share the information regarding TODAH! as soon as I get the information. 6 Feet. Stay safe. Be well.

## From The Cantor

Eight weeks ago, we spent our days “zooming” from place to place. Today, we “Zoom” from the comfort of our homes. Go figure!



What a wild ride it’s been! Most of us now spend 90% or more of our days at home, wear a mask to go food shopping, and haven’t seen loved ones in way too long. And did you ever imagine your Passover seder would ever take place in front of a computer screen?

The past eight weeks have been life-changing for all of us...actually, for everyone around the globe! For some, it’s been depressing. For others, it’s been devastating.

But for many of us at Congregation L’Dor V’Dor...well, it’s kind of been business as usual.

In fact, you could argue that our community has never been closer. Ever since our synagogue Co-Presidents made the painful decision to temporarily close the synagogue on March 13, we’ve gathered online EVERY DAY to pray, to sing, to commiserate, to laugh, to cry, to mourn, to learn, to celebrate, and even just to schmooze.

While we desperately long to be together in person again, we’ve learned to fill the void in beautiful, meaningful new ways online. Some highlights: We’ve held joyous Kabbalat Shabbat services every Friday night, filled with spirit and song. We observed Passover, Yom HaShoa, Israeli Independence Day and more in the most impactful of ways. Alas, we’ve even gathered for funerals online...funerals that, I hope, offered true comfort to the mourners during an incredibly difficult time.

We’ve enabled people to say *Kaddish*, celebrated community birthdays and anniversaries, instituted a daily evening minyan, held roundtable discussions, kept up our schedule of synagogue board meetings, and so much more...keeping our community connected at a time when “community” is more important than ever.

Even if you’re not a regular shul-goer...even if prayer services are not your thing...there’s never been a better time to be part of your community. We have a full schedule of programs, services, and classes, and you will undoubtedly feel less isolated after joining us. Sure, the rabbi and I have been chained to our desks for weeks – but we’ve truly enjoyed every minute.

For me personally, I’ve found the past weeks to be very rewarding. Living 90 minutes away from the synagogue isn’t really an issue these days, and I’ve been able to connect with all of you more than ever before. I see many of you every day!

At home, my Coronavirus experience has been interesting, to say the least. We are a family of seven, living together all day, every day. That means we are responsible for 21 meals a day! We take a family walk daily at 8am, and then my kids’ online classes keep them busy during the day. It feels like every member of our family LIVES on a screen these days.

That’s why Shabbat has become more refreshing than ever. In an era where days seem to bleed into one another, Shabbat is the perfect respite. Sure, we desperately miss going to shul, but Shabbat in the Shron home has been amazing lately. We focus on discussion, board/card games, walking, reading, prayer at home, laughter, good food, and togetherness, and truly enjoy each other’s company (at least until the inevitable sibling rivalry shows its head).

I hope you are staying healthy and sane during these crazy times. Beyond that, I hope you will take advantage of your synagogue at a time that it’s more important than ever. I am so proud of what our community has accomplished in just a few weeks, and I’m proud to play a small role in keeping our community strong and close during these times. I can’t wait to see you in person once again...but until then, I hope you’ll meet me for a virtual hug on Zoom real soon.



## HAPPY MAY BIRTHDAYS

- |                                    |                       |
|------------------------------------|-----------------------|
| 1 Beth Blank                       | 16 Mark Jason         |
| 2 Danielle Becker                  | 17 Benjamin Kind      |
| 2 Mitchell Drucker                 | 17 Rhoda Shapiro      |
| 2 Gail Laufer                      | 17 Mairov Shron       |
| 4 Barbara Raber                    | 17 Cindy Tanenbaum    |
| 4 Adam Schneider                   | 17 Ali Weinberg       |
| 4 Robert Yaffe                     | 18 David Alwadish     |
| 5 Debbie Sosman                    | 18 Wayne Tabachnick   |
| 6 Stephen Sylvan                   | 19 Jeffrey Feinsilver |
| 7 Daniel Grijnsztein               | 20 Esther Forman      |
| 8 Charles Feldberg                 | 20 Ann Lesser         |
| 8 Arielle Kahaner                  | 21 Justin Clair       |
| 8 Valerie Varkonyi                 | 21 Jessica Drucker    |
| 9 Anna Mandelbaum                  | 22 Rebecca Bressler   |
| 10 Pamela Charles                  | 22 David Coons        |
| 10 Kenneth Kahaner                 | 22 Brett Figelman     |
| 11 Gloria Steinberg                | 23 Janis Jason        |
| 13 Maja Nowakowski                 | 25 Joan Ross          |
| 13 Yekaterina Sitnitskaya-Kanvesky | 28 Benjamin Weisberg  |
| 13 Laura Weinberg                  | 29 Jonathan Grenard   |
| 14 Steve Blank                     | 29 Lauren Kahaner     |
| 14 Stephen Heitner                 | 30 Naomi Altschul     |
| 14 Israela Metzger                 | 30 Craig Weibman      |
| 15 Jacob Goldstein                 |                       |

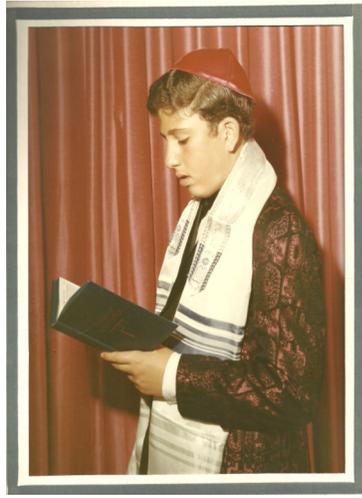


## HAPPY MAY ANNIVERSARIES

- 1 Irwin and Nina Wolf
- 4 Mark and Tracy Berlinsky
- 15 Steven and Lisa Levy
- 16 Paul and Janis Jason
- 18 David and Deanne Raffel
- 18 Richard and Mindy Rosenfeld
- 25 Donald and Helene Schoenholt
- 28 Steven and Meryl Faber
- 28 Jerzy and Maja Nowakowski
- 30 Neil and Carolyn Berman
- 30 Mark and Ann Hoffer
- 30 Phillip and Gloria Steinberg



**Celebrate  
Your May  
Birthday or Anniversary**  
 by receiving a special blessing  
 at Shabbat Evening Services  
**Friday, May 15**  
**6:00 p.m.**



Please join us via Zoom as  
***Ira Levine***  
will chant his Haftarah  
in commemoration of the  
50th anniversary of his becoming a  
***Bar Mitzvah***  
Sunday, May 17th @ 11:30 am  
Joan and Ira Levine  
[Zoom Link](#)

**The members of Congregation L'Dor V'Dor  
Participate In the Effort to Put Food on the table  
for those who are suffering from  
the Economic Crisis caused by COVID-19**

**“Good deeds are done by good people.”** – Talmud

As we face the public health and economic crisis caused by the COVID-19 crisis, fear and uncertainty abound and the need for assistance is great. Food pantries are overwhelmed and require our support.

Together, we can be an essential force for good and help the many in need of food by donating to City Harvest.

\$36 helps to feed 38 children for one week.

\$52 helps to feed a family of 3 for four months.

\$83 helps to feed 30 seniors for three weeks.



BlackRock is matching every gift, dollar for dollar up to \$750,000,  
making what we give twice as impactful.

**Forward your donation, in any amount, payable to Congregation L'Dor V'Dor,  
by May 22, 2020. As a community we will send our help.**

**Or**

**[Click here](#) to make a donation on line.**

# Join The Team That Is Still In Play!

Life has certainly thrown us a curveball! Sports have taken the season off, dining out has been benched and simchas are being held virtually. You are now blessed with extra time at home and extra time to explore new ways to satisfy your innovative and creative juices.

**Why not use some of your newly found time to join a team that is still in play?**

**Our Temple Team is seeking new Board of Trustee members.**

## **Why become a member of the Board of Trustees?**

**Because:**

You take initiative

You like being part of a team

You can think outside the box

You recognize the need to “give back” to our Jewish community

You have a voice to be heard

A position on the Board of Trustees will provide you with an opportunity to bring your unique ideas and expertise to the leadership of the congregation. Your participation will help to ensure that our synagogue is able to continue serving the needs of our members, be a relevant player within our community and strive toward creating a solid game plan for the future. As a member of the Board of Trustees of Congregation L’Dor V’Dor, you will become part of the team to oversee congregational finances, protect our assets and guide our programming.

Board of Trustee members attend monthly meetings, serve on synagogue committees, attend Shabbat services at least once a month and join in synagogue programs periodically throughout the year.

## **Interested? Return This Form By May 22, 2020**

If you are interested in joining our synagogue leadership team, please complete this form and forward it to our Nominating Committee for consideration at [debbiesosman@gmail.com](mailto:debbiesosman@gmail.com) by **MAY 22, 2020**. You can also fill out this form online by [clicking here](#).

Name: \_\_\_\_\_ Are you currently a Board of Trustee Member who is up for reelection? \_\_\_\_\_

Why would you like to be a member of the Board of Trustees?

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What would you bring to the Board of Trustees and the Congregation?

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In which committees would you like to participate?

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# Online Classes

## Lunch & Learn Kabbalah Circle

Tuesdays  
12:00 pm



Join us as Ellen Charlop, Henry Riger and Paul Sacker share their insights and guide us in a dynamic conversation of various elements of our Mystical Tradition.



## Torah and Our Lives

With  
Rabbi Yaffe

Wednesdays  
11:00 a.m. to 12:30 p.m.

A weekly opportunity to connect with wisdom of our tradition and discuss its relevance to our contemporary lives.

This is an ongoing class throughout the year and new students are always welcome! Try it, you might like it!

פרשת  
השבוע  
The Weekly  
Torah Portion



A Modern Approach to Our Most Ancient Text

The book that started it all. Full of wisdom, insight, wonder and mystery...as relevant today as it's been for thousands of years. Ready to study the weekly *parsha* like never before - and make Torah come alive? Join Cantor Shron each week for engaging videos from the Aleph-Beta Academy, and enjoy fascinating insights, lively discussions and good company. You'll come away with a new appreciation for the nuances of our most sacred of texts!

Wednesdays  
6:30 pm

For details, email [jschron@comcast.com](mailto:jschron@comcast.com)  
New Students Always Welcome!

## Lunch & Learn Israel and Zionism With Cantor Shron



Mondays & Wednesdays  
12:30 pm

## Conversational Hebrew With Cantor Joshua Shron Wednesdays at 9:00 pm



### Tachles

A Unique Approach to the Study of Hebrew

*Tachles* is an informal Hebrew learning program that offers participants a "taste of Hebrew" in a refreshing and interactive style. New students are always welcome.



רביעי ישראלי  
Revi'i Yisraeli  
Wednesday 8:00pm



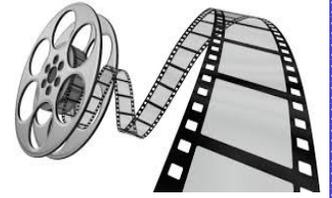
### Fauda Season 3

Get connected to Israel and its culture through hit Israeli TV shows! We've binge-watched hit shows like "Srugim", "Shtissel" and "Fauda". We are now on the 3rd season of Fauda.

*Fauda* is an Israeli political series that focuses on the conflict between Israel and Palestine. The show is loosely based on the experiences of the show's creators when they served in the military. *Fauda* has been hailed as a great series, and it is one of Netflix's most successful Israeli shows.

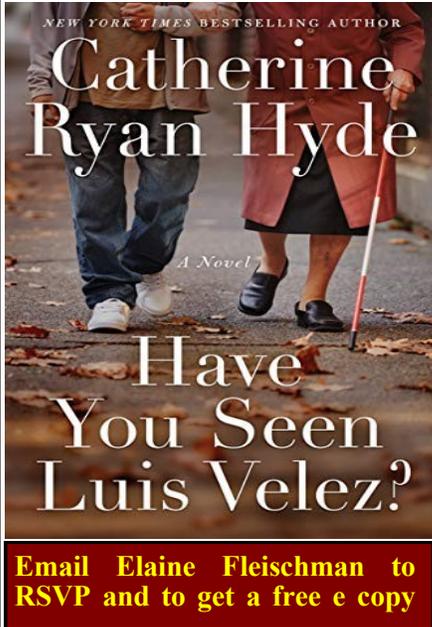


# Cast A Giant Shadow



Join us in our Zoom Room  
Sunday, May 3rd at 2:00 pm

True story of an American Jewish war hero who was recruited by Ben Gurion to help organize the rag tag Israeli forces into a competent force that helped win the 1948 war of Independence. Starring Kirk Douglas, Michael Douglas, John Wayne, Frank Sinatra, Yul Brynner, Senta Berger, Angie Dickinson.



## Sisterhood Book Club

Thursday, June 11 @ 8:00 pm  
Via Zoom

*New York Times* bestselling author Catherine Ryan Hyde brings heartwarming authenticity to the story of two strangers who find that kindness is a powerful antidote to fear.

Raymond Jaffe feels like he doesn't belong. Not with his mother's new family. Not as a weekend guest with his father and his father's wife. Not at school, where he's an outcast. After his best friend moves away, Raymond has only two real connections: to the feral cat he's tamed and to a blind ninety-two-year-old woman in his building who's introduced herself with a curious question: *Have you seen Luis Velez?*

Mildred Gutermann, a German Jew who narrowly escaped the Holocaust, has been alone since her caretaker disappeared. She turns to Raymond for help, and as he tries to track Luis down, a deep and unexpected friendship blossoms between the two.

Despondent at the loss of Luis, Mildred isolates herself further from a neighborhood devolving into bigotry and fear. Determined not to let her give up, Raymond helps her see that for every terrible act the world delivers, there is a mirror image of deep kindness, and Mildred helps Raymond see that there's hope if you have someone to hold on to.

## Jewish Reflections on the Corona Virus

by Ellen Charlop

All at once we find ourselves in this unprecedented situation where a tiny microscopic organism has turned our world upside down. There are no operas or theatre or movies or sporting events. The Olympics have been postponed. Broadway is shut down. There are no social gatherings, no handshaking or hugging or embracing. And we are asked to keep our distance from each other. And to Stay Home. So, what is going on here, on a cosmic level? What can we learn from this and what is the message? There is no word for "Why" in Hebrew. There are only the words "lamah" and "maduah". Lamah or L'mah means for what purpose, why is this happening? And "Maduah", or "Mah Ha'Deyah" means what is the idea here?

Perhaps G-d is trying to tell us something. Because in Judaism, things don't happen by chance. Everything happens for a reason. The very name of the virus, Corona, the Latin word for crown, can suggest the Divine Choreography here. Corona can also mean ray or horn, "keren" in Hebrew, as in the famous depiction of Moses when he descended from Mt Sinai. This seemingly invisible organism has affected our entire world on such a huge scale of Biblical proportions. It's like Noah's flood, affecting the whole world. But it has also created a certain unity amongst humanity. It shows that we are more alike than different. It shows that what I do affects you and what you do affects me.

We are in this together, all of us as One.

The word Covid in Hebrew also has several meanings. It can mean heavy or substantial. Perhaps it beckons us to ask ourselves, what is heavy in our life, what requires work or attention? Covid is also the Hebrew word for respect. What do we need to focus on to live a more respectful life, to be more respectful to ourselves, our family, our community, and to the earth?

By the world slowing down and being still, there is less driving, less travel, and less consumption, and we have already begun to reduce the carbon footprint. China can now see a blue sky, and Venice has fish in the water because of less boats. Even here, the night sky seems darker and the stars seem to shine brighter. Perhaps we can find additional meaning by looking at where we are on the calendar. As I write this article, we are in the Hebrew month of Nissan. This has two words within it- "Neis", meaning miracle, and "Nissayon", meaning to be tested. We are surely being tested right now, as well as witnessing many miracles. As

the virus began to affect us here, we were in the middle of two major Jewish holidays - Purim and Passover, which is a most auspicious time. Purim is a time of hidden miracles where G-d seems to be missing from the story. It is a holiday of masquerade, and ironically, of masks, an item that has become a household word. The unexpected outcomes and reversals in the Purim story, and the salvation of the Jewish people, show that G-d is there, always in charge, even though He appears to be hidden.

Perhaps the message is that G-d wants us to look for Him, to come closer to Him, to recognize Him in everyday events both awesome and ordinary.

Passover, the holiday of redemption and freedom, is a time when G-d displays more open miracles like the 10 plagues and the splitting of the sea. G-d frees us from slavery.

Perhaps the message is that by being confined to our homes we can begin to define what freedom really means. Perhaps by staying inside, we have been given an opportunity to get reacquainted with our essence, who we truly are, without external distractions and bombardment of the outside world. Perhaps this "Sacred Pause" was meant to quiet the world so we can stop and hear ourselves think, and listen to the small still voice of our souls yearning to break free from the tumult and chaos of everyday life, to just stop for a moment and breathe, and notice and pay attention to the miracles of an ordinary day.

To be grateful for the beauty unfolding all around us in every spring flower and bloom of a tree. To be grateful to wake up to another moment with loved ones, to another simple day and to another ordinary week. Nothing should be taken for granted.

There is a Hebrew prayer we say in the morning as soon as we wake up - "Modeh Ani L'fanecha" - thank you for opening my eyes and granting me another day. When you start the day with gratitude you realize how much you are blessed, how very much you have and how fortunate you are. When you start from a place of abundance, a place of plenty, it is hard to be pessimistic. Instead it propels you forward and enables you to be productive and generous and giving of yourself. It allows you to be the best version of yourself.

What is greatness? Greatness is being your best during the worst of times.

My friends, this is the worst of times. But we do our part to stay at home to save a life. At the same time, we are grateful for the bravery of doctors and nurses and scientists, the true heroes of our day, and of this difficult and serious time.

For the shopkeepers and pharmacists and all essential people, still showing up to keep our society going. We hold joy and sorrow in each hand. The two can and do coexist.

Although I am a stay at home person, I know it can be challenging for some. Here are some things you can do to make being at home more manageable and meaningful: Get dressed. When you look good, you feel good. Make a schedule each morning and keep track of the date. Shape your day with meals, chores, activities. Make every day count- "Teach us to count our days that we may acquire a heart of wisdom" Psalm 90:12.

Perhaps we can say "Teach us to make every day count!" Pray- the Psalms are powerful. Ask Hashem for help. Train yourself to fall back into G-d's arms.

Use Visualization-picture yourself going through your day with faith, hearing the news and responding, not reacting, calmly. Turn off the news. Breathe, meditate.

Use Self talk- "We're going to get through this", "Take one day at a time". At the end or at the beginning of each day, express gratitude for something.

Passover is over. But it doesn't really end.

We've crossed the sea. Now we are in the desert, trying to work on ourselves. Trying to figure out where we've been and where we're going; how to be our best in spite of the worst. This period that we now find ourselves in is called the Omer. It weaves Passover to the next holiday that we will celebrate, which is Shavuot. Counting the Omer allows us to perfect a certain character trait each day, preparing us and bringing us closer to the time that we will gather at the Mountain to receive the Ten Commandments. I hope to see you there.

#### **A Poem by Kitty O'Meara**

"And the people stayed home. And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently. And the people healed. And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal. And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed."

#### **A Poem by Laura Kelly Fanucci (adapted for this piece)**

"When this is over, may we never again take for granted, a handshake with a stranger, full shelves at the grocery store, conversations with neighbors, a crowded theatre, a routine check-up, a manicure, a haircut, the school rush each morning, a holiday family gathering, coffee with a friend, the stadium roaring, each deep breath, a boring Tuesday, Life itself.

When this ends, may we find that we have become more like the people we wanted to be, we were called to be, we hoped to be, and may we stay that way - better for each other because of the worst."

# Kabbalah

## Written In The Image of G-d?

By Paul M. Sacker

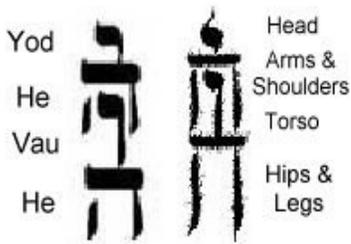
Are we “written” in the image of G-d?

A secret of the Torah is that one of the primary “names” that refers to G-d, the Tetragrammaton, or as it is spelled in Hebrew: Yod-Hey-Vav-Hey (יהוה or just “YHVH”) is not a name at all, but a symbol that represents a greater truth. Like the Greek value  $\pi$ , it is more of an equation, than a string of text.

What does it represent? Basically, Kabbalistic texts imply it is nothing less than the base structure of all of Creation. Essentially, it is a multi-tiered construct of four essential spiritual elements which, like the four molecular combinations of DNA (and that in itself is no coincidence), can be rearranged to near infinite combinations to give rise to everything we can conceive. These elements all originate from the will of HaShem. In fact, in the word, YHVH, Divine Will is represented by the fine tip of the Yod. It is from that tip that all existence stems.

Jewish tradition holds that any document that contains the YHVH must be treated with respect and not simply discarded when no longer of use. Synagogues have special depositories, called *geniza* (Hebrew: "גניזה storage"); to hold books and papers that have the YHVH written on or within them to prevent their casual disposal. Some practices allow for these documents to be buried with a deceased’s coffin as a way to also return them to the “dust of the ground.” Additionally, if we ever drop a *siddur* or *chumash*, we kiss it as a sign of remorse. Even stricter, if, heaven forbid, we drop an actual Torah scroll, there are those who hold that everyone who witnesses the accident must fast for a full forty days!

So, if we approach written documents with such reverence, should we not approach people with an even greater level. According to Jewish wisdom, yes. This is because a human is “created in the image of G-d” (Genesis 1:26). However, exactly what does this mean? Our tradition is strict that G-d has no form, no face we can see and that we can only relate to the Divine based on its perceived actions in our world: “By My actions shall you name Me” (*Shemot Rabba*, 3:6). So, how do we understand the “image” being discussed? One way is to look at the array of letters of the YHVH, the symbol of all realities’ construction, not in their typical horizontal form, but in a vertical one as depicted in this image:



As one can see, when we do this, it’s easy to imagine the array of YHVH makes up a humanoid form. In fact, we can say we are not only created in the image of G-d but are actually “written” in that image. We are made of the holy letters.

Therefore, if we treat a piece of paper that contains YHVH with such care, then should we not treat each other with even greater attention? When we see another in trouble, should we look away or reach out to “lift them up” like we would with a fallen siddur (kissing is of course optional). Indeed, should we take even greater care to see that our fellow citizens do not fall in the first place, like we would with a Torah scroll? This is

the lesson of the most central *mitzvah* of the Torah, “Love thy neighbor as thyself.” (Leviticus 19:18). It teaches us that if we can see the holy writing that creates another, we should seek to treat that individual at least as well as any holy object in the *shul*.

The Torah further provides many ways to do this very deed including instructing us to not only avoid conducting various physical harms to our neighbors but to even prohibit harsh speech or even jealous thoughts towards them. We are really being cautioned that any of these negative actions towards another can cause the canvas upon which the YHVH is written, namely ourselves, to become “desecrated,” and thus cut off from the Divine source until we take appropriate action to correct our behavior.

During this time of quarantine which has isolated us from our neighbors, let’s think of how, when we emerge, we might see everyone as pieces of parchment upon which haShem has inscribed his Holy signature. Imagine entering into this wonderful new world.

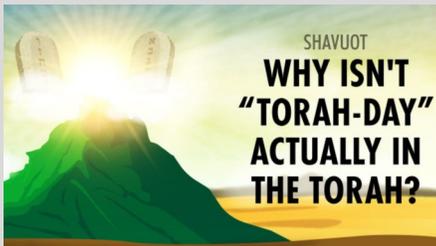
# Shavuot

A Festival  
To Celebrate God's Gift of the Torah  
May 28 — May 30

Erev Shavuot  
Thursday, May 28

Mincha/Maariv  
8:00 p.m.

Shavuot Torah Study  
8:30 p.m.



SHAVUOT  
**WHY ISN'T  
"TORAH-DAY"  
ACTUALLY IN  
THE TORAH?**

Does Shavuot celebrate the giving of the Torah or something else?



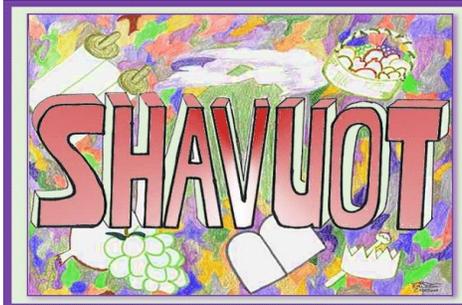
**THE HIDDEN  
STRUCTURE  
OF THE TEN  
COMMANDMENTS**

REMASTERED

Why the 10 Commandments matter in our daily lives.



SHAVUOT  
**THE 'SCANDALOUS'  
BACKSTORY OF  
BOAZ AND RUTH**



Shavuot — Day I  
Friday, May 29  
9:30 a.m.

Shacharit with a  
Re-enactment of the  
Giving of the Torah at  
Mount Sinai with a  
Dramatic Reading of the  
Ten Commandments



Erev Shabbat/Shavuot II  
6:00 p.m.

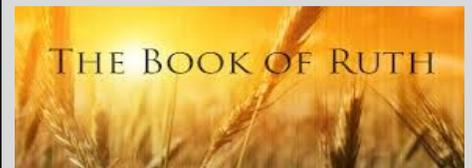
Shavuot — Day II  
Saturday, May 30  
9:30 a.m.

**Shacharit with:**  
Singing of Hallel

Reading the Book of Ruth  
Torah Reading from  
Two Scrolls

Chanting of Haftarah

Yizkor Memorial Service  
11:45 a.m.



THE BOOK OF RUTH



## WE ARE FAMILY

“We are family...” is a familiar line sung by Sister Sledge, a popular singing group from the late 1970s. “We are family” is Congregation L’Dor V’Dor. We are there for each other to share the joy of a new grandchild. We share the joy of the engagement or marriage of a son or daughter. We are *farklempt* when we hear about a college acceptance. We dance for joy when we hear that someone has passed the bar. We are giddy when we learn about a special achievement of a member of our synagogue. And we especially enjoy celebrating birthdays and anniversaries of our LDor VDor family.

When we are needed to comfort our members who grieve the loss of a parent, spouse, child or friend we are there. We reach out to those who need a huge embrace to let them know they are not alone.

We know about many of these life cycle events because we can read about them in Temple Talk. This time more than ever is a great time to recognize these special moments. Donations IN HONOR OF or IN MEMORY OF can be made very easily using the TZEDAKAH BOX that appears on the Congregation L’Dor V’Dor website and can be accessed by [clicking here](#).

In honor of Mothers’ Day in May, I would like to recognize all the mothers, grandmothers and great grandmothers of Congregation L’Dor V’Dor with a donation to our synagogue.

In honor of Fathers’ Day in June, I would like to recognize all the fathers, grandfathers and great grandfathers of Congregation LDor VDor with a donation to our synagogue.

In honor of those who are graduating high school and college, I would like to recognize them with a donation to our synagogue. L’Chaim and Mazal Tov to all of us!

**ANACHNU MISHPACHA! WE ARE FAMILY!**

## COVID-19

by Alyce Drabkin

Solitude – welcomed  
by choice now conquered by  
isolation with its  
brutality

To avoid the chasm of despair,  
I surround myself with music...Edith Piaf...  
and I, a 92 year old widow,  
am nineteen again  
fresh and eager for the long future awaiting  
as I enjoy a bit of Mozart before I  
dance into my kitchen to bake  
the chicken to the strains  
of Louis Armstrong’s  
When The Saints Go Marching In  
A brief but so satisfying  
respite from my new cruel reality

## Yasher Koach!

The members of our Synagogue Family recently contributed to three important campaigns. They were:

**Pack It Up For Purim**     \$1108 was raised to give Purim Gifts of food and essentials for neighbors in need.

**Blue Card Donations**     \$330 was raised in Observance of Yom Hashoah to help sustain Holocaust survivors living below the poverty rate.

**Covid-19 Synagogue Appeal**     \$2658 was raised for the Synagogue in response to the appeal that was made when the Covid-19 pandemic began.

**If you have not responded to the Blue Card appeal or the Synagogue appeal, there is still time to count yourself in as part of the team that makes it happen.**

## Coping With Covid Discussion Circles

By Paul M Sacker

On the evenings of March 26 and April 21, 2020, members of Congregation L’Dor V’Dor joined together via Zoom in virtual “discussion circles.” The purpose of these was to allow participants to share with each other their emotions and experiences while being in a corona-virus lockdown. This was done by having everyone answer a series of brief questions while adhering to simple rules that ensured everyone’s voice could be heard without interruption and in equal time. On the first night we had about 12-13 participants. For the second discussion there were 17! Most members who participated concluded at the end of each event that they felt closer in many ways to their fellows and had learned things about others and even themselves they were not previously aware of.

The mechanics of the discussion circle stem back to ancient cultures. In our own tradition they may have been the inspiration for the concept of a minyan. They lay out instructions for how a group of people with different backgrounds and personalities can come together in the spirit of mutual sharing of thoughts and opinions and thus form a greater unity between them. While ideal for group therapy, circles are also prime ways to resolve conflicts and reach consensus on difficult issues.

I thank Rabbi Yaffe for helping make these events a reality and a success. We plan to hold more events such as these in the future, either revolving around the current lockdown or other topics as interest suggests. Hopefully, we can soon do them in person for an even more intimate experience. Anyone who would like more information, or even would like to form a circle of their own either in the *shul* or with friends and family, can contact me at [RandallCarter8100@gmail.com](mailto:RandallCarter8100@gmail.com).

**General Donations**

**In Memory of:**

Hilda Mirkin, beloved mother of Gary Mirkin  
by Harriet and Richard Spivack

Helen F. Stein, beloved mother of Nina Wolf  
by Nina and Irwin Wolf  
by Elaine Fleischman  
by Mindy and Richard Rosenfeld  
by Harriet and Richard Spivack

Ilse Holz, beloved mother of Steve Holz  
by Evelyn Ruffino

Elizabeth Klein, beloved mother of George Klein  
by Dawn and Scott Singer  
by Desiree and Sonny Shar  
by Harriet and Richard Spivack  
by Karen Popowsky

Jean and Jack David Geringer, beloved parents of Harriet Spivack  
by Debbie and Robert Stoll  
by Nina and Irwin Wolf  
by Harriet Spilkevitz  
by Karen Popowsky  
by Lois and Stanley Wirtheim

Murray Walter Blatt, beloved father of Steven Blatt  
by Harriet and Richard Spivack  
by Mindy and Richard Rosenfeld  
by Dawn and Scott Singer

Terri Kaiden, beloved sister of Allen Kaden  
by Harriet Spilkevitz

Rosalind Festa Marks, beloved mother of Marty Marks  
by Lois and Stanley Wirtheim

**In Honor of:**

Carrie Yaffe's 60th birthday  
by Elaine Fleischman  
by The Baum Family

Rabbi Yaffe receiving his Honorary Doctorate  
by Elaine Fleischman  
by Phyllis Alperstein  
by The Baum Family

Karen's son Aaron's engagement to Amy  
by Mindy and Richard Rosenfeld

Lois and Stan's 70th birthday  
by Mindy and Richard Rosenfeld

Marc Altheim, receiving man of the year  
by Eaine Fleischman

**Sanctuary Cards**

**In Memory of:**

Rosalind Festa Marks, beloved mother of Marty Marks  
by Phyllis Alperstein

Elizabeth Klein, beloved mother of George Klein  
by Phyllis Alperstein  
by Desiree and Sonny Shar

**Sanctuary Cards Continued**

**In Memory of:**

Jean and Jack David Geringer, beloved parents of Harriet Spivack  
by Debbie and Robert Stoll  
by Phyllis Alperstein  
by The Baum Family  
by Nina and Irwin Wolf  
by Harriet Spilkevitz

Terri Kaiden, beloved sister of Allen Kaden  
by Harriet Spilkevitz

**With thanks**

To Rabbi Yaffe and Cantor Shron for your online classes  
by The Baum Family  
by Karen Popowsky

**Get Well Wishes:**

For a full and speedy recovery for Steve Aronowitz  
by The Baum Family  
by Desiree and Sonny Shar  
by Vivienne Lipsitz  
by Nina and Irwin Wolf

**Rabbi's Discretionary Fund**

**With thanks:**

For keeping us all connected during this very difficult time  
by Marjorie Goldstein

To Rabbi Yaffe and Cantor Shron, for the Lecture series  
by Roberta Chavis

**In Memory of:**

Ilse Holz, beloved mother of Steve Holz  
by The Berlinsky Family

**Yahrzeit Donations Made In Memory Of:**

**Irvin R. Silton** by Susan Silton Tobias  
**Louis Pullman** by Sally Perr  
**Florence Selub** by Laura Selub von Schmidt  
**Samuel Barkan** by Laura Selub von Schmidt  
**Thelma Sender** by Carol Riess Ketcham, Doug, Todd  
and Cori Fennegan Ketcham  
**Lily Dicker** by Harriet Joseph  
**Dora Berman** by Neil Berman and Family  
**David Blecher** by Arnold Blecher  
**Irving Sturm** by Alyce Drabkin  
**Renee Posner** by Ric and Steven Bruckenthal  
**Nettie Bruckenthal** by Ric and Steven Bruckenthal  
**Harry Rosenfeld** by Jeffrey Rosenfeld  
**Charlotte Miller** by Allen G. Miller  
**Fanny Silverman** by Mitchell, Robert, and Jonathan Silverman  
**Sam Haber** by Jackie and Hal Lamkay  
**Louis Henry Hollander** by Helen Hollander and Family  
**Bernard Schmall** by Barbara Schmall  
**Judith Rosenfeld** by Mindy and Richard Rosenfeld  
**Mack Warner** by Barbara Malowe  
**Charles Leder** by Malvina Leder and Family  
**Sam Kamel** by The Fedrow Family  
**Harry Joffe** by Myra Sutin  
**Minnie Gelberg** by Arnold Gelberg  
**Harry Schneeberg** by Esther and Saul Spindel  
**Seymour Zlotnick** by Esther and Saul Spindel  
**Bernice Slutsky** by Lawrence Slutsky  
**Ruth Heidecker** by Perry Heidecker

## Yahrzeit Donations Made In Memory Of:

**Isaac Jacobson** by Ray Hockstein  
**Alexander Selinger** by Corrine and Mark Weisberg  
**Max Selig** by The Selig Family  
**Alice Selig** by The Selig Family  
**Alexander Glickman** by Melvin Glickman  
**Ray Simon Barken** by Laura Selb von Schmidt  
**Sheldon Hollander** by Helen Hollander and daughters  
**Gussie Eisenstein** by Stephen Eisenstein  
**Libby Cowan** by Harriet Joseph  
**Leonard Cohen** by Neal, Barbara, Fred and Gail Cohen  
**Nathan Weiner** by Reva Hollander  
**Neil Wax** by Ann and Mark Hoffer  
**Justin Heidecker** by Perry Heidecker  
**Paul Birnbaum** by Ilene Cohen  
**Pearl Rubinstein** by Eileen Gellman  
**Arthur Rappaport** by Barbara Raber  
**Wolf Meltzer** by Sheila Meltzer  
**Jack Welfeld** by Arlene Welfeld Cohen  
**Harry Kass** by Janet Blinder and Rhoda Simon and Families  
**Ethel Katz** by Felice Katz  
**Leo Chalfen** by Mitchell Stein  
**Harry Kaminsky** by Miriam, Greta and Hilda Kaminsky  
**Louis Klein** by Cheryl and Alan Klein, Andrew and Lesley  
**Rose Ester Feldman** by Larry and Joan Feldman  
**George Koenig** by Ellen S. Evans  
**Jacob Julius** by Nancy Julius  
**Irving Bendowitz** by The Richling Family  
**Bessie Rosenson** by Geraldine Ostrov  
**The Bernstein Family** by Beatrice Bernstein  
**Florence Judd** by Robert, Mitchell and Jonathan Judd  
**Chester Barkan** by Eleanor Siegel and Roberta Matthews  
**June Engelberg** by Florence and David Wilk  
**Gloria Loeffler** by Dale and Howard Herman  
**Max Stern** by Bob Stern  
**Josef Erbs** by Cheryl and Jeffrey Feiner  
**Yessula Barach** by Judy Samuels  
**Joseph Hiller** by Fran Kasman  
**Sylvia Levine** by Steven Levine  
**Frieda Koppelman** by Ruth Orenstein  
**Pauline Orenstein** by David Orenstein  
**Lawrence Rose** by Arthur Rose  
**Jack Rubinstein** by Eileen Gellman  
**Nathan Sussman** by Natalie Goldsmith  
**Albert Gordon** by Irene, Fred, Jeffrey and Rachel Gordon  
**Fred Wexler** by Irene, Fred, Jeffrey and Rachel Gordon  
**Frieda Kraus** by Eric and Robert Kraus  
**Shoshana Biderman Kohen** by Ahuva and Joseph Maytal  
**David Pepper** by Neil and Susan Pepper  
**Abraham Weber** by Julius Raber  
**Leatrice Posner** by Nadine Rose  
**Leonard Myerson** by Bernice Myerson  
**Sylvia Rosenblum** by Bernice Myerson  
**Sam Rosenblum** by Bernice Myerson  
**Yetta Bergman** by Roslyn Wakshlag  
**Paula Laufman Kennedy** by Evalyn Kennedy  
**Evelyn Rossoff** by Bernard Cohen  
**Isidore S. Rosenbaum** by Beatrice Nebel  
**Sadie Tropp** by Helen and Rubin Tropp  
**Jenny Weber** by Julian Raber  
**Max Must** by Diane Stein  
**Louis Sussman** by Natalie Goldsmith  
**Murray Roth** by Estelle Roth  
**Siebert Fink** by Marla, Louis, Lance and Cherie Litvin  
**Clarence Wasserman** by Fred Wasserman  
**Ida Stone** by Sylvia Shornick  
**Charles Tenzer** by Arnowitz Family  
**Betty Fay Goldstein Sbar** by Stephanie, Ilyen Sbar and Bernice Goldstein  
**Faye Levine** by Marcia Levine

**Freida Berkeley** by Berkeley Family  
**Arnold Stein** by Mitchell Stein  
**Joseph Mann** by Rona Mann Haber  
**Barri Newman** by Dawn, Scott, Rebecca and Brianna Singer  
**Rae Zagon** by Eileen and Ian Zagon  
**Leon Heyman** by Ruth Heyman  
**Nathan Bruckenthal** by Ric and Steven Bruckenthal  
**Florence Gutman** by Gale Kaplan  
**Morris Stein** by Mitchell Stein  
**Yetta Zlotnick** by Esther and Saul Spindel  
**Irving Gassner** by Esther and Saul Spindel  
**Leonard Feldberg** by Charles Feldber  
**Olga Schwartz** by Beatrice Bernstein  
**William Levine** by Marcia Levine  
**Evelyn Reis** by Gerald Reis  
**William J. Eldst** by Mr. and Mrs. Martin Gross  
**Jerome Schamberg** by Rita Schamberg, Irene, Fred, Jeffrey and Rachel Gordon  
**Linda Rose** by Arthur Rose  
**Bertha Burger** by David Burger  
**Sam Poll** by Carol Poll  
**Abraham Stern** by Bob Stern  
**Henrietta Kasman** by Ron and Fran Kasman



# *Thank You!*

**The Spivack/Geringer Family  
wishes to thank those whose presence  
(virtually) and words of condolence have  
eased the grief and sorrow of the passing  
of our parents, Jean and Jack Geringer.**

**We greatly appreciate how our temple  
family has rallied to show support during  
these difficult and unprecedented days.**

**We are deeply grateful to our Rabbi Yaffe  
and Cantor Shron for their compassion  
and spiritual guidance through the valley  
of the shadow of death.**

**Thank you all.**

**Harriet, Richie and our entire Family  
Ira and Adam**

## Cell Phone Donations

Dear friends,

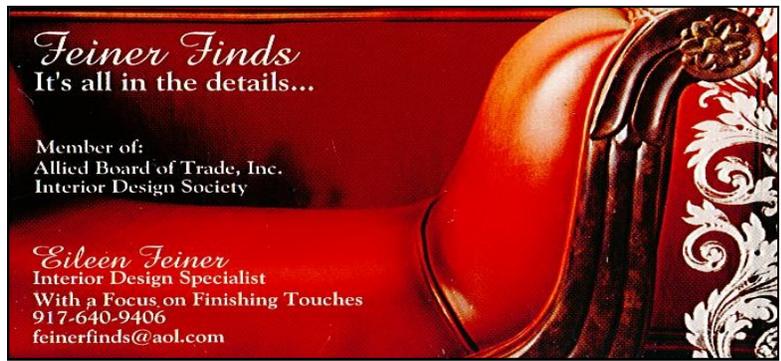
I hope you are all well and discovering new, creative and exciting adventures during our time at home. Before we were asked to hunker down in our houses, I made a run to Edward Jones, financial adviser in Bayside, who graciously accepts your unwanted phones. These phones are then refurbished to be sent to our overseas soldiers for 2 1/2 hours of free time.

Thank you for your phones, please continue to look for the undiscovered phone, ask a neighbor, your family or anyone you speak with and collect those phones to be brought to the synagogue when we resume our services.

Everyone stay safe, exercise, eat healthy, reach out to your family, friends and the most vulnerable.

Sending hugs and peace to everyone,

Elaine Fleischman



## Baruch Dayan Emet

*The members of  
Congregation L'Dor V' Dor  
mourn the loss of*

*Albert Stern*

*and we extend our condolences to:*

*Marty Marks  
on the loss of his beloved mother,  
Rosalind Marks-Festa*

*Paul Jason  
On the loss of his beloved mother,  
Beatrice Ann Jason*

*George Klein  
on the loss of his beloved mother,  
Elizabeth Klein*

*Harriet Spivack  
On the loss of her beloved parents,  
Jean and Jack David Geringer*

*Steven Blatt  
On the loss of his beloved father,  
Murray Walter Blatt*

*May their memory be a blessing and a  
source of strength and inspiration.*



## Mazel Tov !

To the Proud  
Grandparents

**Dale and Howard Herman**

On the birth of their grandson  
**Asher Finn Moy-Herman**  
and to the parents

**Drs. Judy Moy and Brad Herman**



## Mazel Tov !

To the Proud  
Grandparents

**Shari and Neil Garfinkel**

On the birth of their grandson  
**Noah Liam Finkelstein**  
and to the parents

**Alyssa and Jeff Finkelstein**



## Mazel Tov !

To the Proud  
Grandparents

**Eileen and Michael Feiner**

on the birth of their granddaughter  
**Emerson Lila Feiner**  
and to the parents

**Jess and Lindsay Feiner**



# May 2020

SUN	MON	TUE	WED	THU	FRI	SAT
<h2>Sunday –Thursday</h2> <h3>Evening Minayan @ 7:30 pm</h3>					<b>1 Omer 22</b>  Kabbalat Shabbat Service 6:00 pm  Candle Lighting 7:34 pm	<b>2 Omer 23</b>  Shabbat Morning Service 9:30 am  Havdalah & Maariv 8:25 pm
<b>3 Omer 24</b>  Morning Minyan 8:45 am	<b>4 Omer 25</b>  Lunch and Learn Israel and Zionism with Cantor Shron 12:30 pm	<b>5 Omer 26</b>  Lunch and Learn Kabbalah Circle 12:00 pm  Covid 19 Discussion Circle 8 pm	<b>6 Omer 27</b>  Torah and Our Lives Online 11:00 am  Lunch and Learn with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew 9:00 pm	<b>7 Omer 28</b>  Intermediate Hebrew 10 am	<b>8 Omer 29</b>  Kabbalat Shabbat Service 6:00 pm  Candle Lighting 7:41pm	<b>9 Omer 30</b>  Shabbat Morning Service 9:30 am Ken Kahaner 70th Birthday Celebration  Havdalah & Maariv 8:30 pm
<b>10 Omer 31</b> Mother's Day Morning Minyan 8:45 am	<b>11 Omer 32</b>  Lunch and Learn Israel and Zionism with Cantor Shron 12:30 pm  Board Meeting 8pm	<b>12 Omer 33</b>  Lunch and Learn Kabbalah Circle 12:00 pm	<b>13 Omer 34</b>  Torah and Our Lives Online 11:00 am  Lunch and Learn with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew	<b>14 Omer 35</b>  Intermediate Hebrew 10 am	<b>15 Omer 36</b>  Kabbalat Shabbat Service 6:00 pm Celebrating Birthdays and Anniversaries  Candle Lighting 7:48pm	<b>16 Omer 37</b>  Shabbat Morning Service 9:30 am  Havdalah & Maariv 8:40 pm
<b>17 Omer 38</b>  Morning Minyan 8:45 am	<b>18 Omer 39</b>  Lunch and Learn Israel and Zionism with Cantor Shron 12:30 pm	<b>19 Omer 40</b>  Lunch and Learn Kabbalah Circle 12:00 pm  Covid 19 Discussion Circle 8 pm	<b>20 Omer 41</b>  Torah and Our Lives Online 11:00 am  Lunch and Learn with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew	<b>21 Omer 42</b>  Intermediate Hebrew 10 am	<b>22 Omer 43</b>  Kabbalat Shabbat Service 6:00 pm  Candle Lighting 7:54 pm	<b>23 Omer 44</b>  Shabbat Morning Service 9:30 am  Havdalah & Maariv 8:45 pm
<b>24 Omer 45</b> Rosh Chodesh Sivan  Morning Minyan 8:45 am	<b>25 Omer 46</b> Memorial Day	<b>26 Omer 47</b>  Lunch and Learn Kabbalah Circle 12:00 pm	<b>27 Omer 48</b>  Torah and Our Lives Online 11:00 am  Lunch and Learn with Cantor Shron 12:30 pm  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 8:00 pm Conversational Hebrew	<b>28 Omer 49</b>  Erev Shavuot  Mincha /Maariv 8:00 p.m. Shavuot Torah Study 8:30 p.m.	<b>29 Shavuot</b>  Shavuot Services 9:30 am  Erev Shabbat/ Shavuot Service 8 pm  Candle Lighting 8:00 pm	<b>30 Shavuot</b>  Shabbat/Shavuot Morning Service 9:30 am  Yizkor; 11:45 am  Havdalah & Maariv 8:50 pm
<b>31</b> Morning Minyan 8:45 am						