

Help Defeat The Scourge of White Nationalist Terrorism

**CHRISTIAN PICCIOLINI**  
 COUNTER-EXTREMISM SPECIALIST AND  
 FORMER WHITE SUPREMACIST



**Tuesday, March 17**  
**7:30pm**  
**at Temple Sinai of Roslyn**  
 425 Roslyn Road • Roslyn Heights, NY 11577  
 516.621.6800 • mysinai.org

**BREAKING HATE:**  
**A FORMER EXTREMIST'S JOURNEY**

Christian Picciolini is an award-winning television producer, public speaker, author, peace advocate, and a reformed violent extremist. His life's work bears witness to an ongoing and profound need to atone for a grisly past and an urgency to make something of his time on this planet by contributing to the greater good.

**DON'T MISS THIS POWERFUL, INSPIRATIONAL, AND MEANINGFUL EVENT**

Photo ID required for admission  
 Suitable for students in 8th grade and above

**RSVP REQUIRED by March 10 at mysinai.org/breakinghate**

*presented free of charge by*

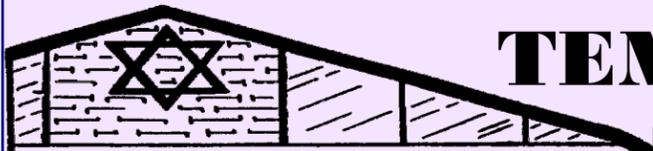


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Flyers:  
 Antisemitism Movie at Great Neck Cinemas  
 Breaking Hate: A Former Extremist's Journey

**Town Hall Meeting**  
**Monday, May 11**  
**7:30 pm**  
 A discussion of future plans for our congregation  
**Let Your Voice Be Heard**  
 (See Presidential Matters, pg. 3)



**TEMPLE TALK**

Congregation L'Dor V'Dor  
 Oakland Little Neck Jewish Center  
 49-10 Little Neck Pkwy. Little Neck, NY 11362  
 Phone: (718) 224-0404 Email: office@lnjc.org

OLNJC.org March / April 2020 Vol. 16., Issue 4

*Mi She Nichnas Adar, Marbim B'Simcha!*  
*When The Month Of Adar Begins, Our Joy Is Increased!*

*From Purim to Pesach to Yom HaAtzmaut,*  
*On Shabbat and Days In Between;*  
*We have great plans to increase our joy*  
*during this special season.*

**Join Us!**

**March & April Highlights**

<i>An Evening of Jewish Learning</i>	March 7	pg. 8
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<i>Pack It Up For Purim</i>	March 8	pg. 10
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<i>AIPAC Policy Conference Highlights</i>	March 15	pg. 4, 9
<i>Assemble Bags For Yom Hashoah</i>	March 24	pg. 14
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<i>Pesach Sameach!</i>	April 8-16	pg. 13
<i>Yom Hashoah Observed</i>	April 19	pg. 14
<i>News, Wisdom and Insight from Israel</i>	April 26	pg. 15
<i>In anticipation of Yom HaAtzma-ut</i>		
<i>Presented by Israel Bonds</i>		
<i>Honor Marc Altheim, Man of the Year</i>	April 26	pg. 16

**March/April Schedule of Services**  
**Sunday Morning Minyan Each Week at 8:45 a.m.**

Fri., March 6	Kabbalat Shabbat Service	6:30 p.m.
Sat., March 7	Shabbat Morning Service	9:00 a.m.
Fri., March 13	Kabbalat Shabbat Service	6:30 p.m.
Sat., March 14	Shabbat Morning Service 70th Birthday Celebrations of Lois & Stan Wirtheim Kabbalah Circle	9:00 a.m. 12:30 p.m.
Fri., March 20	Shabbat Evening Service <b>Birthdays and Anniversaries Celebrated</b>	6:30 p.m.
Sat., March 21	<b>Shabbat Morning Experience</b> Breakfast Shacharit Torah Service Musaph Kiddush/Lunch	9:00 a.m. 10:00 a.m. 10:30 a.m. 11:15 a.m. 12:00 p.m.
Fri., March 27	Kabbalat Shabbat Service	6:30 p.m.
Sat., March 28	Sisterhood Shabbat Morning Service <b>Aufruf: Jamie Fishkin and Seth Faber</b>	9:00 a.m.
Fri., April 3	Kabbalat Shabbat Service	6:30 p.m.
Sat., April 4	Shabbat Morning Service	9:00 a.m.
Thrs., April 9	Pesach Services Day I	9:30 a.m.
Fri., April 10	Pesach Services Day II Erev Shabbat Chol HaMoed Service	8:30 a.m. 6:30 p.m.
Sat., April 11	Shabbat Chol HaMoed Pesach Service Kabbalah Circle	9:00 a.m. 12:30 p.m.
Tues., April 14	Erev 7th Day of Pesach Service	7:30 p.m.
Wed., April 15	Pesach Service Day VII Erev 8th Day of Pesach Service Yizkor Memorial Service	9:30 a.m. 8:00 p.m. 8:20 p.m.
Thrs., April 16	Pesach Service Day VIII Yizkor Memorial Service	9:30 a.m. 11:45 a.m.
Fri., April 17	Shabbat Evening Service <b>Birthdays and Anniversaries Celebrated</b>	6:30 p.m.
Sat., April 18	<b>Shabbat Morning Experience</b> Breakfast Shacharit Torah Service Baby Naming: Nava Kind Musaph Kiddush/Lunch	9:00 a.m. 10:00 a.m. 10:30 a.m. 11:15 a.m. 12:00 p.m.
Fri., April 24	Kabbalat Shabbat Service	6:30 p.m.
Sat., April 25	Shabbat Morning Service Aufruf: Jason Sylvan & Katie Robertson	9:00 a.m.

Shabbat Candle Lighting			
March 6	5:34 pm	April 3	7:04 pm
March 13	6:42 pm	April 10	7:12pm
March 20	6:50 pm	April 17	7:19 pm
March 27	6:57 pm	April 24	7:26 pm

**From The Rabbi**



At this time of year there are two holidays, Purim and Passover that are observed within one month of each other. On both of these holidays we celebrate the redemption of our ancestors from the hands of evil tyrants who wished to destroy them. Because of these two holidays and their prominence in the annual cycle of the seasons, it has been suggested that the essence of the celebration of Jewish holidays can be summed up in the following words:

They tried to destroy us, G-d saved us, let's eat!

Although Purim, Passover and Chanukah, three of the most popular and beloved of Jewish holidays, could be described like this, they are so much more. However, the suffering and persecution aspect of Jewish history that is at the center of these holidays is indeed a core element of a Jewish identity. Observing holidays on an annual and periodic basis on which we tell the stories of slavery and surviving the experience of both physical and spiritual attacks as a minority at the hands of the majority helps to engender within the Jewish soul compassion for the oppressed, gratitude for the blessings of freedom and peace and a responsibility to work for and to promote equality and justice for all and an eradication of bigotry and hatred within our world.

The stories of the historical suffering that the celebrations of Purim and Pesach require us to tell are based on these Biblical passages.

**Purim**

*And Haman said unto king Ahasuerus, There is a certain people scattered abroad and dispersed among the people in all the provinces of thy kingdom; and their laws are diverse from all people; neither keep they the king's laws: therefore it is not for the king's profit to suffer them. If it please the king, let it be written that they may be destroyed: and I will pay ten thousand talents of silver to the hands of those that have the charge of the business, to bring it into the king's treasuries. (Megillat Esther 3:8-9)*

**Passover**

*Pharaoh said unto his people: 'Behold, the people of the children of Israel are too many and too mighty for us; come, let us deal wisely with them, lest they multiply, and it come to pass, that, when there is a war, they will join with our enemies, and fight against us.*

The Bible was never meant to be a history book, but rather it is a guide to life that reflects the reality of the world throughout all time. We read the passages of the Bible to get an insight into life so that we can do what we can to successfully confront the challenges that face us. The Jewish story is that we have survived and thrived in spite of those who have tried to use their power to oppress, persecute and even to annihilate us. In our own day, there is an alarming rise of antisemitism here in America and across the world.

It is my prayer that our observance of Purim and Passover will strengthen us in our resolve to combat the evil forces that have been unleashed by embracing with pride and strength our Jewish identity and recommitting ourselves to living a life that is focused on our responsibility to bring light to where there is darkness, to promote peace and harmony while eradicating division and hatred. As Jews, it is our role to strive to be a light among the nations by learning from our sacred texts and using our knowledge and understanding to fix the parts of our world that are in need of fixing. May our celebrations of Purim and Passover bring meaning to our lives and goodness to our world.

**DON'T FORGET!**  
**SATURDAY NIGHT, MARCH 7TH**  
**MOVE CLOCKS AHEAD ONE HOUR!**

**Viral: Antisemitism In Four Mutations**

**A Documentary playing at Great Neck Cinemas at The Squire**

**March 6th—March 12th**

By virtually every yardstick, antisemitism in the US and Europe is rising and worsening in ways not seen since the 1930s. It comes in the forms of vandalism, social media abuse, assault and murder. Like a virus, it mutates and evolves across cultures, borders and ideologies, making it all but impossible to stop. Filmmaker Andrew Goldberg explores its infectious behavior in his film "Viral: Antisemitism in Four Mutations" as he travels through four countries to speak firsthand with victims, witnesses, antisemites, and interviewees including Bill Clinton, Tony Blair, Fared Zakaria, George Will and Deborah Lipstadt.

The film examines how some on the American far right have incited such acts as the mass shooting at the Tree of Life Synagogue in Pittsburgh, PA. In Hungary, we see how the Prime Minister has launched a massive campaign against Jewish Holocaust survivor and billionaire George Soros that's reminiscent of Nazi propaganda. Moving to the far left in England, we see members of the traditionally anti-racist Labour party conflating Israel and Jews, causing tremendous pain for the Jewish community. And in France, the film illuminates the seemingly endless wave of violence against Jews by Islamists and radicals.

The increasing bigotry, and at times violence, within each of these four countries paints a terrifying portrait of how global hatred disseminates and harms. As activist Maajid Nawaz says in the film, "If we don't draw a red line in the sand when it comes to antisemitism, Muslims will be next, gays will be next and everyone else who is deemed a minority will be next."

**Featuring Interviews With:**



**JULIANNA MARGULIES    GEORGE WILL    DEBORAH LIPSTAD    TONY BLAIR    BILL CLINTON    FAREED ZAKARIA**

**"BRUTAL, YET VITAL ... THE MOVIE IS MUST-SEE VIEWING IN OUR CURRENT AGE OF RISING GLOBAL HATRED AGAINST NOT ONLY JEWS, BUT ETHNIC MINORITIES EVERYWHERE."**

**Hammer To Nail**

# April 2020

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>1</b>	<b>2</b> Intermediate Hebrew 10:00am	<b>3</b>  Kabbalat Shabbat Service 6:30 pm  Candle Lighting 7:04 pm	<b>4</b> Shabbat Morning Service 9:00 am
<b>5</b> Morning Minyan & Breakfast 8:45am	<b>6</b>	<b>7</b>	<b>8</b> Siyyum Bechorim 6:30 am  No Erev Shabbat Services  1st Seder  Candle Lighting 7:10 pm	<b>9</b> Pesach I Services 9:30 am   2nd Seder	<b>10</b> Pesach II Services 9:30 am  Kabbalat Shabbat Services 6:30 pm  Candle Lighting 7:12 pm	<b>11</b> Pesach III Shabbat Morning Service 9:00 am  Kabbalah Circle 12:30 pm
<b>12</b> Pesach IV Morning Minyan & Breakfast 8:45am	<b>13</b> Pesach V	<b>14</b> Pesach VI   Erev 7th Day of Pesach Service 7:30 pm	<b>15</b> Pesach VII Services 9:30 am   Erev 8th Day of Pesach Service 8:00 pm Yizkor 8:20 pm	<b>16</b> Pesach VIII Services 9:30 am  Yizkor 11:45 am	<b>17</b>  Kabbalat Shabbat Service 6:30 pm  Birthdays & Anniversaries Celebrated  Candle Lighting 7:19 pm	<b>18</b>  <b>Shabbat Morning Experience:</b>  9:00 am Breakfast 10:00 am Shacharit 10:30 am Torah Service <b>Baby Naming: Nava Kind</b> 11:15 am Musaph Service 12:00 pm Kiddush/Lunch
<b>19</b> Morning Minyan & Breakfast 8:45am  Yom Hashoah Observance at Marathon JCC 1 pm	<b>20</b>   Board Meeting 8:00 pm	<b>21</b>	<b>22</b>  Torah and Our Lives 11:00 am  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 7:30 pm Conversational Hebrew 8:30 pm	<b>23</b>  Intermediate Hebrew 10 am	<b>24</b>  Kabbalat Shabbat Service 6:30 pm  Candle Lighting 7:26 pm	<b>25</b>  Shabbat Morning Service 9:00 am  <b>Aufruf: Jason Sylvan and Katie Robertson</b>
<b>26</b> Morning Minyan & Breakfast 8:45am  News Wisdom and Insight from Israel With Marc and Dr. Dodi Tobin 10 am  Men's Club Gala honoring Marc Altheim 12:30 -5pm	<b>27</b>      <b>Yom Hazikaron Service 7:30 pm</b>	<b>28</b> Yom Hazikaron	<b>29</b> Yom HaAtzmaut  Torah and Our Lives 11:00 am  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 7:30 pm Conversational Hebrew 8:30 pm	<b>30</b>  Intermediate Hebrew 10 am		

## Presidential Matters

by Steve Aronowitz



I am confused. Like Tevye in *Fiddler On the Roof*, our dilemma is puzzling. On one hand, the numbers tell the story. Our community has changed. On the other hand, look what is happening here, practically every day. On the other hand, our congregation is getting older, members are moving away. On the other hand, there is an excitement, an enthusiasm that is palpable. On the other hand, can we deny the demographics? Potential member families hardly exist. Are we at the point that there is no other hand?

As co-president of the synagogue and co-chairperson of the Consolidation Committee, and along with individuals who also are grappling with the task of choosing which hand, I can't dismiss the feeling I have each Shabbat, each activity, each dinner event, even at each meeting: there are intangibles that will be difficult to replace if our address changes.

If you believe – like I do – that the synagogue has the responsibility to bring people together to practice the values of our faith through education, bikur cholim, and tzedakah, then if you are not taking advantage of participating in all that our synagogue is offering, you are missing what is happening here almost daily.

Here's one example: on Thursday night, February 26, we hosted a program sponsored by *Renewal*, an organization that "...helps patients and their families navigate the complex process of kidney transplant, from finding a donor to arranging the transplant and beyond." A family member of one of our congregants is suffering from chronic kidney disease. Over 50 community members attended. Why do we open our doors? Because that is who we are; this is what we are about!

And how about the Shabbat Across America dinner attended by well over 100 people and nearly 50 friends from neighboring synagogues – at our Shul, hosted by us! And that's the point – we are the community center. Over and over again, it is L'Dor V'Dor and we have come to count on our synagogue as the place to be. We know it's here for us. Have we taken the synagogue for granted???

There are countless examples of how we raise our hands to help those in need, in our area, across the country, in Israel, throughout the world. And the feeling we gain for such effort is internal; it makes us feel good, it is the right thing to do. Tzedakah is a fundamental belief that we all support and practice. When there is an issue, problem, or crisis, the Shul and our membership are quick to help by reaching into our pockets, providing food and sundries, or volunteering our time.

However, the issue remains: while Congregation L'Dor V'Dor may NOT be in immediate crisis, we are rapidly approaching a critical juncture. Salaries and operating expenses continue to rise. New costs for security and maintenance of the building need to be absorbed into our operating budget. Each of these items contribute to our increasing budgetary deficit.

Now, we face a different kind of dilemma. Consolidate or dig deep – through fundraising and individual efforts. The consolidation committee has met with the leadership of several neighborhood synagogues. We are in the beginning of this journey.

But...as I was considering a topic for this edition of Temple Talk, I thought about the missing piece, so to speak. Hearing from the membership of our congregation, as many members as possible.

I would like to invite all who are interested to come and meet with the Consolidation Committee and tell us what you think, present your thoughts. All I am asking is your commitment to join us for one hour.

For example, we need help as to effective fundraising ideas. We want to continue our dialogue with you to gain a better understanding of your issues, concerns, needs and desires related to our budget, dues structure, security, and the potential for merging.

Now is the time to help ourselves while continuing working on our plan for sustainability, before we are in crisis.

**I have set Monday evening, May 11th at 7:30 p.m. for a Town Hall Meeting. This is the opportunity for the Consolidation Committee and the synagogue leadership to get direction regarding where we go (or stay) .**

## From The Cantor



Having had the privilege of visiting Israel several times, I can tell you that every trip is special, memorable, and unique. Each visit has its own special flavor, and never fails to leave me with a sense of awe. My most recent trip in January was no exception.

My eldest son Simcha has been studying in Israel for the past year and a half (he'll be coming home on March 30). His school has an annual parents' week at the end of January, and Simcha had been bugging me to attend this year. Having not seen him since September, I decided to break open my small piggy bank of frequent flyer miles and book a "free" flight to the Holy Land. I'm so glad I did.

For those who don't know, Simcha's been spending his time in a yeshiva program in Mevasseret Zion (about 10 minutes north of Jerusalem), which combines Judaic studies with lots of tours and experiences. The vast majority of his high school friends did the same, spending a "gap year" (or more) at yeshivot throughout the country. But having never visited a school like his myself, I was a little apprehensive of the experience. Would it be full of rabbis in long coats, long beards, and black hats? Would I feel completely out of place in such an environment?

I needn't have worried. After spending three mornings in the yeshiva, I must say I was impressed and inspired by the experience. While some of the teachers may have (well-groomed, normal-sized) beards, they and their students clearly love Judaism, Torah, and the State of Israel. Who can argue with that?

Each morning by 10:30 am, the *beit midrash* (house of study) was packed, with students pairing up with their peers (and this week, with their parents) to pour over sacred texts on their own – teaching and learning from one another along the way. The energy in the room was amazing, and I was impressed by the kids' devotion to their studies. Simcha spent some time teaching me what he was learning, with sources from the Talmud, the Torah, and the many commentators on each. He blew me away with his understanding of the texts, and his ability to translate from the Hebrew.

However, as much as I enjoyed the time with my son (and the food, and the atmosphere, and the music, and the time with my parents and sister, and did I mention the food?), Shabbat was undeniably the highlight of my trip. The school had organized a Shabbat experience in the Old City of Jerusalem, with meals and activities provided by the school. I found an Airbnb around the corner from the Western Wall, and arrived on Friday excited to spend Shabbat in the center of the universe.

I haven't been to the *kotel* (Western Wall) on a Friday night since I was 13 years old...and it was worth the wait. Despite a bit of hail (yes, in Israel!), we sang, danced, and welcomed Shabbat with tremendous joy and spirit. The communal Shabbat meals were delicious, accompanied by inspiring speeches, tons of spirited singing, and warm camaraderie. Truly, this was Shabbat as it is meant to be observed.

The best part? On Friday night, we took a walking tour of the Old City's Jewish Quarter. I learned so much about the history of this beautiful neighborhood, including its heroic "rescue" from Jordanian control in 1967. Then, after lunch the next day, the school offered a FASCINATING walking tour of the Muslim Quarter. I've never had the opportunity to explore this part of Jerusalem. It turns out there are yeshivot, synagogues, and plenty of Jews who live, study, and pray in the Muslim Quarter. We visited one of the Jewish-owned apartment buildings, and climbed to the roof where we were treated to THE MOST SPECTACULAR view of Jerusalem I've ever seen. This image will forever remain etched in my memory whenever I think of the majestic city of Jerusalem.

Some people like to travel to exotic beaches, historical sites, adventure destinations, and theme parks. For me, however, Israel is my dream destination, no matter how many times I've visited. The country never fails to take my breath away, and offers a strong shot in the arm of Jewish and Zionist pride.

When was the last time YOU visited? Well, if you're interested in music and culture, it just so happens I'll be leading a musical tour of Israel this August in conjunction with my Israeli music radio show and podcast, "Israel Hour Radio". Take a look at the insert in this month's Temple Talk for details, and contact me at [jshron@comcast.net](mailto:jshron@comcast.net) with any questions. This year in Jerusalem!



# A Report From the AIPAC Policy Conference

## Saturday, March 7 @ 12:30 pm Following Kiddush



This year Rabbi Gordon and Carrie Yaffe, Cantor Shron, Irina and Morgan Starr were delegates together with 18,000 Israel Advocates at the American Israel Public Affairs Committee (AIPAC) Policy Conference. Join us after Kiddush on Shabbat to hear some reflections on this important event.

### Coronavirus Disease 2019

Congregation L’Dor V’Dor is committed to the health, safety and well-being of the congregation and our community. We carefully are monitoring NYS DOH, CDC and OSHA and taking immediate precautions as the Coronavirus (COVID-19) continues to spread. The following is a summary of information and recommendations.

#### What is coronavirus?

Coronaviruses are a large family of viruses that are common in people and many different species of animals. COVID-19 Novel (meaning “new”) coronavirus is a virus strain that has only spread in people since December 2019. There are thousands of confirmed cases in China and additional cases being identified in a growing number of countries internationally; recently including the United States.

#### How does novel coronavirus spread?

The virus that causes COVID-19 likely emerged from an animal source, but now appears to be spreading person to person. As virus is very new, health authorities continue to carefully watch how this virus spreads. Other coronaviruses spread from an infected person to others through:

- The air by coughing and sneezing (through virus containing droplets)
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes which provides access of the virus’ cell receptors to your lung cells (it only infects your lungs)

#### How can I prevent getting novel coronavirus?

You can reduce and prevent spread of flu, common cold as well as coronavirus by:

- Washing hands often with soap and water for at least 20 seconds. If not available, use hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Avoid close contact with people who are sick
- Avoid handshaking, hugging or kissing - Respectfully offer a bow, fist or elbow bump with an explanation
- Stay home while you are sick and avoiding contact with others\*
- Cough or sneeze into a disposable tissue and discard
- Cleaning and disinfecting frequently touched objects and surfaces

#### How severe is novel coronavirus and what are the symptoms?

People infected have had illness that ranges from mild (like a common cold) to severe pneumonia requiring medical care in a hospital. So far, deaths have been reported mainly in older adults who had other underlying health conditions.

People diagnosed with COVID-19 have symptoms that may appear in as few as two (2) days or as long as 14 days after exposure. Symptoms may include fever, cough, shortness of breath and pneumonia.

#### How is novel coronavirus treated?

No vaccine or specific treatment is currently available to prevent novel coronavirus infection. Most people with mild coronavirus illness will recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications. However, some people develop pneumonia and need medical care or treatment in a hospital.

**Immediately contact your healthcare provider or nearest emergency room and seek guidance and medical care if you develop symptoms (feel sick with fever, cough or trouble breathing), and have been in close contact with a person known to have COVID-19 or if you have recently traveled from an area with widespread or ongoing community spread of COVID-19**

#### For more information:

NYS COVID-19 Hotline: 1-888-364-3065  
 NYS COVID-19 Website: <https://www.health.ny.gov/diseases/communicable/coronavirus/>  
 Additional information is available from [CDC.gov](https://www.cdc.gov/) and [OSHA.gov](https://www.osha.gov/)

# March 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1 Morning Minyan & Breakfast 8:45am	2	3	4 Torah and Our Lives 11:00am  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 7:30 pm Conversational Hebrew 8:30 pm	5	6  Kabbalat Shabbat Service 6:30pm  Candle Lighting 5:34 pm	7 Shabbat Morning Service 9:00am  Kiddush sponsored by Ken Guttenplan in honor of the anniversary of his becoming a Bar Mitzvah AIPAC Reflections 12:30 pm Jewish Learning at SSDS of Long Island 7:30 pm Move Clocks ahead one hour
8 Morning Minyan & Breakfast 8:45am  Pack It Up For Purim 10:00 am	9 Purim Pizza Party 5:45 pm  Erev Purim Festivities Maariv 7:00 pm Megillah Reading 7:20 Costume Parade 8:00 pm Hamentaschen 8:30 pm	10 <b>Purim</b>	11 Torah and Our Lives 11:00am  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 7:30 pm Conversational Hebrew 8:30 pm	12 Intermediate Hebrew 10:00am	13  Kabbalat Shabbat Service 6:30pm  Candle Lighting 6:42 pm	14 <b>Shabbat Morning Service</b> 9:00am Lois and Stan Wirtheim's Birthday Celebration Kabbalah Circle 12:30 pm
15 Morning Minyan & Breakfast 8:45am  AIPAC Policy Conference Highlights 7:00 pm	16  Board Meeting 8:00 pm	17  Breaking Hate: A Former Extremist's Journey Temple Sinai of Roslyn 7:30 pm	18 Torah and Our Lives 11:00am  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 7:30 pm Conversational Hebrew 8:30 pm	19 Intermediate Hebrew 10:00am	20  Kabbalat Shabbat Service 6:30pm <b>Birthdays &amp; Anniversaries Are Celebrated</b>  Candle Lighting 6:50 pm	21 <b>Shabbat Morning Experience:</b> 9:00 am Breakfast 10:00 am Shacharit 10:30 am Torah Service 11:15 am Musaph Service 12:00 pm Kiddush/Lunch
22 Morning Minyan & Breakfast 8:45am	23	24  Assembling Yom Hashoah Bags 7:00 pm	25 Torah and Our Lives 11:00am  Parashat Hashavuah 6:30 pm Revi'i Yisraeli 7:30 pm Conversational Hebrew 8:30 pm	26 Intermediate Hebrew 10:00am	27  Kabbalat Shabbat Service 6:30pm  Candle Lighting 6:57 pm	28 Sisterhood Shabbat Morning Service 9:00 am  <i>Aufruf</i> <i>Jamie Fishkin</i> <i>and</i> <i>Seth Faber</i>
29 Morning Minyan & Breakfast 8:45am  Dead Sea Scroll Lecture by Larry Schiffman 10:30 am	30	31	<b>Viral: Antisemitism In Four Mutations</b> A Documentary playing at Great Neck Cinemas at The Squire <b>March 6th—March 12th</b>  <b>See Flyer For Details</b>			

**Yahrzeit Donations Made In Memory Of:**

Jack Birns by Tammy Wurzak  
 Elsie Gross by Lesley Stern  
 Louis Siegelman by Elayne Siegelman  
 Mary Wolf by Nina and Irwin Wolf  
 Ludwig Tutsch by Susan, Steve and Samantha Marcus  
 Pearl Weinberg by Ronnie Goldstein  
 Harry Weinberg by David Goldstein  
 Rita Engel by The Zaken Family  
 Isaac Pollak by Esther and Don Forman  
 Fay Katz by Renee and Joseph Schissel  
 David Katz by Renee and Joseph Schissel  
 Jacob Schissel by Renee and Joseph Schissel  
 Esther Hockstein by Ray Hockstein  
 Alexander Hockstein by Debby, Ray and Alyssa Hockstein  
 Jerry Kind by Peter and Esther Kind  
 Heyman Gellman by Bernard and Eileen Gellman  
 Herta Kaufman by Helen Hollander and daughters  
 Max B. Weinstock by The Roberts Family  
 Egga Riebeck by Desiree and Sonny Shar  
 Mollie Roiter by Arlene Cohen and Family  
 Gertrude Roth by Arlene Cohen and Family  
 Anna Frieda Stern by Carol Jahre  
 Carl S. Rodin by Susan Rodin Rosenfeld  
 Sylvia Dorn by Ruth Heyman  
 Roslyn Raber by Barbara and Julian Raber  
 Clara Rebecca Roberts by The Roberts Family  
 Irwin Litvin by Marla, Louis, Lance and Cherie  
 Philip Perman by Eileen Perman Baker  
 Herbert Baum by The Baum Family  
 Sylvia Weiner by Reva Hollander  
 Sol W. Aronson by Burton Aronson  
 Jack Leventhal by Linda Stuhl  
 Ernest Holz by The Holz Family  
 Gary Holz by The Holz Family  
 Ira Drazin by Jay and Mady (Drazin) Chudnoff  
 Cheryl Alberghine by Debbie and Robert Stoll  
 Sydelle Greenhut by Marsha Greenhut  
 Bessie Must by Diane Stein  
 Irving Cohen by Elyse Clair and Ron Cohen  
 Morris Tobias by Martin Tobias  
 Sara Eisenstein by Stephen Eisenstein  
 Annie Shar by Vivienne Lipsitz  
 Morris Sussman by Natalie S. Goldsmith  
 Aaron Lamkay by Harold Lamkay  
 Dorothy Kuperman by Lesley Stern  
 Nessim Telvi by Sylvia and Harold Bernholz  
 Bessie Telvi by Sylvia and Harold Bernholz  
 Pearl Ostrow by Sylvia and Harold Bernholz  
 Doris Moskowitz by Eileen Feiner  
 Malka Perman by Eileen Perman Baker  
 Yitzchak Perman by Eileen Perman Baker  
 Samuel Kerner by The Nowaskowski Family  
 Gussie Stern by Bob Stern  
 Sam Miller by Barbara Miller  
 Ceil Miller by Barbara Miller  
 Samuel Sender by Barbara and Joel Metter  
 Thelma Sender by Barbara and Joel Metter  
 Ben Kostell by Eileen and Ian Zagon  
 Rachel Berg by Isabel and Larry Schwartz  
 Ben Nebel by Beatrice Nebel  
 Olga Koenig by Ellen S. Evans  
 Irwin Wax by Ann and Mark Hoffer  
 Bonnie Mellow by Debbie and Robert Stoll  
 Rosalyn Wolf by Irwin Wolf  
 Joseph Must by Diane Stein  
 Louis Reynolds by Joan Weibman  
 Pauline Carlin by Bernice Goldstein  
 George Han by Ted, Elyse, David and Scott Goodman  
 Ruth Kamel by Susan and Rich Fedrow and Family  
 Sallie Kay Siegel by Deanne Raffel  
 Arthur Intrator by Sheryl Intrator  
 Esther Leventhal by Linda Leventhal Stuhl  
 Charlotte Schecter by Gail Laufer  
 Ludolf Heidecker by Perry Heidecker  
 Samuel Sender by Carol, Riess, Todd, Doug Cori Finn Ketcham  
 Max Schrieber by Madeleine H. Schreiber  
 Irving Schrieber by Madeleine H. Schreiber  
 Jennie Pines by Harriet Spilkevitz  
 Annette Stein by Mitchell Stein  
 Tracy Alison Fleisher by Rhoda and Sam Fleisher  
 Lottie Gassner by Esther and Saul Spindel  
 June Engelberg by Mona and Stephen Toback

**Yahrzeit Donations Made In Memory Of:**

Suzanne Sonkin by Harriet Spilkevitz  
 Gerald Bogen by Elaine Hirsch  
 Rachel Meltzer by Irving Meltzer  
 Sylvia Rosenfeld by Jeffrey Rosenfeld  
 Francis Batt by Elaine Fleischman and Family  
 Rebecca Fink by Marla, Louis, Lance and Cherie Litvin  
 Seymour Levine by Joan and Ira Levine  
 Evelyn Silva by The Goldgeier Family  
 Samuel S. Marcus by Steve, Susan and Samantha Marcus  
 Jenny Launer by Nancy Robbins  
 Rose Gellman by Bernard Gellman  
 Clifford Hostein by Ellen and Jay Auster  
 David Weiss by Howard and Karen Weiss  
 Roslyn Rosenberg by Elayne Siegelman  
 Yitzchak Wakshlag by Roslyn Wakshlag  
 Michael Leder by Elyse Clair and Malvina Leder  
 Charles Leder by Elyse Clair and Malvina Leder  
 David Pines by Harriet Spilkevitz  
 Sam Haber by Mindy and Richard Rosenfeld  
 Marvin Goldman by Elayne Siegelman  
 Edith Pavony by Estelle Weiss  
 Faye Levine by Rhoda Shapiro

**Baruch Dayan Emet**

*The members of  
 Congregation L'Dor V'Dor  
 mourn the loss of*

**Ilse Holz  
 and  
 Arnold Honig**

*and we extend our condolences to:*

**Gary Mirkin**  
*on the loss of his beloved mother, Hilda Mirkin*

**Nina Wolf**  
*on the loss of her beloved mother, Helen F. Stein*

**Melissa Berkowitz**  
*on the loss of her beloved father, Selwyn Berkowitz*

*May their memory be a blessing and a  
 source of strength and inspiration.*

**Thank You!**

*Thank you Rabbi Yaffe and my Cong. L'Dor V'Dor family for all your  
 support during the tough time after my mother passed away.*

*Charlie Mandelbaum and Family*

*Thank you for holding Ilse and Gary Holz close in their last years.  
 Ilse and Gary both cherished Congregation L'Dor V'Dor.*

*In gratitude,  
 Judith Herzfeld*

*To my Synagogue Family,  
 I will forever cherish your expressions of  
 kindness and love, prayer and support,  
 during this very difficult time.  
 May my beautiful mother, Helen's, joy for living  
 inspire us all to live life to the fullest.*

*Nina Wolf*

*Thank you so much for all your support during a very difficult time for my  
 family and me. Thank you also to all those who participated in the services.  
 Rabbi Yaffe and members of the congregation went beyond anything we  
 could have expected. I hope you know what a difference you made to us all.*

*Bea Artz*

*The Congregation is invited  
 to join together with*

**Lois & Stan Wirtheim**

*As they Celebrate their  
 70th birthdays  
 At Shabbat Morning Services  
 Saturday, March 14  
 At 9:00 am*

*A Kiddush Luncheon will  
 immediately follow services*

*RSVP to the synagogue office  
 at 718-224-0404*



**Sisterhood Shabbat  
 Saturday, March 28**



Join us for a beautiful Shabbat Morning when the  
 women of our Sisterhood will

Lead us in prayer  
 Read from the Torah  
 Chant the Haftarah  
 Enlighten us with a D'var Torah.

Men and women are encouraged to attend!  
 During this service Jamie Fishkin and Jeff Faber  
 will be called to the Torah for an Aufruf  
 in anticipation of their wedding.  
 All are invited for Kiddush and Lunch  
 following the service.

**Let Your Voice Be Heard!**

**Cast your vote to elect delegates to the World Zionist Congress**

Every five years, American Jews have a unique opportunity to voice our opinion on the future of Israel and to strengthen the foothold of Conservative/Masorti Judaism by voting in the World Zionist Congress election. This election is the only political arena in Israel where Diaspora Jews have a seat at the table—the only time that the Israeli government is accountable to world Jewry.

The World Zionist Congress election is taking place now and will continue until March 11, 2020. 152 Delegates will be elected to the Congress from the United States. It's up to all of us to ensure that these delegates represent our views by voting for MERCAZ | Slate #6 - the official voice of Conservative/Masorti Judaism.

A vote for MERCAZ is our best opportunity to send a strong message to the Israeli government and people of Israel that we stand for an Israel that is democratic and pluralistic, that recognizes and empowers all streams of Jewish practice, and that guarantees the civil and political rights of all of its citizens.

It's time to vote, to be heard and to promote these values.

If you care about the continued growth of the Conservative/Masorti Movement in Israel and a more open Israeli society; if you object to the ultra-Orthodox's monopoly on religious life, including all life-cycle events; and if you care deeply about preserving Israel as a homeland that is welcome to all Jews, then:



**Vote Today-MERCAZ Slate #6 –  
 The Voice of Conservative/Masorti Judaism  
 Go to: [www.ZionistElection.org](http://www.ZionistElection.org)**



**Vice President of Membership  
 by Karen Popowsky**



Welcome home, SNOW BIRDS! Welcome SPRING! We can see signs of a new season when we see familiar faces back at Congregation L'Dor VDor and crocuses and daffodils springing up in my garden.

It's a real balancing act for the Membership Committee to plan events between dates on the Jewish calendar with dates on the Gregorian calendar.

We welcome suggestions for future Membership events that will appeal to a variety of audiences. Whether sponsored by Membership, Sisterhood, Men's Club or the Congregation, we encourage you to mark your calendars so you don't miss any speakers, dinners or holiday observances. We are a very friendly place so remember to invite your friends and family to our synagogue.

The Membership Committee wishes you, our congregation, a very Happy and Sweet Passover.

**Celebrate Israel Parade**

OMG! It's really around the corner! A Fifth Avenue corner that is! Yes, the Celebrate Israel Parade is on Sunday, June 7, 2020. The Northeast Queens Jewish Community Council (NEQJCC) proudly sponsors a group that includes Congregation L'Dor V'Dor and 9 other synagogues every year. It's about 15 years that our synagogue has been participating in this very important event and if 2020 will be your first time or your 16th time, it's always time to march in this parade. NEQJCC's theme is FOCUS ON ISRAEL and our banner and our parade shirts will reflect that theme. Mark your calendars and join us! As always, a donation of \$18 gets you a parade shirt, a seat on the parade bus and day to remember! Worth every penny! SAVE THE DATE: Sunday, June 7, 2020.

**Mazel Tov!**

**Karen Popowsky is pleased to  
 announce the engagement of her  
 son, Aaron to his lovely fiancée  
 Amy!!**



### HAPPY MARCH BIRTHDAYS

- |                      |                       |
|----------------------|-----------------------|
| 1 Ilene Streim       | 17 Richard Sosman     |
| 2 Elyse Clair        | 17 Jenna Sykoff       |
| 3 Aaron Popowsky     | 18 Kenneth Guttenplan |
| 3 Paul Ross          | 18 Mark Hochman       |
| 4 Ruth Heyman        | 18 Stephen Leder      |
| 4 Yanna Kvurt        | 19 Stephanie Charles  |
| 4 Steven Lusthaus    | 19 Lorna Katz         |
| 4 Lindsay Verola     | 19 Lawrence Unger     |
| 5 Andrew Lamkay      | 21 Samantha Bressler  |
| 5 Jonathan Lamkay    | 22 Andrew Laufer      |
| 6 Jeremy Auster      | 22 Michael Laufer     |
| 7 Jarett Greben      | 22 Sarah Laufer       |
| 7 Vera Mamber        | 22 Fran Simon         |
| 7 Arthur Rose        | 23 Hillary Goldstein  |
| 7 Sarah Sherman      | 23 Melissa Goldstein  |
| 9 Stephen Kanfer     | 23 Isabel Lesser      |
| 9 Linda Litvack      | 23 Julia Lesser       |
| 9 Jack Sherman       | 24 Estelle Roth       |
| 9 Myra Sutin         | 25 Janet Tobin        |
| 9 Kirby Weinberg     | 26 Florence Feldman   |
| 9 Mark Weisberg      | 26 Sam Mindlin        |
| 9 Stanley Wirtheim   | 26 Gerald Schwartz    |
| 10 Charles Junger    | 27 Leslie Drucker     |
| 11 Robert Altheim    | 27 Jeremy Kotlyar     |
| 11 Sara Cohen        | 27 Marisa Yeres       |
| 11 Joshua Garfinkel  | 28 Roni Glaser        |
| 12 Andrew Cole       | 28 Hillary Reinharz   |
| 12 Daniel Hodes      | 30 Delia Biton        |
| 12 Ari Shron         | 30 Marjorie Goldstein |
| 14 Susan Kanfer      | 30 Samantha Grenard   |
| 15 Brianna Neiderman | 30 Alex Reinharz      |
| 17 David Garber      | 30 Robert Starr       |
| 17 Ray Hockstein     | 31 Meryl Faber        |
|                      | 31 Craig Greben       |



### HAPPY MARCH ANNIVERSARIES

- 5 Debby and Ray Hockstein
- 8 Sheila and Arnold Blecher
- 8 Marjorie and Norman Leblang
- 11 Ronnie and David L. Goldstein
- 14 Jerelyn and Bernard Cohen
- 18 Leslie and Mitchell Drucker
- 26 Stacey and David Levine
- 31 Lesley and Robert Stern



**Celebrate  
Your March  
Birthday or Anniversary**  
by receiving a special blessing  
at Shabbat Evening Services  
**Friday, March 20**  
**6:30 p.m.**



### HAPPY APRIL BIRTHDAYS

- |                      |                        |
|----------------------|------------------------|
| 2 Jacob Grijnsztein  | 17 Marissa Grijnsztein |
| 3 Lindsay Charlop    | 17 Marisa Lusthaus     |
| 3 Michael Feinsilver | 18 Susan Charlop       |
| 3 Steven Glaser      | 18 Alyssa Hockstein    |
| 3 Lawrence Roberts   | 18 Andrew Schneider    |
| 4 Isaac Schlosser    | 18 Cantor Joshua Shron |
| 5 Jenny Tanenbaum    | 20 Donald Tanenbaum    |
| 6 Nadine Rattien     | 20 Irwin Tropp         |
| 6 Joan Weibman       | 21 Julie Aronowitz     |
| 7 Samuel Fleisher    | 22 Joseph Maytal       |
| 7 Erica Sosman       | 22 Jacob Neiderman     |
| 7 Irwin Wolf         | 22 Susan Tobias        |
| 8 Alan Laufer        | 22 Danielle Blatt      |
| 8 Joan Levine        | 24 Ethan Blatt         |
| 8 Lawrence Schwartz  | 24 Sally Coons         |
| 10 Howard Herman     | 24 Bruce Kauffman      |
| 10 Rochelle Hoffman  | 25 Brad Herman         |
| 10 Sanders Kurtz     | 25 David Jason         |
| 10 Natalie Levin     | 26 Lillian Resnick     |
| 11 Leah Auster       | 28 Laura Greenblatt    |
| 11 Selma Goldberger  | 28 Jennifer Heitner    |
| 12 Jerelyn Cohen     | 28 Robin Sherman       |
| 12 Marcia Kops       | 29 Kyle Berlinsky      |
| 13 Adam Sherman      | 29 Gavin Grusd         |
| 14 Robin Figelman    |                        |
| 14 Rebecca Shaller   |                        |
| 15 Nina Wolf         |                        |
| 16 Ilene Cohen       |                        |
| 16 Lauren Slakter    |                        |



### HAPPY APRIL ANNIVERSARIES

- 1 Roni and Steven Glaser
- 6 Belle and Paul Stein
- 19 Terry and Michael Makover



**Celebrate  
Your April  
Birthday or Anniversary**  
by receiving a special blessing  
at Shabbat Evening Services  
**Friday, April 17**  
**6:30 p.m.**

### Donations (January 1, 2020—February 27, 2020)

#### In Honor of:

Carrie Yaffe's 60th birthday  
by Elyse Clair and Ron Cohen  
by Heather and Steven Blatt  
by Marla and Louis Litvin  
by Lois and Stanley Wirtheim  
by Saradona and Leonard Lefkowitz  
by Ann and Mark Hoffer

The birthday of Sandra Becker (mother of Carrie Yaffe)  
by Saradona and Leonard Lefkowitz

Elyse Clair receiving a Lifetime Achievement Award at Equinox  
for her outstanding sales performance  
by Marjorie Goldstein

Rabbi Yaffe receiving his Honorary Doctorate  
by Elyse Clair and Ron Cohen  
by Heather and Steven Blatt  
by Marla and Louis Litvin  
by Estelle Weiss and Merrill Rosen  
by Lois and Stanley Wirtheim  
by Mildred and Charles Feldberg  
by Mindy and Richard Rosenfeld  
by Rabbi Joel and Beverly Mishkin  
by Desiree and Sonny Shar  
by Saradona and Leonard Lefkowitz  
by Ann and Mark Hoffer

Rabbi Yaffe and his beautiful services, especially those held for my mother

by Susan Tobias

Bea Nebel's birthday

by Nadine and Eugene Rattien

Emily Fleisher's birthday

by Nadine and Eugene Rattien

Jeri Marcus and Bernie Cohen's grandson, Russell

by Estelle Weiss and Merrill Rosen

Jeff and Janice Cole's grandson Ethan's 1st birthday

by Gail and Chuck Wayne

Stan and Lois Wirtheim's birthday.

by Ann and Mark Hoffer

Rhoda and Sam Fleisher's anniversary

by Nadine and Eugene Rattien

Rhoda Fleisher's birthday

by Nadine and Eugene Rattien

#### In Memory of:

Ruth and Nathan Tanenbaum

by Donald and Cindy Tanenbaum

Ilse Holz, beloved mother of Steve and David Holz

by Lotte Reinhold and Evi Iglauer

by Carol Moore

by Geraldine Major

by Nadine and Eugene Rattien

by Eva Herzfeld

by Malvina Leder

Arnold Honig, beloved husband of Dorothy Honig

by Malvina Leder

by Mildred and Charles Feldberg

by Nadine and Eugene Rattien

Samuel S. Marcus, beloved husband of Harriet Marcus

by Steve, Susan and Samantha Marcus

Helen F. Stein, beloved mother of Nina Wolf

by Phyllis and Jeffrey Bass

by Elaine Fleischman

by Dawn and Scott Singer

by Phyllis Alperstein

by Debbie and Robert Stoll

by Marjorie Goldstein

Hilda Mirkin, beloved mother of Gary Mirkin

by Phyllis Alperstein

Tracy Fleisher, beloved daughter of Rhoda and Sam Fleisher

by Nadine and Eugene Rattien

Shayna Malka bat Shlomo Yosef and for her Nashama to have an aliyah

by Mr. and Mrs. William Artz

### Yahrzeit Donations Made In Memory Of:

#### Refuah Shleima

Get well wishes for Audi's son, Edwin Alvarado's full and speedy recovery  
by Nadine and Eugene Rattien

Thinking of Audi's son and a successful rehabilitation  
by Esther and Peter Kind

#### Sanctuary Cards

#### In Memory of:

Ilse Holz, beloved mother of Steve and David Holz

by Elyse Clair and Ron Cohen

by Mindy and Richard Rosenfeld

by Gale Kaplan

by The Baum Family

by Esther and Don Forman

Arnold Honig, beloved husband of Dorothy Honig

by The Baum Family

by Gale Kaplan

by Elyse Clair and Ron Cohen

by Esther and Don Forman

Helen F. Stein, beloved mother of Nina Wolf

by Mindy and Richard Rosenfeld

#### Refuah Shleima

Janet Tobin, for a full a speedy recovery

by Joan and Paul Ross

by Mindy and Richard Rosenfeld

#### In Honor of:

The marriage of Amanda Altheim to Jordon Burt

by Mindy and Richard Rosenfeld

The marriage of Lori Saslow and Harvey Goldstein's son,

by Mindy and Richard Rosenfeld

Carrie Yaffe's special birthday,

by Esther and Don Forman

Rabbi Gordon Yaffe's Honorary Doctorate

by Esther and Don Forman

#### Rabbi's Discretionary Fund

#### In Honor of:

Howard Litvack's birthday

by Gail Riegler

#### Mazel Tov:

In joyful celebration of Rabbi Yaffe's honorary doctorate and Carrie's special birthday.

by Joan and Paul Ross

#### In Memory of:

Ilse Holz, beloved mother of Steve and David Holz

by Judith Herzfeld

by Evelyn Ruffini

by Ivy Miller

by Andrea Passes

by Sheryl Berlinsky

#### With Thanks:

To Rabbi Yaffe for his help in preparation for Peter's celebration of the 50th anniversary of his becoming a Bar Mitzvah

by Esther and Peter Kind

To Rabbi Yaffe for his visit to see my mother

By Harriet Spivack

#### Kiddush Fund

#### In Memory of:

Ilse Holz, beloved mother of Steve and David Holz

by Judith Herzfeld

by Evelyn Ruffini

by Ivy Miller

by Andrea Passes

by Sheryl Berlinsky

# Congregant's Corner

## Who Knows One? The Numbers of Passover

by Ellen Charlop

In our lives we are surrounded by numbers, but rarely do we stop to ask what they mean. Each and every Hebrew letter has a numerical value associated with it. This is called Gematria. Maybe that's why we Jews are so into counting and numbers. The word Chai, for example, means life. It has a numerical value of 18. Therefore the number 18 has come to have the meaning of Life!

The Passover Seder is filled with numerical themes, each with its own significance. The very first part of a traditional seder is to sing a song whose lyrics are nothing more than the 15 steps of the seder. This is to emphasize that the Passover Seder is a 15 part process which is meant to transform and elevate us each step of the way. The ancient temple in Jerusalem was known to have 15 steps leading up to the Holy of Holies. The Levites would sing the 15 Shir HaMaalot Psalms, or Songs of Ascent, as they climbed the holy staircase. So too are the steps of the Seder meant to transform us to a higher level of mindfulness and awareness. Each step of the Seder has a body and a soul, a simple practice attached to a deeper lesson. But why 15? Fifteen is a number that is significant because G-d's name can be found hidden within it. The gematria of the Hebrew letter Yud is 10, and the gematria of the Hebrew letter Hey is 5, together forming the name of G-d, Yah, and the number 15. The moon is always full on the 15th day of the lunar calendar month, symbolizing its highest potential. The first day of Passover falls on the full moon, or the 15th of Nissan, symbolizing our redemption and our potential for greatness.

Each cup of wine, each blessing, each song and each reading is designed to bring us to a new level of consciousness. When we sing "Mah Nishtana Ha'Laiyla HaZeh- How is this night different?", what we are really asking is, how am I different this year? How am I freer and what is still holding me back? These are the energies meant to be ignited by the Seder.

Other numbers associated with the seder are 3, 4, 7 and 10.

During the Seder there are 3 Matzot on the table representing, the Cohen, Levi and Israelite, but also may represent the three Patriarchs, Abraham, Isaac and Jacob.

The number 4 seems to dominate the seder. There are 4 cups of wine, 4 questions, and 4 sons. There are also 4 acts of redemption as expressed by G-d in the Haggadah - "I will **save you**, I will **take you out**, I will **redeem you**, I will **take you to me**."-Hitzalti, Hoztayti, Ga'alti, Lakachti". The holiday also has 4 names-Chag HaPesach, Chag HaAviv, Chag HaMazot and Zman Cheiruteinu. 4 is a mystical number representing wholeness. It's no wonder then, that it also represents the Matriarchs, Sarah, Rivkah, Rachel and Leah! There are more 4's- 4 seasons, of which Passover always occurs in the springtime. There are 4 elements- air, fire, water and earth. And 4 corners of the Earth- East, West, North, and South. This represents a constant awareness of G-d because He can be found in every direction and in every corner of the Universe.

When you put 3 and 4 together you get 7. Seven represents the days of the week. The unit of the week is the message of Creation. The whole notion of time, which is built on the week affirms the existence of G-d. Every nation's calendars include the 7 day Week. Sunday is always first and Saturday is always last-across the board, it's just that the Sabbath day has taken on different interpretations and different meanings in different cultures and religions. We believe, you work and you create first, like G-d did, and then you rest, like G-d did. Shabbat, the day of rest, becomes the goal, the end to the means. Having Shabbat at the end of the week gives the events of the whole week meaning and purpose.

Finally we get to the number 10. 10 is perfection. 10 is Hashem. There are 10 plagues, 10 commandments, 10 sefirot (divine expressions), 10 utterances (commandments), 10 fingers, 10 toes. 10 is a minyan. The number 10 represents G-d. G-d is a perfect 10.

The Haggadah concludes with its own number decoder built right in. The song "Echad Mi Yodea," or "Who Knows One" provides Jewish number associations. If you want to know what a number symbolizes you can just look it up in the song. But you'll have to stay awake till the end of the Seder!

Wishing you a meaningful and liberating Passover!

## Krav Maga (Israeli Self Defense) Empowers the Orthodox Community of Borough Park With Merrill Rosen As One Of The Trainers

by Estelle Weiss

We heard about the attacks on fellow Jews in the region and were concerned about when it would end. But the religious community knew when it would end and how.

More than 1000 men and women answered positively to an email offering a self-defense class. Perceived as weak and defenseless they decided it was time for the image to change.

Traditional Krav Maga, on Middle Neck Road, under the ownership of Eliron Cohen of Lake Success, was called upon to give training to train the first 40 men chosen. Six student/trainers from the school met them at a Jewish Community Center in Borough Park.

Merrill Rosen is among those who worked with the first group. Rosen, Cohen announced to the group, was his youngest student/trainer at 80.

"I was amazed at their enthusiasm, determination and dedication to take advantage of this opportunity to learn how to protect themselves and their families from anyone who would cause them physical harm", said Rosen.

To describe their attitude, in a word would be "Enough". They were no longer going to be perceived as an easy mark. These young men stripped away their traditional garb of the community- black hats, coats and white shirts to their t-shirts and for over two hours they sweated and trained without any complaint. The atmosphere was terrific.

At the end, there was a camaraderie among the class and the instructors. You could actually see that the participants, although physically exhausted, were standing taller and heads held higher with a self confidence that wasn't present at the beginning.

As the room emptied the students thanked the instructors for the class, with hugs and embarrases however, the instructors feel they should be thanking the community for this opportunity for bothers helping brothers.



## Kabbalah -The Beauty of Sludge

by Paul M. Sacker

Can sludge be a beautiful thing?

A dictionary definition of sludge usually indicates "a precipitate or settling of a mixture of impurities in a liquid substance such as in oil." Most people would think of sludge as a negative thing; something to be discarded or of no value. Yet, many Kabbalists have in their writings likened the universe we perceive through our five senses as a residue, or sludge if you will, resulting from the process of Creation. So, are they saying we live within something ugly? Far from it.

In Kabbalists' various depictions of how Creation extended from HaShem's will, they envision a multi-layered reality of, at the least, five primary layers of spirituality called עולמות (*olamot*) or "worlds." Only at the very bottom does the physical reality; the perceived universe we live in, exist as a kind of sediment.

Think of these *olamot* as layers of oil in a transparent glass vial. The walls of the vial are composed of HaShem's infinite presence, which Itself is like the brightest light surrounding the vial. What is beyond this barrier is beyond our ability to grasp. However, within the vial, we can imagine that the purest oil, the layer of existence closest to the top and therefore the vial's opening, is known as *Adam Kadmon*. This name means "primordial man" because its nature is the most similar to the "image of G-d." At this level, the oil is so fine as to be almost completely transparent and HaShem's light passes through with little interference. The next world, *Aztilut*, (emanation) is little denser, a little more translucent being further away from the Source. The next three layers, *Beriah* (creation), *Yetzirah* (formation) and *Assiya* (action) are each denser in turn, concealing HaShem's light even more. Indeed, the Hebrew word for world, *olam* is rooted in the Hebrew *helem* meaning concealment and this hints at the true nature of the layers that make up the world. These layers are in actuality filters between the Creator and the final Creation...our reality, the densest, darkest level which sinks to the bottom. We are told by our sages that this was done to allow the Divine to be revealed gradually to one who seeks It rather than all at once, a situation which could cause the seeker's complete destruction. This is alluded to in Exodus 33:20; "A human cannot have a vision of Me and still exist."

So, in one regard, we are being told we live in a world almost devoid of HaShem's light; one so dense that we can't even perceive the worlds above us. This seems pretty dire. Yet, take a moment to look around and think about all the beauty within this layer we live in...the glory of nature such as the majesty of the Grand Canyon, the roar of the oceans, the diversity of wildlife, and the look within a newborn baby's eyes. Turn your thoughts now to the stars and the images we get from satellites like the Hubble telescope which show the colorful radiance of galaxies and nebulae stretched over our heads which bring to mind the words of Psalm 104:1-2:

"Bless HaShem, O my soul. O HaShem my G-d, Thou art very great; Thou art clothed with glory and majesty. Who coverest Thyself with light as with a garment, who stretches out the heavens like a curtain;"

If all this beauty is to be seen with our five mundane senses...think of how much more beautiful the layers above must be. If we could open our spiritual sense to get even a glimpse of just the next level up, *Assiya*, imagine how much more magnificent it could be. Luckily, we have been given instructions on how to do this properly. As indicated in Pirkei Avot 1:2, "The world stands upon three things - upon (study of) Torah, upon divine service, and upon acts of kindness." It is from these we can begin to peel away the layers of concealment.

This is the promise of spiritual pursuits. The Torah is the guide we use to open up our senses to bigger realities, purer realities, those where HaShem's light radiates more cleanly, with less distraction. When we then put its principles into practice such as through prayer or through charitable acts to others, our senses expand to the possibility of accessing something that was previously imperceptible. Perhaps we can begin to touch some of the spiritual layers above and get a glimpse into a more heavenly reality. Then when we descend back into our world of "sludge," we won't forget the beauty that HaShem has placed around us and the promise of so much more we have yet to discover. In this way, even sludge can be a wondrous thing to behold.

## Kabbalah Circle

Saturday, March 14  
12:30 p.m.

Saturday, April 11  
12:30 pm

Following Kiddush



Join us as Ellen Charlop, Henry Riger and Paul Sacker share their insights and guide us in a dynamic conversation of various elements of our Mystical Tradition.

## Shabbat Morning Experience

Saturday, March 21  
April 18

9:00 a.m. Breakfast, Schmoozing & Learning

10:00 a.m. Abbreviated Shacharit

10:30 a.m. Torah Service

11:15 a.m. Musaph

12:00 p.m. Kiddush & Lunch



## Conversational Hebrew

With

Cantor Joshua Shron

Wednesdays at 8:30 pm



## Tachles

A Unique Approach to the Study of Hebrew

*Tachles* is an informal Hebrew learning program that offers participants a "taste of Hebrew" in a refreshing and interactive style. New students are always welcome.



## Torah and Our Lives

With

Rabbi Yaffe

Wednesdays

11:00 a.m. to 12:30 p.m.

A weekly opportunity to connect with wisdom of our tradition and discuss its relevance to our contemporary lives.

This is an ongoing class throughout the year and new students are always welcome!  
Try it, you might like it!

פרשת  
השבוע  
The Weekly  
Torah Portion



A Modern Approach to Our Most Ancient Text

The book that started it all. Full of wisdom, insight, wonder and mystery...as relevant today as it's been for thousands of years. Ready to study the weekly *parsha* like never before - and make Torah come alive? Join Cantor Shron each week for engaging videos from the Aleph-Beta Academy, and enjoy fascinating insights, lively discussions and good company. You'll come away with a new appreciation for the nuances of our most sacred of texts!

Wednesdays, 6:30 pm  
at the synagogue, or online!

For details, email [jshron@comcast.net](mailto:jshron@comcast.net)  
New Students Always Welcome!



רביעי ישראלי

Revi'i Yisraeli

Israeli Wednesdays at L'Dor V'Dor



Get connected to Israel and its culture through hit Israeli TV shows! We've binge-watched hit shows like "Srugim", "Fauda", and "Shtisel", and we're about to begin "B'nei Aruba" (Hostages):

Four masked men break into the Danon family home and take the family hostage. The intruders demand that Yael, the family matriarch and a brilliant surgeon, kills the prime minister in what is meant to be a routine surgery. If the prime minister does not die during the surgery, Yael's family will be killed.

Wednesdays, 7:30-8:30 pm

5 NIGHTS IN JERUSALEM 2 NIGHTS IN NORTHERN ISRAEL 3 NIGHTS IN TEL AVIV  
Land package price per person\*: 27 participants \$3,950 / 37 participants \$3,625

## SELECTED ITINERARY HIGHLIGHTS

### JERUSALEM:

- Learn about some of the foundations of Israel's Orient-influenced music at the **Musrara Middle Eastern Music School**.
- Meet and hear the performers of the **Shalva Band**, the group of musicians with special needs that competed to represent Israel in the 2019 Eurovision Song Contest.
- Enjoy the festivities at the **Hutzot Hayotzer Art and Music Festival**.
- Delve into the roots of Jewish Music at the **Jewish Music Museum**.
- Tasting tour** of the vibrant **Machane Yehuda Shuk**.
- Tour the **City of David** and delve into what influenced King David to write the Book of Psalms.
- Review the history of Israel through dance with **Dance Israel**.
- At the **First Train Station**, join the locals at a pre-Shabbat **Musical Kabbalat Shabbat** experience.....then join the thousands of Israelis and Jews from around the world as they bring in **Shabbat at the Western Wall**.
- Walking tour of the **Christian quarter** to see and experience the special musical ceremonies that go on in that area.
- Take a walk through the **Ramat Hanadiv Nature Reserve**; meet with musician **Josh Lauffer** and write a song with him off-the-cuff.
- Participate in a **Live Israel Hour Radio 25<sup>th</sup> Anniversary Broadcast** with Mairov and Josh.
- In **Tzfat**, explore the alleyways and synagogues of mystics and trace the development of Kabbalah in the 16<sup>th</sup> Century.
- Meet with a **Kabbalistic musician** who synthesizes Jewish mysticism and music.
- Visit to **Polyphony** in Nazareth, which has brought together over 25,000 Arab and Jewish children to learn music together.
- Catch a concert in the renowned **Caesarea amphitheater**.

### TEL AVIV:

- Enjoy the crafts, taste the street food and enjoy the street performers at the **Nahalat Binyamin Arts and Crafts Fair** and the adjacent **Carmel Market**.
- Session with **VocaTikva** – a grassroots acapella group in Tel Aviv.
- Learn **Israeli dance** on the Tel Aviv Boardwalk.
- Learn some Israeli culture on a **graffiti tour** of south Tel Aviv.
- Tour the **Galgatz radio studio** – one of Israel's most popular radio stations, run by the Israeli army.

### NORTHERN ISRAEL:

- In the **Ein Hod Artist Village**, take a guided tour with a local artist into a variety of galleries and meet with a local musician; then see the quirky collection at the **Nisco Museum of Mechanical Music**.

\*In double occupancy hotel accommodations – 4+ star hotel level. Price includes daily breakfast and select meals. Airfare and gratuities not included. Please see web site for full details.



**Musical Tour of Israel**  
 Led by Josh Shron and Mairov Dubrovsky  
 August 4-14, 2020

**TRIP HIGHLIGHTS:**

- Live concerts at Hutzot Hayotzer Arts Festival and throughout the country
- Explore the development of Israeli music and the influences world Jewry has had on it
- Encounters with Israeli music personalities & celebrities
- Guided tours of cultural sites in Jerusalem, Tel Aviv and the north

• Sing with the children of Save a Child's Heart, who are waiting for or recovering from heart surgery

• Tour the Mystical City of Zefat and meet with a Kabbalistic musician

- Pre-Shabbat Musical Experience: From Modern (First Station Jerusalem) to Traditional (Kotel)
- Participate in live radio broadcasts to the US



For itinerary, pricing and registration: [www.keshetisrael.co.il/groups/3003](http://www.keshetisrael.co.il/groups/3003)

For more information contact

Josh at [josh@myisraelimusic.com](mailto:josh@myisraelimusic.com) or Geoff at [geoff@keshetisrael.co.il](mailto:geoff@keshetisrael.co.il)

**Highlights of the 2020 AIPAC Policy Conference**

**Today, Tomorrow, Together!**

**Sunday, March 15th at 7:00 pm**



This year's American Israel Public Affairs Committee Policy Conference was attended by more than 18,000 people in Washington D.C., March 1-3. Republicans and Democrats reaffirmed the importance of maintaining a strong relationship between The United States of America and the Modern State of Israel and that the effort to sustain and nurture this relationship must remain bi-partisan. We will watch video presentations of some of the speeches of the leadership of our country as well as some of the special interest stories that were part of this year's Policy Conference.

**The Sisterhood and Men's Club of Congregation L'Dor V'Dor Presents**

**Dr. Lawrence H. Schiffman**



**New York University**

**Judge Abraham Lieberman Professor of Hebrew and Judaic Studies**

**&**

**Director of the Global Institute for Advanced Research in Jewish Studies**

**The Dead Sea Scrolls and the History of Judaism**

**A fascinating lecture by one of the world's leading experts on the Dead Sea Scrolls**



**Sunday, March 29th**

**10:30 a.m.**

**Congregation L'Dor V'Dor  
 49-10 Little Neck Parkway  
 Little Neck, NY 11362**

**R.S.V.P.  
 718-224-0404**

**Collation to Follow**

# Visual Voices

A GROUP ART SHOW

Participants

SUSAN FRIEDLIEB

MARCIE KESNER

LINDA LITVACK

ANDREA SCHUBACH

HARRIET SPIVACK

*The Bryant Library*

**UPSTAIRS GALLERY  
2 PAPER MILL ROAD  
ROSLYN, NY 11576  
516-621-2240**

*Reception and Sale*

**SUNDAY, MARCH 15TH 2-4 PM  
UPSTAIRS GALLERY  
LIGHT REFRESHMENTS AND MUSIC**

*Exhibition Dates*

**MARCH 9, 2020—APRIL 3, 2020**



New York Metro Region of the Federation of Jewish Men's Clubs  
Celebrate our 37 Annual Chavayrim Kol Israel

## Honorees of the Year Awards Dinner and Ceremony

**April 26, 2020 @ Temple Beth Sholom**

401 Roslyn Rd, Roslyn Heights, NY 11577

Festivities begin at 12:30 pm / Presentation, Awards Ceremony, Dinner, Dessert

\$118 per person 21 and older, \$80 Ages 13 - 20, \$65 Ages 5-12 and

No cost for children under 5 years old

**ALL DINNER Reservations** must be made on-line by **April 17, 2020.**

*Honoring*

**Congregation L'Dor V'Dor - Oakland  
Men's Club Honoree**

Marc Alheim - Man of the Year

### Rate options for journal ads

<b>Premium Pages:</b>	Gold Page	\$1,500 (Includes three free Dinner Tickets)				
	Silver Page	\$1,000 (Includes two free Dinner Tickets)				
	Bronze Page	\$750 (Includes one free Dinner Ticket)				
	Back Cover \$1500	Inside Back Cover \$1200	Inside Front Cover \$1200			
<b>Standard Pages:</b>	Full Page.....	\$400	½ Page.....	\$275	¼ Page.....	\$190
	1/8 Page.....	\$125	Boosters.....	\$75 (name and a few words)	Supporter.....	\$36 (name listed only)

**ADS MUST BE SUBMITTED W/ FULL PAYMENT** by **April 7, 2020** to be included in the Journal  
Ads submitted after 4/7/2020 will be subject to a 20% price surcharge and may be placed as an addendum to the Journal

All ads must be accompanied by payment in order to appear in the Journal.

**ALL TICKET RESERVATIONS AND JOURNAL ADS MUST BE MADE ONLINE.**

PLEASE GO TO THE FOLLOWING WEBSITE TO PURCHASE:

**[wizadjournal.com/nymfjmc2020](http://wizadjournal.com/nymfjmc2020)**

Donations are tax deductible in accordance with the law.

Cost of Admission goes to help us to donate to some very worthy organizations.

Proceeds Benefit:

**Camp Ramah • Mercaz • JNF • USY Scholarships  
Holocaust and Tolerance Center in Glen Cove**

### NEED HELP? HAVE QUESTIONS?

Contact Irwin Tobin at [irwin\\_tobin@yahoo.com](mailto:irwin_tobin@yahoo.com) or [info@nymfjmc.org](mailto:info@nymfjmc.org)

Dinner is Glatt Kosher. Men are requested to wear Yarmulkes and dress in Business attire



**NEW YORK METROPOLITAN REGION  
FEDERATION OF JEWISH MEN'S CLUBS  
37th ANNUAL REGIONAL AWARDS AND DINNER**

**Congregation L'Dor V'Dor  
Oakland Little Neck Jewish Center  
Men's Club Honoree**



**Marc Alheim  
Man of the Year**

**April 26, 2020 • Temple Beth Sholom - Roslyn**

**Festivities begin at 12:30 pm / Presentation, Awards Ceremony, Dinner, Dessert**

**\$118 per person 21 and older, \$80 Ages 12 - 20, \$65 Ages 5-12 and**

**No cost for children under 5 years old**

**Donations are tax deductible in accordance with the law.**

**Cost of Admission goes to help us to donate to some very worthy organizations.**

**Proceeds Benefit:**

**Camp Ramah • Mercaz • JNF • USY Scholarships • Holocaust and Tolerance Center in Glen Cove**

**Support our honorees by attending this exciting event and by advertising in the NY Metro Journal.**

**Dinner Registration and Ad forms are available online**

**Pack it Up for Purim**

Each year, we partner with the Samuel Field Y with the help of Jordana Davidson to reach out to 30 needy families who are serviced by the Samuel Field Y to bring them necessities, goodies and joy in the form of Shalach Manot gift bags. Each family receives four bags and a card that reads:

*Dear Friend,  
We hope that this Purim gift finds you in good health and brings joy to your heart on this festival. May we see the day when  
Good will triumph over Evil and every day will be like Purim  
Chag Purim Sameach*

We would like to take this opportunity to recognize and thank all of those who gave of their time, energy, resources and love which increased the joy of Purim for those who gave and for those who received.

**Generous Donors**

Phyllis and Dan Budne, Ann Chernys, Elyse Clair and Ron Cohen, Eileen and Michael Feiner, Alan Fein and Laura Greenblatt, Robin and Marc Figelman, Elaine Fleischman, Rhoda and Samuel Fleisher, Ronnie and David Goldstein, Marjorie Goldstein, Louise and Perry Heidecker, Vivienne Lipsitz, Geraldine Major, Barbara and Julian Raber, Pamela and Paul Sacker, Isabel and Lawrence Schwartz, Dawn and Scott Singer, Eileen Singer, Harriet Spilkevitz, Diane and Mitchell Stein, Debbie and Robert Stoll, Wayne Tabachnick, Janet and Irwin Tobin, Judith and Jan Tomasik, Estelle Weiss and Merrill Rosen, Lois and Stanley Wirtheim, Rabbi Gordon and Carrie Yaffe.

**What an amazing day!!**

Elaine Fleischman, Chairperson

On Sunday February 9th, 2020 twenty volunteers gathered in the ballroom to assemble and bake 650 Hamentaschen. Starting with the Children's program, from 10:00-11:00 am, that included Max and Olivia Hendelman, their grandparents, Linda and Isaac Schlosser and Raymelle Clair and her grandmother, Elyse Clair, to the 18 adult volunteers beginning at 11:30 till 2:30, this day was a huge success!! Everyone had a splendid time, kneading, shaping and creating apricot, raspberry, strawberry and chocolate Hamentaschen.

This was a team effort that succeeded in bringing old and new temple members together learning how to make the perfect, Hamentaschen, enjoying lunch together and sharing the few rejects over coffee and tea.

What makes this a special Purim is the new partnership with Blue Card, an organization that services the needs of Holocaust survivors in the 5 Boroughs, Common Point Queens (formally the YMHA) and our synagogue. Together volunteers will deliver 40 Purim gifts that will include the Hamentaschen that we baked and greetings from these three organizations.

**Special Thank you to:**

Max and Olivia Hendelman, Linda and Isaac Schlosser, Rayelle Clair, Elyse Clair, Aviva Reznik, Joan Kase, Ellen Kinsler, Debbie Sosman and her mom, Adrienne, Dawn Singer, Marc Figelman, Madeline Belonsky, Mindy Rosenfeld, Elane Berk, Ann Treston, Eva and Elliot Rich, Judy Samuels, Steve Levine, Dorothy Mevorah and Irina Garber.

We also would like to thank our efficient staff: Audi, Fernando, Juan Carlos and Edgard for the setup, the prepared lunch and the cleanup.

Thank you for giving your time, your expertise and your commitment.



# Celebrate Purim

## Monday, March 9

### Pre Purim Pizza Party!!! 5:45 pm

Pizza, Salad & Soda  
\$10.00 per person  
Children under the  
age of 5 are free

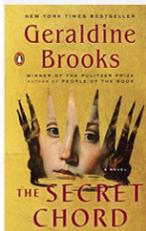


### Erev Purim Festivities

- 7:00 p.m. Maariv
- 7:15 p.m. Megillah Readings  
The Whole Megillah Almost  
The Whole Megillah
- 8:00 p.m. Costume Parade and Contest
- 8:30 p.m. Hamantaschen for everyone!



### Sisterhood Book Club at Elaine Berk's Home Thursday, March 12, 2020 at 7:30 p.m.



The book that will be discussed on this date is: "Secret Chord" by Geraldine Brooks.

With more than two million copies of her novels sold, *New York Times* bestselling author Geraldine Brooks has achieved both popular and critical acclaim. Now, Brooks takes on one of literature's richest and most enigmatic figures: a man who shimmers between history and legend. Peeling away the myth to bring David to life in Second Iron Age Israel, Brooks traces the arc of his journey from obscurity to fame, from shepherd to soldier, from hero to traitor, from beloved king to murderous despot and into his remorseful and diminished dotage.

*The Secret Chord* provides new context for some of the best-known episodes of David's life while also focusing on others, even more remarkable and emotionally intense, that have been neglected. We see David through the eyes of those who love him or fear him—from the prophet Natan, voice of his conscience, to his wives

Mikhal, Avigail, and Batsheva, and finally to Solomon, the late-born son who redeems his Lear-like old age. Brooks has an uncanny ability to hear and transform characters from history, and this beautifully written, unvarnished saga of faith, desire, family, ambition, betrayal, and power will enthrall her many fans.

### Thursday, April 30, 2020 At 7:30 p.m.



The book that will be discussed on this date is: "The Woman in the Window" by A. J. Finn.

Anna Fox lives alone—a recluse in her New York City home, unable to venture outside. She spends her day drinking wine (maybe too much), watching old movies, recalling happier times . . . and spying on her neighbors.

Then the Russells move into the house across the way: a father, a mother, their teenage son. The perfect family. But when Anna, gazing out her window one night, sees something she shouldn't, her world begins to crumble—and its shocking secrets are laid bare.

What is real? What is imagined? Who is in danger? Who is in control? In this diabolically gripping thriller, no one—and nothing—is what it seems.

Twisty and powerful, ingenious and moving, *The Woman in the Window* is a smart, sophisticated novel of psychological suspense that recalls the best of Hitchcock.

Join us for this enlightening discussion. Looking forward to seeing you.

Any questions contact Harriet Spilkevitz at 516-708-9404.

### Israel Bonds\* Presents: News, Wisdom and Insight from Israel with Marc and Dodi Tobin Son and Daughter-in-law of Janet and Irwin Tobin Sunday, April 26 at 9:30 am Breakfast following Minyan at 8:45 am



Lawyer and Entrepreneur  
Expert on Israeli Government  
and Politics



Dean of Students -Matan's Bellows Eshkolot  
Institute for Tanakh and Jewish Studies  
Director of Matan Bet Shemesh and of  
Matan's Advanced Tanakh Summer Institute

\*Robert Lunzer of Israel Bonds will be available to help with investing in Israel in honor of Yom HaAtzma-ut.

This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in Israel bonds. Member FINRA Development Corporation for Israel

### A Special Service In Honor & Observance of Erev Yom Hazikaron Israel Memorial Day



Monday, April 27  
7:30 pm

We gather together as a community in memorial observance for the Fallen Israeli Soldiers and Israeli civilian victims of terror.

### Celebration of Yom HaAtzma-ut Sunday, May 3rd

3:00 pm **Movie: Cast A Giant Shadow**  
True story of an American Jewish war hero who was recruited by Ben Gurion to help organize the rag tag Israeli forces into a competent force that helped win the war in 47. Starring Kirk Douglas, Michael Douglas, John Wayne, Frank Sinatra, Yul Brynner, Senta Berger, Angie Dickinson

5:30 pm **Falafel/Israeli Supper**  
6:30 pm **Singing, Dancing and Celebration of the 72nd Anniversary of Israel's Independence**

*Sponsored by Men's Club and Sisterhood—Be Our Guests!*

### SAVE THE DATE! June 11, 2020 @5:45 pm Brooklyn Queens Long Island Region Women's League For Conservative Judaism Requests the honor of your presence at the Woman of Achievement Awards & Dinner Gala

Congregation L'Dor V'Dor Sisterhood Honors:  
**Debbie Stoll**

*for her remarkable work, involvement  
and dedication on behalf of our congregation.*



Formal invitations will be  
mailed out by BQLI soon!  
For further details  
contact dinner Co-Chair: Toby Kase  
at [TobyKase@gmail.com](mailto:TobyKase@gmail.com)

### Save The Date!

Our 2nd Shabbat Afternoon  
Empty Nester Happy Hour  
at the Yaffe's home  
Saturday, May 2  
3:30 pm to 5:30 pm



Please call the synagogue office if  
you would like to join us.

## Now More Than Ever - Never Again!

by Ellen Charlop

Our Community Holocaust Memorial Service will take place on Sunday April 19, 2020, at 1pm at Marathon Jewish Center. Anti-semitism continues to show its ugliness making this program ever more important. The events of Poway, Pittsburgh, Jersey City, Monsey and Brooklyn, accentuate the relevance of remembering the Holocaust in our lives today. We must remain strong in the face of hate, and continue to teach tolerance to our children. Each year there are fewer and fewer survivors making their stories and testimonies even more precious. We must continue to learn, and to listen, and to remember, because pretty soon it will be up to us to transmit their stories to the next generation. We are becoming the agents of these stories of survival. We have a responsibility to the heroes of the Holocaust and to our people as a whole, to preserve the memory of these tragic events, so that we never forget what happened during the dark time of the Shoah.

A highlight of our observance this year will be our featured speaker Edith Scwarz, who grew up in Germany and has vivid childhood memories of her father being imprisoned by the Gestapo. We will hear from three generations, as her children and grandchildren express how this family's history has shaped them and affected their lives. We will also be commemorating the 75th anniversary of the liberation of Auschwitz and how miraculous it is that the Jewish people are "Still Here".

## Calling All Volunteers!

WE NEED YOU!

Tuesday, March 24 at 7:00 p.m.

If you don't remember me, who will?



Eva Beem



Gregory Shehtman

Help Assemble The Yom HaShoah Candle Bags  
And take home a set of bags to deliver  
Before Pesach that begins on April 8.

## Yom HaShoah

Holocaust Remembrance Day

## A Community Observance

"Never Again!"

Sunday, April 19 1:00 p.m.

Marathon Jewish Community Center  
24537 60th Ave. Douglaston, NY

Guest Speaker: Edith Schwarz

Candle Lighting Ceremony Honoring Holocaust Heroes

*Sacred time to honor the memory of those who perished, celebrate the courage of those who survived and to dedicate ourselves to insuring that Holocaust remains a memory, but will never happen again.*

A collation will follow the program.

Sponsored by Marathon Jewish Center, Temple Torah and Cong. L'Dor V'Dor



Blimcia Lische

If YOU  
Don't Remember Me,  
Who Will?

Speak about me at you Seder Table  
Light a candle for me on Yom Hashoah

This year, the Yom Hashoah bags to help us honor the memory of Holocaust victims will be delivered prior to Pesach so that the memory of those whose lives were taken from them as victims of the Holocaust can become part of our Seder experiences. We encourage you to read the bio of the individual whose picture is on the front of the bag and give voice to his or her soul as the 5th child who is not able to ask.

As we celebrate our freedom to embrace *our* Jewish identity let us think of the victims of the Holocaust who lost their lives simply *because* of their Jewish Identity.

In honor of the memory of those who perished in the Holocaust, may we be inspired to strengthen our resolve to do our part to insure that the chain of Jewish tradition will continue into the next generation and beyond.

## The Daffodil Project

This year we planted 500 daffodil bulbs in the park that is across from the Little Neck Shopping Center at the intersection of Little Neck Pkwy. and Horrace Harding Blvd. in what is known as the Little Neck Triangle. This is our community's contribution toward reaching the goal of the Daffodil Project to plant 1.5 million daffodils world wide to honor the memory of the 1.5 million children who perished in the Holocaust.



Over 30,000 of the 100,000  
Holocaust survivors living in  
the United States are living at  
or below the poverty level.

You Can Make A Difference!

You can help to insure that these men and women  
do not have to choose between paying for food  
or paying for medicine.

Send your contribution to Congregation L'Dor V'Dor  
PAYABLE to BLUE CARD,  
a non profit organization that provides financial assistance  
to Holocaust Survivors in need.

The Yom Hashoah Committee will be honored to receive your tax deductible donation and forward it as part of a single donation from our community.

# Happy Passover



## Sale of Chametz

During the week of Pesach, it is forbidden for any Jew to own chametz. To avoid the unnecessary financial hardship that could result from requiring Jews to dispose of all items that are chametz, it has become customary to sell items of chametz to non-Jews for the week of Pesach. If you would like to sell your chametz to insure that you abide by the Jewish law of not owning any chametz during the week of Pesach, please fill out the form below and return it to the synagogue office on or before Tuesday, April 7.

I/we \_\_\_\_\_ (name) would like to appoint Rabbi Gordon Yaffe as my/our agent to sell all items of chametz that is in my/our possession at \_\_\_\_\_ (address). This sale will be effective at 10:00 a.m. on Wednesday, April 8.

Signed \_\_\_\_\_ Date \_\_\_\_\_

## Moses said to Pharaoh:

"Let my people go so that we may serve our G-d."

Today we don't need to ask Pharaoh. All we need to do is come to the synagogue! On this Festival of Freedom, let us exercise our freedom to be Jewish and join together for services on Passover.

## Calling All First Born (Men and Women) Siyyum Bechorim

Wednesday, April 8 at 6:30 a.m.

According to Jewish law, all Jews who are the first born children of either their father or mother should fast on the day before Passover in commemoration of the deliverance of the first born children of the ancient Israelites from the angel of death. However, individuals who are obligated to fast are exempted from fasting if they have the opportunity to participate in a *seudat mitzvah*, a festive meal that follows the performance of certain mitzvot. Therefore, it has become customary for synagogues, on the day before Passover, to make a *siyyum*, a public completion of portion of the Talmud, which is followed by a *seudat mitzvah*, thus exempting the first born participants from their obligation to fast.

## The First Day of Passover

Thursday, April 9 at 9:30 a.m.

The morning after the first seder is a great time to come to synagogue to celebrate our freedom. A special prayer for dew, the Hallel Psalms, reading from two Torah scrolls and chanting the prayers to the festival melodies all add up to a true expression of joy in the freedom to be Jewish.

## The Second Day of Passover

Friday, April 10 at 9:30 a.m.

How fortunate we are to have a second chance to celebrate our Freedom by gathering to pray, study Torah and eat macaroons at the beginning of the festival.

Erev Seventh Day of Passover  
Tuesday, April 14 at 7:30 p.m.

The Seventh Day of Passover  
Wednesday, April 15 at 9:30 a.m.

On this day, with a special reading from the Torah, we relive the experience of the parting of the Sea of Reeds. With this day we begin the crescendo with which we end the week of Passover.

Erev Eighth Day of Passover  
Wednesday, April 15 at 8:00 p.m.

Yizkor Service at 8:20 p.m.

We begin the concluding day of the Festival of Pesach at night with a Maariv Service followed by Yizkor.

The Eighth Day of Passover  
Thursday, April 16 at 9:30 a.m.

Yizkor Service at 11:45 a.m.

We conclude the Festival of Pesach with songs and prayer! On this day, we take time to recall our loved ones who are no longer with us.

